

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD

Department of Psychology, GC University, Lahore

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I am a diligent and well-organized person with a problem-solving approach. I have qualities of an effective leader and believe in team work. I actively participate in conferences, workshops, seminars and training courses for capacity building and continuous professional development to make my teaching more effective and produce a good quality research work.

a. Distinctions/Honor and Awards

1. Additional Secretary General of Pakistan Psychological Association (PPA)
2. Recipient of **“Best University Teacher Award-Overall and faculty of Chemistry and Life Sciences”** for the year 2022-2023.
3. Recipient of **‘Best Researcher Awards 2021’** A lifetime of achievements award, received on March 14, 2022 from Higher Education Commission of Pakistan
4. Recipient of **‘Outstanding/Best Research Paper Award’** paper titled “Psychosocial and contextual determinants of health among infertile women: A cross-cultural study” from Higher Education Commission of Pakistan for the year 2013-14
5. Recipient of **post-doctoral fellowship award in year 2012-13** funded (23000 US Dollar) by Higher Education Commission of Pakistan (HEC)
6. Recipient of **Grant of 1.5 million from Punjab Higher Education Commission (PHEC)** to supervise indigenous Post doctorate
7. Recipient of OIC grant for international conference on Cognitive Psychology in Tehran (May, 2013)
8. **Gold Medal Award** on rendering best Services in the field of Psychology among university teachers in Punjab on behalf of Idara-e – Farogh –e- Taleem
9. **Best paper presenter Award** in 1st International Conference on Forensic Science and Justice GC University organized by the Department of Chemistry on May 21, 2014
10. Best Poster award in a research poster competition organized by COMSAT university, Lahore on 18 May, 2017
11. **Best Poster award in a scientific poster competition** organized by GC University, Lahore on 26 April, 2017 in an international conference on Health Psychology: Issues and Challenges

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD

Department of Psychology, GC University, Lahore

12. **Pride of the Nation Award** for rendering services during COVID-19 pandemics as a researcher, health psychologist and chairperson of the department
13. Initiated online counseling services during covid-19 from the platform of GCU Lahore titled as “Punjab Mental Health Helpline”
14. First Position in Multan Board among Boys and Girls in Humanities Group in matriculation examination (**Gold medalist**)
15. First Position in Multan Board among Boys and Girls in Humanities Group in Intermediate Examination (**Gold medalist**)
16. Merit Cash Award & President Scholarships

b. Academic Record/Trainings and Professional Experience

Certificate/ Degree	Board/ University	Passing Year	Marks obtaine d	Total marks	Percentag e	Division /Grade	Position in Board/University
Post Doctorate	Sussex, UK	2013	N/A	N/A	N/A	N/A	N/A
PhD (Applied Psychology)	Punjab	2011	665	800	83%	1st	Topped in the course work
Masters (Applied Psychology)	Punjab	1995	845	1200	70%	1st	Distinction
Graduation	Punjab	1991	501	800	62%	1st	Role of Honor
Intermediate	Multan	1989	829	1100	75%	1st	Topped in Board (Gold Medalist)
Matriculation	Multan	1987	728	850	85%	1st	Topped in Board (Gold Medalist)
Professional Training							
National Workshop Baluchistan	Organized by government of Baluchistan and CORE 12	27/11/20 23 to 16/12/20 23					
PhD Supervisors Capacity Building Training (Master Trainers Program)	Organized by British Council, NAHE and HEC Pakistan	Phase 2 7/07/202 3 to 7/21/202 3 Phase 1 6/5/2023 to 10/05/20					

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD

Department of Psychology, GC University, Lahore

		23					
HEC-BC Research Capacity Building Training for Reviewers	British Council and HEC Pakistan	21st-24th February 2023	NA	Completion certificate	NA	NA	NA
Training Workshop Uk- Pak Generative AI Nexus in Higher Education (UPGAIN)	In collaboration with British Council, University of Belfast, UET Texila and PHEC	2 nd and 3 rd October, 2025	NA	Completion certificate	NA	NA	Souvenir for acknowledgement as the most active participant
PGD (Computer Science)	Govt. Post-graduate College (W) Vehari	2002	3.5 GPA	4 GPA	95%	A+	Topped (Gold Medal)
B. ED	Punjab	1997	698	1100	63%	1st	-

Professional Experience

From	To	Title	Institutions
17-06-2016	24-04-2020	Chairperson	Department of Psychology, GC University, Lahore
08-12-2018	till to date	Professor	Department of Psychology, GC University, Lahore
26-5-2016	08-12-2018	Associate Professor	Department of Psychology, GC University, Lahore
07-02-2011	26-5-2016	Assistant Professor	Department of Psychology, GC University, Lahore
23-06-97	07-02-2011	Lecturer in Psychology	Punjab Higher Education Department

C. Areas of interest and Publications

Social Psychology, Health Psychology, Clinical Psychology, Research Instrument Development, and Qualitative Research Methods.

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

List of Publications (IF=35.227)

Title of Research Paper	Name of Journal with ISSN and Impact Factor	Volume, Page Nos. & Year
1. Role of Emotional Intelligence in Marital Relationship	Pakistan Journal of Psychological Research Category: 'X' ISSN: 1016-0664	Year, 2009, VOL. 24 Page # 43-62
2. Low Emotional Intelligence: A Risk Factor for depression	Journal of Pakistan Psychiatric Society Category: 'Y' ISSN: 1726-8710	Year, 2009, VOL. 6 Page # 65-72
3. Emotional Intelligence Based Treatment: in Mental Illness: A Prospective Analysis	Pakistan Journal of Social Sciences Category: 'Y' ISSN: 2074-2061	Year, 2011, VOL, 31, No.2 Page # 251-259
4. Development of Indigenous Scale of Emotional Intelligence and Evaluation of its Psychometric Properties	Pakistan Journal of Social and Clinical Psychology Category: 'Y' ISSN: 1727-4931	Year, 2011, VOL. 9 Page # 66-72
5. Emotional intelligence: A Predictor of Marital Quality in Pakistani Couples.	Pakistan Journal of Psychological Research Category: 'X' ISSN: 1016-0664	Year, 2012, VOL. 27 Page #: 65-88
6. A Case Study of Major Depression: Conflict with the Primary Support Group	Pakistan Journal of Social and Clinical Psychology Category: 'Y' ISSN: 1727-4931	Year, 2012, VOL. 10, No.2 Page # 44-49
7. A Case Study of Schizophrenia: Social Traumas as presumed etiological factors	Pakistan Journal of Clinical Psychology Category: 'Y' ISSN: 1019-438X.	Year, 2012, VOL. 11, No.2. Page # 25-33
8. lack of Adequate Parenting: A potential Risk Factor for Aggression among Adolescents	Pakistan Journal of Psychological Research Category: 'X' ISSN: 1016-0664	Year, 2013, VOL. 28. No.2. Page #: 217-238
9. Translation and Adaptation of Simplifying Mental Illness plus Enhancement Skills (SMILES) Program	Pakistan Journal of Social and Clinical Psychology Category: 'Y' ISSN: 1727-4931	Year, 2013, VOL. 11, NO.2. Page # 22-27
10. Psychosocial and contextual determinants of health among infertile women: A cross-cultural study	Psychology, Health and Medicine ISI Impact factor 2013-14: 1.225 ISSN1354-8506	Year, 2014, VOL. 19, Issue 6, Page # 673-679 DOI:10.1080/13548506.2014.880492
11. Maternal Depression: A risk factor of childhood mental illness	FWU Journal of Social Sciences Category: 'Y' ISSN: 1995-1272	Year: 2014, VOL. 8 Page # 24- 30

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

12. Role of ego integrity, gender, and socio-economic status on depression level of Pakistani elderly people	Pakistan journal of Social Issues 'Z' category ISSN:2219-2433	Year, 2014, VOL. 5, Page #110-125
13. Does Humor Predict Job Satisfaction: A Mediatonal Role of Self-Efficacy	Pakistan Journal of Social and Clinical Psychology Category: 'Y' ISSN: 1727-4931	Year: 2014, VOL. 12, NO. 1 Page #12-16
14. 'Yin Yang' of Social Networking Sites: Perspective of University Students	Pakistan Journal of Social and Clinical Psychology Category: 'Y' ISSN: 1727-4931	Year: 2014, VOL. 12. No. 2 Page # 10-16
15. Mediatonal role of parenting styles in emotional intelligence of parents and aggression among adolescents	International Journal of Psychology Impact factor: 1.198 ISSN: 1464-066X	Year, 2015, Vol. 50, No. 3, page # 240–244, DOI: 10.1002/ijop.12111
16. Factors Associated with Stress among Parents of Children with Autism	Journal of the College of Physicians and Surgeons Pakistan (JCPSP) Impact Factor: .554 ISSN: 1022-386X.	Year 2015, VOL. 25, No. 10, 2015 Page #752-756 Doi: 10.2015/JCPSP.752756
17. Risk Factors for General Health of Spouses of Epileptic Patients	Journal of Pakistan Psychiatric Society Category: 'Y' ISSN: 1726-8710	Year, 2015, VOL.12, No, 3, Page # 8-11
18. Validation of the Urdu Version of OLWEUS Bully/ Victim Questionnaire (OBVQ)	Journal of Pakistan Psychiatric Society ISSN: 1726-8710 'Y' Category	Year, 2015Vol. 12, NO.1 page # 24-28
19. Development and Validation of Parenting Style Scale	Pakistan Journal of Psychological Research Category: 'X' ISSN: 1016-0664	Year: 2015, VOL. 30, No. 2 Page # 225-248
20. Construction of Effective Teaching Evaluation Scale and Students' Perception of the Characteristics of Effective Teachers	Pakistan Journal of Social and Clinical Psychology Category: 'Y' ISSN: 1727-4931	Year: 2015, VOL 13, No. 1 Page # 28-35
21. Qualities of Effective Academic and Corporate Leaders in Pakistan	Pakistan Journal of Social and Clinical Psychology Category: 'Y' ISSN: 1727-4931	Year, 2015, VOL. 13, No 2 Page # 16-22
22. Miscarriage: Emotional Burden and Social Suffering for Women in Pakistan	Death Studies ISI impact Factor: 1.361 EISSN: 0748-1187	Year 2016, VOL. 40, NO. 10, page # 638–647 http://dx.doi.org/10.1080/07481187.2016.1203376
23. Urdu Translation and Validation	The Spanish Journal of psychology	Year, 2016 eX.1-7

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD

Department of Psychology, GC University, Lahore

of Short Muslim Practice and Belief Scale in Pakistan	Impact Factor: 0.749 EISSN: 1988-2904.	VOL. 19 doi:10.1017/SJP.2016.21
24. Factors Affecting Disability-Related Depression in Patients with Lost Limbs: A Mediatonal Model	Journal of Religion and Health Impact Factor: 1.27 ISSN: 0022-4197	Year 2016 Aug; 55(4):1381-93. Doi: 10.1007/s10943-015-0098-2.
25. Experiences of Infertility in British and Pakistani Women: A Cross-Cultural Qualitative Analysis	Health Care for women International Impact factor: 0.95 ISSN: 0739-9332	Year, 2016, VOL. 37, No. 2, page #180-196 doi:10.1080/07399332.2014.980890
26. Construction and Validation of Perceived Dimensions of Parenting Scale (PDPS)	Pakistan Journal of Social and Clinical Psychology Category: 'Y' ISSN: 1727-4931	Year, 2016, VOL. 14, No. 2 page # 15-25
27. The Psychological Well-Being of Widowed and Still-Married Middle-Aged Individuals	Journal of Pakistan Psychiatric Society Category: 'Y' ISSN: 1726-8710	Year, 2016 VOL. 13, No.4 Page# 8-12
28. Polygamy: Chaos in the Relationship of Children	Pakistan Journal of Social and Clinical Psychology Category: 'Y' ISSN: 1727-4931	Year, 2016, VOL. 14, No. 1 Page# 30-35
29. Construction and Validation of Afterlife Belief Scale for Muslims	Journal of Religion and Health ISI Impact Factor: 1.27 ISSN: 0022-4197	Year, 2017, VOL. 56, No. 3, Page # 861-875. Doi: 10.1007/s10943-016-0258-z.
30. Emotional Intelligence and Job Commitment: Mediatonal Role of Job Satisfaction and Job Performance	Pakistan Business Review Category 'X' ISSN # 1561-8706	Year, 2017, VOL. 18, No. 4 Page # 904-923
31. Socio-Demographic Determinants of Economic Empowerment of Women	Pakistan Journal of Women's Studies Category 'Y' ISSN # 1024-1256	Year, 2017, VOL. 24, No.1 page # 55-69
32. Academic Procrastination as a Product of Low Self-Esteem: A Mediatonal Role of Academic Self-efficacy	Pakistan Journal of Psychological Research Category: 'X' ISSN: 1016-0664	Year, 2017, VOL. 32, No. 1, Page# 195-211
33. Protective and Risk Factors of Marital Quality among Parents of Children with ADHD	Journal of Behavioral Sciences Category: 'X' ISSN # 1028-9097	Year, 2017, VOL. 27, No. 1 page # 215-226
34. Construction and Validation of Global Psychological Empowerment Scale for Women	Pakistan Journal of Social and Clinical Psychology Category: 'Y' ISSN: 1727-4931	Year, 2017, Vol. 15, No.1 Page # 3-10
35. Intrapersonal and Interpersonal Determinants of Well-being of	Bahria Journal of Professional Psychology	Year, 2017, VOL. 16, No. 1,

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD

Department of Psychology, GC University, Lahore

Orphans and Non-Orphans	Category: 'Z' ISSN 1816-0840	Page # 49-66
36. Emotional Intelligence and Perceived stress in HIV positive patient: Perceived Social Support as a Mediator	Journal of Pakistan Psychiatric Society Category: 'Y' ISSN: 1726-8710	Year, 2017, VOL. 14, No. 3 Page # 12-16
37. Identification of Stressors among Female University Teacher in Pakistan	International Journal of Educational Enquiry and Reflection Category: 'Z' ISSN: 2410-2008	Year 2017, VOL. 11, No. 1 Page # 72-87
38. Infertility Related Issues and Challenges: Perspectives of Patients, Spouses, and Infertility Experts	Pakistan Journal of Social and Clinical Psychology Category: 'Y' ISSN: 1727-4931	Year: 2017, Vol. 15. No.2 Page # 3-11
39. Psychosocial Impact of Childhood Sexual Abuse: Perspective of Victims	Journal of Arts & Social Sciences (JASS) Category: 'Z' ISSN # 2311-293X	Year: 2017, Vol. 4, No. 2 page # 36-48
40. Impact of Education on Women's Empowerment: Mediation Role of Income and Self-Esteem	Journal of Research and Reflections in Education (JRRE) Category: 'Y' ISSN: 1995-5253	Year, 2018, Vol.12, No.1 Page# 11-24
41. Development and Validation of Submissive Behavior Scale for Women with Infertility in Pakistan	Pakistan Journal of Social and Clinical Psychology Category: 'Y' ISSN: 1727-4931	Year, 2018, Vol. 16, No.1, Page # 10-17
42. Role of Contextual Factors in Women's Empowerment	Journal of Arts & Social Sciences (JASS) Category: 'Y' ISSN # 2311-293X	Year, 2018, VOL.5, No. I Page # 49-72
43. Individual, Familial and Socio-Cultural Determinants of Women's Empowerment	Paradigms: A Research Journal of Commerce, Economics, and Social Sciences Category: 'Y' Print ISSN #1996-2800, Online ISSN# 2410-0854	Year, 2018, VOL. 12, No. 1 Page# 82-87 DOI: 10.24312/paradigms12 0112
44. Negative Personality Predispositions as predictors of Psychopathic Trends among Non-Forensic Population	Journal of Postgrad Medical Institute (JPMI) Category: 'Y' ISSN: 1013-5472	Year, 2018, VOL. 32, No.3 Page # 288-94.
45. Levels of Education, Age, Legal Awareness and Women's Empowerment	Journal of Research and Reflections in Education (JRRE) Category: 'Y' ISSN: 1995-5253	Year, 2018, Vol.12, No.2 Page# 1-19
46. Ordered Logit Regression Models of Women's Empowerment with Comparison to Ordinary Least Square Models	Paradigms: A Research Journal of Commerce, Economics, and Social Sciences Category: 'Y'	Year, 2018, Volume 12, No. 2 Page# 139-146 DOI:

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD

Department of Psychology, GC University, Lahore

	Print ISSN #1996-2800, Online ISSN# 2410-0854	10.24312/paradigms120204
47. Construction and Validation of Emotional Intelligence Scale for Children and Adolescents	Pakistan Journal of Social and Clinical Psychology Category: 'Y' ISSN: 1727-4931	Year, 2018, Vol. 16, No.2 Page # 17-26
48. Construction and Validation of Composite Women's Empowerment Index (CWEL)	Journal of Arts & Social Sciences (JASS) Category: 'Y' ISSN # 2311-293X	Year, 2018, VOL. 5, No. 2
49. Perspective of Pakistani Women on the Defining Factors of their Empowerment	Pakistan Journal of Social and Clinical Psychology Category: 'Y' ISSN: 1727-4931	Year, 2019, Vol. 17, No.1, Page # 17-24
50. Leadership in Academia of Pakistan: Perception of Crisis Situation and Solutions	Pakistan Journal of Psychological Research Category: 'X' ISSN: 1016-0664	Year, 2019, Vol. 34, No. 4, page #671-692 https://doi.org/10.33824/PJPR.2019.34.4.37
51. Development and Validation of Social comparison scale for Women with Infertility in Pakistan	Khyber Medical University Journal Category: 'X' ISSN (Print) 2305-2643 ISSN (Online) 2305-2651	Year, 2019 (July-Sep) Vol 11, No. 3, Page #129-139 DOI: 10.35845/kmu.2019.18467 https://doi.org/10.35845/kmu.2019.18467
52. Biopsychosocial Determinants of Quality of Life among Elderly in Pakistan	Pakistan Journal of Social and Clinical Psychology Category: 'Y' ISSN: 1727-4931	Year, 2019, Vol. 17, No.2, Page # 20-27
53. Do personal and familial factors matter in women's familial empowerment? A logistic model	Paradigms: A Research Journal of Commerce, Economics, and Social Sciences Category: 'Y' Print ISSN #1996-2800, Online ISSN# 2410-0854	Year, 2019, VOL. 13, No. 2 Page 41-49 DOI: 10.24312/1939130206
54. Does Positive Parenting Predict Pro-Social Behavior and Friendship Quality among Adolescents? Emotional Intelligence as a Mediator	Current Psychology Impact factor: 1.795 ISSN # 10461310	Year: 2022. https://doi.org/10.1007/s12144-020-00719-y No: 41, Page# 1997-2011

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

55. Academic Achievement: Interplay of Positive Parenting, Self-esteem, and Academic Procrastination	Australian Journal of Psychology ISI Impact Factor: 1.486 ISSN# 0022-3980	Year 2020, June, Vol: 72, No.2 Page # 174–187 https://doi.org/10.1111/ajpy.12280
56. Do Government Expenditures on Education and Health Lead Toward Economic Growth? Evidence from Pakistan	Journal of Research and Reflections in Education (JRRE) Category: ‘Y’ ISSN: 1995-5253	Year, 2020, Vol.14, No.1 Page# 53-63 https://www.ue.edu.pk/beta/jrre/current.php
57. Psychometric Properties of the Urdu Translation of Mindfulness Attention Awareness Scale (MAAS) in Pakistan	Sir Syed Journal of Education & Social Research (SJESR) ‘Y’ category ISSN 2706-6525 (Online): ISSN 2706-8285 (Print)	Vol. 3, Issue 2, 2020 (April – June) Page # 190-197
58. Relationship between Religiosity and Depression Level of Pakistani Elderly population: Mediation Role of afterlife Belief	Trends in Psychology: Springer Scopus indexed International Journal Category: ‘Y’ ISSN: 23581883	Year 2020, vol. 29, Number,1 Page# 1-11 https://doi.org/10.1007/s43076-020-00021-7
59. Fate Control, Hardiness, and Wellbeing among the Patients of Myocardial Infarction: The Mediating Role of Gratitude and Resilience	Pakistan Heart Journal Category: ‘X’ ISSN: 0048-2706 (Print) ISSN: 2227-9199 (Online) http://www.pkheartjournal.com	Year: 2020, Vol. 53 (02): Page #:149 - 154
60. Psychometric Properties of the Urdu Translation of Problem-Solving Style Scale	International Review of Social Sciences (IRSS) Category: ‘Y’ ISSN # 2309-0081 www.irss.academyirmbr.com	Year 2020, Vol, 8, Issue, 9 Page # 135-143
61. Process of Career Identity Formation among Adolescents: Components and Factors	Heliyon Impact Factor: 3.776 ISSN # 2405-8440 (online). Category “W”	Year, Sep 1, 2020, Volume 6, issue 9, e04905 Doi: https://doi.org/10.1016/j.heliyon.2020.e04905
62. Religiosity and Stress as Predictors of Severity of OCD, and Difference in Marital Adjustment of OCD and Non-OCD Individuals	Journal of Pakistan Psychiatric Society ISSN: 1726-8710 ” Y” Category	July- sept 2020, Volume, 17; Issue 3 Page # 19-23 https://www.jpaps.pk/index.php/journal/issue/current

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD

Department of Psychology, GC University, Lahore

63. Coronavirus (COVID-19): A Review of Observed Global Responses on Pandemic Situation and Guideline for Pakistan	Asian Journal of Allied Health Sciences (AJAHS) Category= 'Y' ISSN # 2227-2078 www.icmje.org.	Year 2020 Vol-5 Issue-1 Jan-Mar 2020 Page# 88-98
64. Urdu Translation and Validation of Trust in Close Relationship Scale	Journal of Arts & Social Sciences (JASS) Category: 'Y' Print ISSN 2311-293X- online ISSN 2414-8512	Year 2020 Vol-VII, issue-II, 173-184 http://ojs.jass.pk/ojs/index.php/jass/article/view/96/17
65. Urdu Translation and Validation of Fate Control, Short Hardiness, Psychological Wellbeing, Gratitude, and Brief Resilience Scales	Pakistan Journal of Social and Clinical Psychology Category: 'Y' ISSN: 1727-4931	Year, 2020, Vol. 18, No.1, Page # 28-36
66. Construction and Preliminary Psychometric Properties of Perceived Autism Related Stigma by Association Scale	Pakistan Journal of Professional Psychology: Research & Practice Category: 'Y' ISSN # -1818-6416	Year, 2020, Vol, 11, issue No.2, page# 20-36
67. Religious Identity Formation and Development in Pakistani Adolescents	Foundation University Journal of Psychology Category: 'Y' ISSN # 2519-710X	Year January, 2021 volume 5, No 1, page # 24-39
68. Religious Orientation and Death Anxiety among Elderly Pakistani Muslims: Mediatonal Role of Afterlife Belief and Ego Integrity	Journal of Behavioral Sciences Category: 'X' ISSN # 1028-9097	Year, 2021, VOL. 31, No. 1 page # 73-97
69. Social Axioms: A Traditional Literature Review	Progressive Research Journal of Arts and Humanities (PRJAH) Category: 'Y' ISSN # 2707-7314	Year, 2020, Vol. 2, No. 2, Page # 77-91 http://prjah.org/index.php/prjah/article/view/39
70. Experiences and Practices of Contemporary Sufis in Pakistan	NUST Journal of Social Sciences and Humanities (NJSSH) Category: 'Y' Print ISSN 2523-0026	Year 2021, Vol 7, No.1, Page# 99-119 DOI:10.51732/njssh.v7i1.69
71. Mediating Role of Rumination in the Relationship of Worry and Unhealthy Eating Behaviors among University Student	Pakistan Journal of Humanities and Social Sciences Category: 'Y' e-ISSN: 2415-007x p-ISSN: 2709-801X	Year 2021, Vol,9, No. 2 Page #125-133 DOI: https://doi.org/10.52131/pjhss.2021.0902.0119

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD

Department of Psychology, GC University, Lahore

72. Cognitive Behavior Therapy: Lived Experience of Patients with Major Depressive Disorder	Multicultural Education Category 'X' Impact factor: 0.313 e- ISSN: 1064678X p-ISSN: 10683844	Year 2021, Vol,7, No. 12 Page #269-278 DOI: 10.5281/zenodo.57874 18
73. Socio-economic and Psychological Correlates of Fashion Consciousness of Consumers	Journal of Arts & Social Sciences (JASS) Category: 'Y' ISSN (Online) 2414-8512 ISSN (Print) 2311-293X	Year: 2020, Vol. 8, No. 2 page # 41-51
74. Impact Of COVID-19 Pandemic on Mental Health in Pakistan: A Systematic Review	Webology (ISSN: 1735-188X) Category: X	Volume 18, Number 6, 2021 Page # 5621- 5638

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

75. Construction and Validation of Occupational Stress Scale for Public Prosecutors	Progressive Research Journal of Arts and Humanities (PRJAH) Category: 'Y' ISSN # 2707-7314	Year, 2021, Vol. 3, No. 2, Page # 29-37 DOI: https://doi.org/10.51872/prjah.vol3.Iss2.166
76. Do Perceived Stress and Social Support Matter in The General Health Of HIV-Positive Patients?	Webology (ISSN: 1735-188X) Category: X	Volume 19, Number 3, 2022 Page # 620 - 634
77. National Identity of Adolescents: A Thematic Analysis	Multicultural Education Category 'X' Impact factor: 0.313 e- ISSN: 1064678X p-ISSN: 10683844 Category: X	Year 2022, Vol,8, No. 4 Page #109-118 DOI: 10.5281/zenodo.6471486
78. Adaptation, Translation and Validation of Stigma-conscious Questionnaire for Women Undergoing ART Treatment in Pakistan	Multicultural Education Category 'X' Impact factor: 0.313 e- ISSN: 1064678X p-ISSN: 10683844 Category: X	Year 2022, Vol,8, No. 5 Page #1-6 DOI: 10.5281/zenodo.6515333
79. Knowledge, Attitude, and Practices of General Population of Pakistan towards COVID-19 and their Psychological Distress	Journal of Professional & Applied Psychology Category: Y ISSN# 2710-2793	3(2), 131-142, 2022 https://doi.org/10.52053/jpap.v3i2.82
80. Urdu Translation and Validation of Short Form of Social Well-Being Scale	Asian Journal of Allied Health Sciences (AJAHS) Category= 'Y' ISSN # 2227-2078 www.icmje.org .	Year 2022 Volume 07 ISSUE 02 (April-June)
81. Unveiling Frequently Co-Occurring Reasons of Attitudinal Acceptance of Intimate Partner Violence against Women: A Behavioral Data Science Perspective	International Journal of Environmental Research and Public Health Category: W Impact Factor: 4.614 (ISSN 1660-4601)	Year 2022, Sep 29-, 19(19), 12429. https://doi.org/10.3390/ijerph191912429 www.mdpi.com/journal/ijerph www.mdpi.com/journal/ijerph
82. Determinants of Quality of Life of Public Prosecutors in Pakistan	Multicultural Education Category 'X' Impact factor: 0.313 e- ISSN: 1064678X p-ISSN: 10683844	Volume 8, Issue 10, 2022 PP#25-32
83. Perceived Social Support as a	Pakistan Journal of Health Sciences	Volume 3, Issue 5

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

Perceived Social Support as a Predictor of General Health in HIV+ Patients: Moderating Role of Gender	Category: Y (ISSN Online: 2790-9352, Print: 2790-9344)	(October 2022 pp#152-156 DOI: https://doi.org/10.54393/pjhs.v3i05.174 https://thejas.com.pk/index.php/pjhs
84.A reflection on the significance of mother's empowerment in infant mortality rate	Journal of Economics Category: 'Y' ISSN 2710-4761 (Online) ISSN 2073-0969 (Print)	Fall 2022, Volume 3, No.2, pp 1-15 http://doi.org/10.52587/JEMS030201
85.Construction and validation of emotional and social distress scale for men and women diagnosed with infertility: Further evidence of its construct validity and psychometric properties	Khyber Medical University Journal Category: 'Y' ISSN-P 2072-7763 & ISSN-E 2073-929X	July-Sep, 2022, Vol: 14, No.3 Pp:147-157
86. Emotional Intelligence as Mediator Between Insecure Attachment, Social Support and Subjective Well-being among Women With Infertility	Webology (ISSN: 1735-188X) Category: X	Volume 18, Number 6, 2021 Page# 6397- 6413 http://www.webology.org
87. Psychometric evaluation and validation of Urdu social rank scale for women with infertility in Pakistan	Frontiers in Psychiatry Impact Factor: 5.435 ISSN 1664-0640 (Online)	Volume 14 - 2023 Published 30 August 2023 Doi: 10.3389/fpsyt.2023.1150941 https://doi.org/10.3389/fpsyt.2023.1150941
88.The Defense Style Questionnaire – 40: Urdu translation, validation, and its uses among parents of children with autism spectrum disorder	BPA Applied Psychology Bulletin Category: Y Scopus Indexed ISSN # 00066761	Year: 2023 (May-August) Volume: LXXXI, No.: 297 DOI: 10.26387/bpa.2023.00002
89.Biopsychosocial determinant of quality of life of older adults	Frontiers in Psychiatry Category: 'W' ISSN# 1664-0640 ISI Impact Factor: 5.435	Year 2024 Pp# 1-9 Published 11 March 2024 DOI 10.3389/fpsyt.2024.1364443

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

90. Investigating Gender Disparities in the Relationships between Psychological Hardiness and Subjective Well-being in Cardiac Patients: The Mediating Role of Resilience	Annals of King Edward Medical University WoS Indexed Category: 'X' ISSN :2079-0694 (Online) 2079-7192(Print) ISI Impact Factor: 0.40	January-March 2024 Volume 30 Issue 01 Page # 12-18
91. A qualitative study on perspective of parental stress and lower marital quality among parents of children with autism spectrum disorder	International Journal of Developmental Disabilities Category: 'Y' Scopus and WoS Indexed Print ISSN: 2047-3869 Online ISSN: 2047-3877	Published online: 06 May 2024 https://doi.org/10.1080/20473869.2024.2341196
92. Ostracism and depression among older adults: a case of Punjab, Pakistan	International Journal of Contemporary Issues in Social Sciences Category: 'Y' ISSN (E) 2959-2461 (P) 2959-3808	Vol.3 Issue: 3, 2024 PP: 80-87 https://ijciss.org/index.php/ijciss/issue/view/9
93. Psycho-social sufferings and sexual difficulties among female survivors of child sexual abuse in Pakistan	BMC Psychiatry Category: W (Q1) Impact factor: 3.4 ISSN 1471-244X (Online)	Vol. 24 , No. 585 (2024). https://doi.org/10.1186/s12888-024-06038-x
94. Adaptation and validation of the COMPI coping strategy scale for infertile men and women	Journal of Population Therapeutics & Clinical Pharmacology (JPTCP) Category: X ISSN: 2561-8741	Vol. 31 No.9 (2024) PP # 1863-1870) DOI: 10.53555/m3zepd38 https://www.jptcp.com/index.php/jptcp/article/view/7737
95. Psychosocial Problems and Marital Satisfaction in Infertile Individuals: The Buffering Role of Meaning Based Coping	Kurdish Studies Category: W Impact Factor: 0.6 ISSN: 2051-4883 (Print) ISSN 2051-4891 (Online) www.KurdishStudies.net	August 2024 Volume: 12, No: 4, 1894-1899 DOI: 10.53555/ks.v12i4.3721
96. Is Intimate Partner Violence a Threat on Job Performance of Women in Pakistan?	The Mind – Journal of Psychology Category: Y eISSN: 2957-8493 pISSN: 2957-8507	Online: 21-05-2025 Vol 3, No. 1, 2024 DOI: https://doi.org/10.36755/themind.v3i1.99 https://journalsriuf.com/index.php/TMJ/article/view/13/109

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

97 Unlocking Happiness: Socioeconomic Determinants Across Selected Asian Countries	Journal of Innovative Agriculture and Social Development Category: "Y" ISSN 2958-0471 (print), 2958-048X (online)	2024, 3(1):54-66 DOI: https://doi.org/10.57095/ji-asd20243161
98. Interpersonal Determinants of Psychological Wellbeing among Differently Abled Individuals	International Journal of Social Sciences Bulletin Category: "Y" Print ISSN of 3007-1909 and an Online ISSN of 3007-1917	Volume 3, Issue 8, 2025 PP#1058-1070 https://ijssbulletin.com/index.php/IJSSB/article/view/1113/1204
99. Cultural Transformation, Avoidant Coping, and the Decline of Family Cohesion in Pakistan: A Grounded Theory Perspective	International Journal of Social Sciences Bulletin Category: "Y" Online (e-)ISSN of 3007-1917 and A print (p-) ISSN of 3007-1909	Volume 3, Issue 9, 2025 PP#371-380 Doi:: https://doi.org/10.5281/zenodo.17112411

Citation URL: [Dr. Syeda Shahida Batool - Google Scholar](#)

Web of Science URL: <https://www.webofscience.com/wos/author/author-search>

ORCID: [0000-0003-3207-9588](#)

d. Research Projects

1. International Survey on Childbirth-related Trauma (INTERSECT). Principle Investigator in Pakistan, the project is a City University of London GCRF (UK) funded project. (<https://blogs.city.ac.uk/intersect/>) (Status: completed)
2. Research project titled "Prevalence and Determinants of Psychological Distress among Women with Primary Infertility in Pakistan" of worth RS = 198, 950 funded by GC University, approved for the year 2023-25 (Status: ongoing).
3. Research project titled "Antecedents and Consequences of Academic Procrastination: The Mediating Role of Self Esteem and Self-Regulation" of worth RS = 1, 50000 funded by GC University, approved for the year 2015-16 (Status: Completed).

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

4. Faculty project on “Predictive Strength of Dimensions of Parenting in constructive and Destructive Social Behavior of Adolescents: Emotional Intelligence as a Mediator” of worth RS = 2, 25000 funded by GC University, Lahore, approved for the year 2017-18 (status: Completed).
5. Indigenous Post Doctorate fellowship Project of 1.5 million funded by HEC Punjab titled “Identity Formation versus Identity Crisis: The Perspective of Adolescents” (status: completed)

e. Memberships

1. Member Connecting Asia (Academia, Society and Industry Alliance)
2. Life Member Pakistan Psychological Association (PPA)
3. Member International Association of Applied Psychology (IAAP)
4. Member American Psychological Association (APA)

f. International and National Conferences

a) Chair Scientific Sessions, Poster Judge and a Panelist

1. Chaired a scientific session (track) “Health and Social Care Management/ Education/ Teaching” in International Trade & Academic Research Conference (ITARC) London, UK (dated 7-9 November, 2012).
2. Chaired a scientific session in 14th International Conference of Psychology (ICP 2015) held on 21st March 2015 organized by PPA, IAP, CCP, and HEC.
3. Chaired a scientific session in 1st International Conference on indigenizing clinical Psychology: Issues and Challenges held on 17-18 December, 2015 at UMT, Lahore by the Institute of Clinical Psychology, Lahore
4. Chaired a scientific session in National Conference on Mental Health (NCMH, 2016) “Latest Research Trends in Pakistan (April, 28-29) organized by GCU Faisalabad
5. Chaired a scientific session in 1st International Conference on “Global Gender Perspective” held on 14-16 November, 2016 at Pearl Continental Hotel, Lahore organized by George Washington University, USA, and LCWU Lahore

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

6. Chaired a scientific session in International Conference on Clinical Psychology and the Developing World: Issues, Challenges and Solutions, organized by Institute of Clinical Psychology UMT Lahore from 9-10 March, 2017
7. Chaired a scientific session in International Conference on Peace, Conflict, and Violence: Challenges and Resolution Strategies-29th-30th November, 2017 organized by the COMSAT, Lahore
8. Chaired a scientific session in International Conference on Health and Well-being- 11-13 December 2017 organized by the Lahore College for Women University, Lahore
9. Chaired a scientific session in International Conference on Emerging Trends in Psychology: Preparing For 21st Century- (18 – 19 December, 2017) organized by the Foundation university, Islamabad
10. Chaired a scientific session in 7th International Conference on Positive Psychology: Developing Flourishing Community” (November 29-30, 2018) organized by National Institute of Psychology, Quaid e Azam University, Islamabad
11. Chaired a scientific session in International Conference of Applied Psychology: Practices and Intervention” (6th-8th February, 2019) organized by Institute of Applied Psychology, University of the Punjab, Lahore, Pakistan.
12. Chaired a scientific session in International Conference on Recent Trends & Intervention in Clinical Psychology (20-22 March, 2019) organized by Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan.
13. Chaired a scientific session in 3- Days International conference on Islamic Perspectives in Modern Psychology (IPMP 2019) 24th 26th September, 2019 organized by Riphah Institute of clinical & professional psychology, Riphah International University, Lahore, Pakistan

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

14. Chaired a scientific session in 6th International Conference on Doing Responsible and Sustainable Business: Challenges under Belt & Road Initiative (5th-7th February, 2020) organized by the University of Central Punjab, Lahore
15. Chaired a scientific session in NCQP: National Conference on Qualitative Psychology March 5th, 2020 organized by the Department of Behavioural Sciences (DBS), School of Social Sciences & Humanities (S3H) NUST, Islamabad, Pakistan
16. Chaired a scientific session in International Conference of Management & Social Sciences (ICMSS-2021) 16th -17th June, 2021 *Session: Family Psychology, organized by Lahore Garrison University.
17. Chaired a scientific session in 8th International Conference on Mental Health and Productivity: The Emerging Challenges for Youth (21-22 October, 2021), organized by Lahore National Institute of Psychology Quaid e Azam University, Islam Abad.
18. Chaired a scientific session in international e-Conference on Media and Psychology: Issues and Challenges 25th November 2021. Department of Applied Psychology (DAP), School of Professional Psychology (SPP), UMT Lahore
19. Chaired a scientific session in 24th National Psychiatric Conference. 26-28 November 2021. Organized by Pakistan Psychiatric Conference at PC Hotel, Lahore
20. Chaired a scientific session on “Child and Adolescents Wellbeing” in International Conference on Wellbeing: An interdisciplinary Perspective (ICW-22). 9-10 February 2022- S3H. NUST Islamabad (ONLINE).
21. Chaired a session on” Gender Equity” in 1st International Conference on Sustainable Development Goals (29-31 March, 2022) organized by Lahore College for Women University, Lahore.
22. Chaired a session in” three-days international conference titled “Kinnaird’s 3rd International Conference on Social Sciences and Humanities” held on 17th–19th May 2022.

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

23. Chaired a session in 2nd International Conference on Management and Social Sciences (ICMSS 2022) Theme: Sustainable Development and Challenges for developing Countries, organized by the Department of Psychology, Lahore Garrison University, Lahore, Pakistan on 18th-19th May, 2022
24. Chaired a session in 1st International Conference on Educational, Clinical and Indigenous Perspective on Challenges and Opportunities (5th-7th) October, 2022 organized by the Department of Applied Psychology, the Women University, Multan.
25. Chaired a session in 2nd International Conference on Interdisciplinary Approach in Social Sciences 2022 “Mental Health for All: Social Determinants, Challenges, and Sustainable Remedies” (22-23rd November, 2022. Department of Applied Psychology, Faculty of Social Sciences, The Islamia University of Bahawalpur, Pakistan
26. Chaired a session in Two Days International Conference on *"Prevention, Treatment and Rehabilitation for Substance Use Disorder: Issues & Challenges"* (28th & 29th December 2022) organized by the Department of Applied Psychology NUML Rawalpindi
27. Conference Chair of 6th International -E Conference on Drug Abuse and Illicit Trafficking (25-26 June, 2023) organized by Young Psychologists Association
28. Chaired Scientific session in 1st International Conference on Eating Disorders (1st and 2nd June, 2023) organized by IAP, University of the Punjab, LCWU, and PILL
29. Chaired Scientific session in International Conference (ICMHR 2023, dates 19th to 21st December, 2023) organized by Centre for Clinical Psychology, Punjab University
30. Chaired Scientific session in 4th International Conference on Social Sciences and Humanities (26th to 28th February, 2024) organized by Kinnaird College for Women, Lahore

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

31. Chaired Scientific session in 2nd National Conference of Psychology for Sustainable Community: Challenges and Trends (4th March 2024) organized by Department of Psychology, University of Sargodha,
32. Chaired Scientific session in International Conference (ICMHR 2023) | DAY 2| Centre for Clinical Psychology| Punjab University
33. Chaired Scientific session in 1st International 3-Day Conference of Psychology, organized by the Department of Psychology, Forman Christian College University, Lahore (29-31 May, 2024)
34. Chaired Scientific session in 1st International Conference of Psychology, organized by the Department of Psychology, Forman Christian College University, Lahore on 7th January, 2025, in Collaboration with 15th International Conference of Pakistan Psychological Association.

b) Judge Scientific Poster for scientific poster competition in

35. Judge Scientific Poster for scientific poster competition in International Conference on Emerging Trends in Psychology: Preparing For 21st Century- (18 – 19 December, 2017) organized by the Foundation university, Islamabad
36. Judge in International E-Conference with the theme of ‘Psychosocial wellness & Rehabilitation: challenges for Practitioners during Pandemic (ICPWR-2020) 3rd-4th December, 2021 organized by Punjab University Centre for Clinical Psychology (CCP)
37. Judge in 1st International Conference on Educational, Clinical and Indigenous Perspective on Challenges and Opportunities (5th-7th) October, 2022 organized by the Department of Applied Psychology, the Women University, Multan.

c) Panel Discussions

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

38. Panel Discussion on "Is Mental Wellbeing an outcome of Extrinsic and Intrinsic Factors" in an International Conference on Mental Wellbeing (ICMWB-24) organized by Rashid Latif Khan University Lahore on March 5, 2024
39. Panel Discussion on 'Our Mind our Right' in a Mental Health Week (Mental Health is a Universal Human Right) organized by Department of Professional Psychology, Bahria University Lahore Campus on 24-10-2023
40. Panel Discussion in a Mental Health Week (Mental Health is a Universal Human Right) organized by Department of Psychology, GC University Lahore on 19-10-2023
41. Panel discussion on 'Emerging Trends in Psychological Assessment & Support System in Pakistan' organized by Institute of Psychology and Behavioural Science, National College of Business Administration & Economics on 11-09-2023
42. Panel discussion in International Conference on Social Sciences Research (ICSSR 2023 dated 26-01-2023, organized by the Department of Psychology, Garrison University, Lahore [Challenges in Social Science Research: Possible Solutions and Way Forward
43. Panelist in Mental Week on theme "Mental Health: A Universal Human Right" organized by the Department of Psychology, Garrison University Lahore (15-11-2023).
44. Panelist in the Mental Health Week on theme "Our Mind is our Right" organized by the Department of Professional Psychology, Bahria University Lahore Campus (24-10-2023).
45. Panelist in Mental Day on theme "Mental Health: A Universal Human Right" organized by the Department of Psychology, Virtual University of Pakistan Lahore (23-10-2023)
46. Panelist in Mental Day on theme "Mental Health: A Universal Human Right" organized by the Department of Psychology, Virtual University of Pakistan Lahore (13-10-2023).
47. Panelist in Mental Health Conference on theme "Mental Health: A Universal Human Right" organized by the Department of Psychology, GC university Lahore (19-10-2023).

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

48. Panelist in Mental Health Week on theme “Mental Health: A Universal Human Right” organized by the Department of Psychology, Comsat University Lahore (11-10-2023)
49. Panelist “Men’s Mental Health: Healthy coping skills and strategies” (26-08-2023) organized by Young Traders Association, Young Psychologists Association in Collaboration with Lahore Chamber of Commerce
50. Panelist “The role of psychological assessment in different fields” in National conference on Mental health (NCMH, 2016) “Latest Research trends in Pakistan (April, 28-29) 2024 organized by GCFU Faisalabad
51. Panelist in Three Days International conference on Islamic Perspectives in Modern Psychology (IPMP 2019) 24th 26th September, 2019 organized by Riphah Institute of clinical & professional psychology, Riphah International University, Lahore, Pakistan
52. Panelist in NCQP: National Conference on Qualitative Psychology March 5th, 2020 organized by the Department of Behavioural Sciences (DBS), School of Social Sciences & Humanities (S3H) NUST, Islamabad, Pakistan
53. Panelist in All Parliamentary Mental Health Summit 2020 on 12th March, 2020 organized by the University of Manchester, Pakistan Institute of Living and Learning and Manchester Global Foundation, UK.
54. Panelist in All Parliamentary Mental Health Festival and COVID-19, titled “pregnancy and child loss” October 15, 2020 organized by Pakistan Institute of Living and Learning (PILL) and Manchester Global Foundation. UK (ZOOM).
55. Panelist in Pakistan Mental Health Summit 2020: A Parliamentary Initiative, titled “Preconception, Pregnancy and Mental Health” October 16, 2020 organized by Pakistan Institute of Living and Learning (PILL) and Manchester Global Foundation, University of Manchester (UK) and Government of Pakistan (ZOOM).

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

56. Panelist in Mental Health conference 2020 Stakeholder Consultative Dialogue on Mental Health Wellness organized by Young Psychologists Association, Pakistan on October 17, 2020 at Children Library Complex
57. Panelist in 16th Annual Conference “Coping in the Time of Pandemic: Defining the New Normal” October 21, 2020 organized by Society for the Advancement of Muslim Psychology (ZOOM)
58. Forum Panelist in ELSA 2021 2nd International Conference on Education & Languages for Students and Adult Learners. 26th to 28th October 2021, Online, Perak, Malaysia, Organized by: MARA University of Technology Perak Branch
59. Panelist in 2nd international conference 2021 understanding hidden disabilities: creating a resilient and inclusive world, December 3rd, 2021, organized by foundation university, Islamabad.
60. Panelist in 2nd International Conference on Interdisciplinary Approach in Social Sciences 2022 “Mental Health for All: Social Determinants, Challenges, and Sustainable Remedies” (22-23 November, 2022. Department of Applied Psychology, Faculty of Social Sciences, The Islamia University of Bahawalpur, Pakistan
61. Panelist in the second All Pakistan Summit of the Students Societies titled “A Powerful Personality is Less Susceptible to Drug Addiction: A Cognitive Behavior Approach to Substance Abuse Prevention (6 December, 2022) organized by GCU Anti-Narcotics Society
62. Panelist in Two Days International Conference on *“Prevention, Treatment and Rehabilitation for Substance Use Disorder: Issues & Challenges”* (28th & 29th December 2022) organized by the Department of Applied Psychology NUML Rawalpindi
63. Panelist in One Day International Seminar on “The Rise of Psychology as a Profession” (15 June, 2023) organized by Rashid Latif Medical Complex and University, Lahore

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

64. Panelist in the second All Pakistan Summit of the Students Societies titled “A Powerful Personality is Less Susceptible to Drug Addiction: A Cognitive Behavior Approach to Substance Abuse Prevention (6 December, 2022) organized by GCU Anti-Narcotics Society
65. Panelist in Two Days International Conference on *“Prevention, Treatment and Rehabilitation for Substance Use Disorder: Issues & Challenges”* (28th & 29th December 2022) organized by the Department of Applied Psychology NUML Rawalpindi
66. Panelist in One Day International Seminar on “The Rise of Psychology as a Profession” (15 June, 2023) organized by Rashid Latif Medical Complex and University, Lahore
67. Panelist in Two Day International Conference on “Significance of Mental Health, Mental Health Awareness and Rehabilitation” (26-27 June, 2024) organized by Department of Psychology, University of Central Punjab, Lahore
68. Panelist in One Day International Conference on “Implications of Psychology in Modern World” (13 November, 2024) organized by Department of Psychology, COMSAT University, Lahore
69. Panelist in One Day International Conference on “Mental Health at Workplace” (14 November, 2024) organized by Institute of Psychology, Beaconhouse National University, Lahore

d) Keynote lectures and Paper presentations in International/National Conferences

1. Keynote lecture on “Burden of Caring Patients with Dementia and the Role of Health Psychologists” in International Psychiatric Conference ‘Prescription for Wellness: Working Across Boundaries’ 2nd-3rd August, 2019 organized by Gangaram Hospital, Lahore
2. Keynote Lecture “Significance of Psychological Environment in Organizations” in 5th Asia International Conference 6th-8th December, 2019 held at KL Convention Centre (KLCC) Kuala Lumpur, organized by Connecting Asia, Malaysia

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

3. Strategic talk on “Prospects of External linkages among Different Universities of Asia” in a strategic forum on 5th Asia International Conference 6th-8th December, 2019, held at KL Convention Centre (KLCC) Kuala Lumpur, organized by Connecting Asia, Malaysia
4. Keynote lecture on “Burden of Caring Patients with Dementia and the Role of Health Psychologists” in 10th International PACBT/CBT Conference ‘Prospect of Low Intensity CBT in Global Mental Health’ (5th – 7th March, 2020) organized by Fatima Jinnah Medical University, Lahore
5. Guest Speaker in International conference on Rectifiers of Post Covid World organized by YPA on May 8, 2021
6. Keynote lecture on “Risk Factors of Depression among Infertile Women in Pakistan” in WPA thematic conference organized by WPA at Nishat Hotel, Lahore on 11-13 March, 2022.
7. Keynote lecture on “Psychosocial Journey of Infertile Women in Pakistan and the Way Forward” in 1st International Conference on Sustainable Development Goals (29-31 March)2022 organized by Lahore College for Women University, Lahore
8. Keynote on 1st International Conference on Educational, Clinical and Indigenous Perspective on Challenges and Opportunities (5th-7th) October, 2022 organized by the Department of Applied Psychology, the Women University, Multan.
9. Key note speaker titled “Unheard Voices of Female Survivors of Child Sexual Abuse in Pakistan” 2nd International Conference on Interdisciplinary Approach in Social Sciences 2022 “Mental Health for All: Social Determinants, Challenges, and Sustainable Remedies” (22-23 November, 2022. Department of Applied Psychology, Faculty of Social Sciences, The Islamia University of Bahawalpur, Pakistan
10. Keynote titled “Reflection on Rising Trend of Alcohol Consumption in Pakistan” Two Days International Conference on *"Prevention, Treatment and Rehabilitation for Substance Use*

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

Disorder: Issues & Challenges” (28th & 29th December 2022) organized by the Department of Applied Psychology NUML Rawalpindi

11. Keynote on Mental Health is a Universal Human Right in a Mental Health Week organized by the Department of Psychology, Comsat University, Lahore Campus on 11-10-2023
12. Keynote on Mental Health is a Universal Human Right in a Mental Health Week organized by the Department of Psychology, Virtual University, Lahore Campus on 23-10-2023
13. Keynote on “Navigating Mental Health from Different Perspectives” in 7th international conference on Cultivating Mental Health, Well-being, and Happiness: A Way Forward, organized by UMT, Lahore on 19-11-2024
14. Keynote on Transfer of Intergenerational Trauma, organized by the Department of Psychology, Garrison University, Lahore Campus on 15-11-2024 in Collaboration with the 15th International Conference of Pakistan Psychological Association.
15. Keynote on the Functioning of Pakistan Psychological Association, organized by the Department of Psychology, GC University, Lahore Campus on 10-11 December, 2024 in Collaboration with the 15th International Conference of Pakistan Psychological Association.
16. Keynote on Why We Fear What We Create? Psychology Behind Shaping AI Perception organized by NIP, Islamabad on 28-29 December 2024
17. Keynote on Unlocking Emotional Intelligence for Transformational Parenting and Child Development” organized by the Department of Psychology, IISAT Gujranwala on 28-12-2024 in Collaboration with the 15th International Conference of Pakistan Psychological Association.
18. Keynote on “Gratitude, Growth and Grit: The pathways to Fulfillment” in the International Conference on Psychology, Media and Behavioral Sciences, organized by the Department of Psychology, Riphah International University, Lahore Campus and Institute of Media Studies, University of the Punjab on 19-02-2025

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

e) Oral presentations

19. Paper titled “Relationship between Emotional Intelligence and Depression” in 6th International Symposium on Psychiatric Updates & Media/Public Awareness held at Avari Hotel, Lahore on May 1-3, 2009
20. Paper titled “Role of Emotional Intelligence in the Treatment of Mental Illnesses” in National Symposium on Depression held at Perl Continental Hotel, Islamabad on 15th August, 2009
21. Paper titled “Emotional Intelligence Based Treatment in Mental Illness: A Prospective Analysis” in 1st International Conference on Emerging Trends in Psychology organized by Dr Ajmal Psychological Society, GC University, Lahore from March 28 to April 1, 2011.
22. Paper titled “Does Emotional Intelligence Predict Quality of Dyadic Relationship among Pakistani Married Couples? in 8th International Symposium on Psychiatric Updates & Media/Public Awareness held at Avari Hotel, Lahore on April 15-17, 2011
23. Paper titled “Lack of Adequate Parenting: A Potential Risk Factor for Aggression among Adolescents” in 1st International Conference on Developmental Psychology organized by Dr Ajmal Psychological Society, GC University, Lahore from March 26 to March 30, 2012.
24. Papers titled “Development and validation of the scale of emotional intelligence (SEI)” in International Trade & Academic Research Conference (ITARC) London, UK (dated 7-9 November, 2012).
25. Paper Titled “Does emotional intelligence predict career success and job satisfaction among doctors?” presented in International Trade & Academic Research Conference (ITARC) London, UK (dated 7-9 November, 2012).
26. Paper titled “Exploring the extrapolative strength of humor and self-efficacy at work” poster presentation at 5th International Conference of Cognitive Science (ICCS, 2013), Tehran from 7-9 May, 2013.

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

27. Paper titled “Explorative Strength of Humor and Self-Efficacy in Job Satisfaction” in International Trade & Academic Research Conference (ITARC) in Paris (dated 5-6 August, 2013) at Hilton, Paris, France
28. Paper presented “Emotional intelligence as a determinant of job commitment and job performance: A mediational Analysis” in International Trade & Academic Research Conference (ITARC) in Dubai (dated 20-21 January, 2014) at Holiday Inn Downtown, Dera, UAE, Dubai.
29. Paper titled “Emotional Intelligence of Parents as a Determinant of Aggression among Adolescents: A Meditational Analysis” presented at International Conference of Pakistan Psychological Association on October, 31, 2013.
30. Paper titled “Determinants of General Health of Pakistani and British Infertile Women” presented paper in International Conference on Social Psychology at GC University on 20 -21 May, 2014
31. Paper titled “Child Sexual Abuse: Physical Trauma or Emotional Burden” presented paper in 1st International Conference on Forensic Science and Justice at GC University organized by the Department of Chemistry held on 22-24 October, 2014
32. Paper titled “Development of Effective Teaching Evaluation Scale and Exploring the Characteristics of Effective Teachers: Students’ perspective” in International Conference on Educational Psychology” organized by NIP, Quaid – e- Azam University, Islamabad on November 13, 2014
33. Paper titled “Protective and Risk Factors of Marital Quality among Parents of Children with ADHD” 14th International Conference of Psychology (ICP 2015) held from 19th - 21st March 2015, a joint venture of Pakistan Psychological Association, Institute of Applied Psychology, Center for Clinical Psychology, University of the Punjab and Higher Education Commission of Pakistan.
34. Paper titled “Yin-Yang” of Using Social Networking Sites: Perspective of University Youth” 14th International Conference of Psychology (ICP 2015) held from 19th - 21st March. 2015-----

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD

Department of Psychology, GC University, Lahore

35. Paper titled “Psychosocial Experiences of a Victim of Child Sexual Abuse: A Case Study”
14th International Conference of Psychology (ICP 2015) held from 19th - 21st March 2015 -----
36. Paper titled “The Psychological Well-Being of Widowed and Still-Married Middle-Aged Individuals” in international conference “Advancing Women Issues: Local and Global Directions” in collaboration with Southern Methodist University, USA, held on 12 December 2015 by Shaheed Benazir Bhutto Women University, Peshawar at Marriot Hotel, Islamabad
37. Paper titled “stress mediating the relationship of social support and coping with the quality of life of mothers of children with thalassemia” in 1st International Research Conference on Economics, Business and Social Sciences (12-13 April, 2016) Organized by BZU Multan
38. Paper titled “Intrapersonal and Interpersonal Determinants of Well-being of Orphans and Non-Orphans” in International Congress on Political, Economic, and Social Studies (ICPESS-2016) at Istanbul (Turkey)
39. Paper titled “Infertility Related Problem: Perspectives of Patients, Spouses and Infertility Experts” in “1st International Conference on Global Gender Perspective” held on 14-16 November, 2016 at Pearl Continental Hotel, Lahore organized by George Washington University, USA, and LCW Lahore
40. Paper titled “The Phenomenology of Role Conflict in Young, Married, working Pakistani Women” in the 1st International Conference on “Global Gender Perspective” held on 14-16 November, 2016 at Pearl Continental Hotel, Lahore organized by George Washington University, USA, and LCW Lahore
41. Paper titled “Construction and Validation of Global Psychological Empowerment Scale for Women” in the “1st International conference on Gender in Perspective: Issues and Challenges” organized by National Institute of Psychology Quaid-e-Azam University, Islamabad from 1-2 December, 2016

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD

Department of Psychology, GC University, Lahore

42. Paper titled “Living with Dementia Patients: Experiences of Female Spouses in the International conference on Clinical Psychology and the Developing World: Issues, Challenges and Solutions organized by Institute of Clinical Psychology UMT Lahore from 9-10 March, 2017
43. Paper titled “Psychosocial and Physical Experiences of Obesity in Young Women in the 1st International conference on Clinical Psychology and the Developing World: Issues, Challenges and Solutions organized by Institute of Clinical Psychology UMT Lahore from 9-10 March, 2017
44. Paper titled “Miscarriage: Emotional Burden and Social Suffering for Women in Pakistan “organized by GC University, Lahore University on 26-28 April, 2017 in a 3-Day- International Conference on Health Psychology: Issues and Challenges.
45. Paper titled “Protective and Risk Factors of Job Burnout among Special Education Teachers” Organized by GC University, Lahore University on 26-28 April, 2017 in 3-Day- International conference on Health Psychology: issues and Challenges
46. Paper titled “Personality Predispositions as Predictor of Psychopathic Trends among Non-Forensic General Population “organized by GC University, Lahore University on 26-28 April, 2017 in 3-Day- International conference on Health Psychology: Issues and Challenges
47. Paper titled “Relationship between Religiosity and Depression Level of Pakistani Elderly Population: Role of Afterlife Belief” organized by GC University, Lahore University on 26-28 April, 2017 in 3-Day- International conference on Health Psychology: Issues and Challenges
48. Paper titled “Polygamy and Psychosocial Development: The Perspective of Children” organized by GC University, Lahore University on 26-28 April, 2017 in 3-Day- International conference on Health Psychology: Issues and Challenges
49. Paper titled “Living with good cancer: an interpretative phenomenological analysis of female patients with thyroid cancer” organized by GC University, Lahore University on 26-28 April, 2017 in 3-Day- International Conference on Health Psychology: Issues and Challenges

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

50. Paper titled “The Impact of Economic, Familial, Psychological and Social Empowerment on Psychological Well-Being of Young Women” organized by GC University, Lahore University on 26-28 April, 2017 in 3-Day- International Conference on Health Psychology: Issues and Challenges
51. Paper titled “Impact of Personality Dispositions on Anxiety of University students” organized by GC University, Lahore University on 26-28 April, 2017 in 3-Day- International Conference on Health Psychology: Issues and Challenges
52. Paper titled “Psychosocial Experiences of Infertility in Pakistani Women” organized by GC University, Lahore University on 26-28 April, 2017 in 3-Day- International Conference on Health Psychology: Issues and Challenges
53. Paper titled “Development and Validation of Identity Crisis Scale for Pakistani Working Women” organized by GC University, Lahore University on 26-28 April, 2017 in 3-Day- International Conference on Health Psychology: Issues and Challenges
54. Paper titled “Physician Assisted Euthanasia: Attitude and Experiences of Decision Makers” organized by GC University, Lahore University on 26-28 April, 2017 in 3-Day- International Conference on Health Psychology: Issues and Challenges.
55. Paper titled “Protective and Risk Factors of Acculturative Stress among Pakistani Immigrants in UK” 1st International conference on “Social Sciences and Humanities in the New Millennium: Challenges and Prospects” jointly organized by Virtual University of Pakistan and Lahore College for Women University, Lahore - held from 14-16 December, 2017 in Lahore - Pakistan.
56. Paper titled “Development of Indigenous Scale of Social Comparison for Pakistani Women with Infertility and Evaluation of its Psychometric Properties” in 1st International conference on “Social Sciences and Humanities in the New Millennium: Challenges and Prospects” jointly

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD

Department of Psychology, GC University, Lahore

organized by Virtual University of Pakistan and Lahore College for Women University, Lahore - Pakistan held from 14-16 December, 2017 in Lahore - Pakistan.

57. Paper titled “Impact of Education on Women’s Empowerment: Mediatonal Role of Income and Self-Esteem” in 1st International conference on “Social Sciences and Humanities in the New Millennium: Challenges and Prospects” jointly organized by Virtual University of Pakistan and Lahore College for Women University, Lahore - held from 14-16 December, 2017 in Lahore - Pakistan.
58. Paper titled “Content Analysis of Dreams of Patients with Major Depression” in international conference on on Health and Well-being- 11-13 December 2017 organized by the Lahore College for Women University, Lahore
59. Paper titled “Development of Indigenous Scale of Submissive Behavior for Pakistani Women with Infertility and Evaluation of its Psychometric Properties” in international conference on on Health and Well-being- 11-13 December 2017 organized by the Lahore College for Women University, Lahore
60. Paper titled “Negative personality predispositions as determinants of psychopathic trends among non-forensic men and women.” in international conference on on Health and Well-being- 11-13 December 2017 organized by the Lahore College for Women University, Lahore
61. Paper titled “Determinants of “Narcissistic Trends among University Students” in international conference on on Health and Well-being- 11-13 December 2017 organized by the Lahore College for Women University, Lahore
62. Paper titled “Cartoon Watching Behavior among Children: A Thematic Analysis” in international conference on on Health and Well-being- 11-13 December 2017 organized by the Lahore College for Women University, Lahore

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD

Department of Psychology, GC University, Lahore

63. Paper titled “Interplay of Social Belongingness, loneliness and Self-esteem among young adults.”
in international conference on on Health and Well-being- 11-13 December 2017 organized by the
Lahore College for Women University, Lahore
64. Paper titled “Experience of mothers having children with ADHD” in international conference on
on Health and Well-being- 11-13 December 2017, organized by the Lahore College for Women
University, Lahore
65. Paper titled “Negative personality predispositions as determinants of psychopathic trends among
non-forensic men and women” in International Conference on on Health and Well-being- 11-13
December 2017, organized by the Lahore College for Women University, Lahore
66. Paper titled “Political Turmoil in Pakistan: Perception of Youth” in international conference on on
Peace, Conflict, and Violence: Challenges and Resolution Strategies-29th-30th November, 2017,
organized by the COMSAT, Lahore
67. Paper titled “Perception of Identity Crisis among the Youth of Gilgit Baltistan” in international
conference on on Peace, Conflict, and Violence: Challenges and resolution Strategies-29th-
30th November, 2017 organized by the COMSAT, Lahore
68. Paper titled “Development and Validation of the Social Belongingness Scale” in international
conference on on Peace, Conflict, and Violence: Challenges and resolution Strategies-29th-
30th November, 2017 organized by the COMSAT, Lahore
69. Paper titled “Development and Validation of Identity Crisis Scale for Working Women” in
National conference of Psychology: Emerging Social and Mental Health Issues in Society- 12-13
December, 2017 organized by Psychology Department of Lahore Garrison University, Lahore
70. Paper titled “Individual, familial and socio-cultural determinants of women’ empowerment” in 7th
International Conference on Positive Psychology: Developing Flourishing community” November
29-30, 2018 organized by National institute of Psychology, Quaid e Azam University, Islamabad

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

71. Paper titled “Individual, familial and socio-cultural determinants of women’s empowerment” in a 3- Day International Conference on Gender, Religion and Culture in Psychology: Issues, Challenges and Prospects” December 17-19, 2018 organized by the Department of Psychology, GC University, Lahore
72. Paper titled “Does use of Mobile phones predict women’s economic empowerment at household level?” in a Three-Day International Conference on Gender, Religion and Culture in Psychology: Issues, Challenges and Prospects” December 17-19, 2018 organized by the Department of Psychology, GC University, Lahore
73. Paper titled “Psychopathic trends as predictors of satisfaction with life among forensic and non-forensic samples” in a Three-Day International Conference on Gender, Religion and Culture in Psychology: Issues, Challenges and Prospects” December 17-19, 2018 organized by the Department of Psychology, GC University, Lahore
74. Paper titled “Development and validation of ostracism scale for children” in a Three-Day International Conference on Gender, Religion and Culture in Psychology: Issues, Challenges and Prospects” December 17-19, 2018 organized by the Department of Psychology, GC University, Lahore
75. Paper titled “Fate Control, Hardiness and Well Being Among Patients with Myocardial Infraction: The Mediating Role of Gratitude and Resilience” in a Three-Day international Conference on Gender, Religion and Culture in Psychology: Issues, Challenges and Prospects” December 17-19, 2018 organized by the Department of Psychology, GC University, Lahore
76. Paper titled “Experiences of young women with Acquired facial scars.” in a Three-Day international Conference on Gender, Religion and Culture in Psychology: Issues, Challenges and Prospects” December 17-19, 2018 organized by the Department of Psychology, GC University, Lahore

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

77. Paper titled “Emotional intelligence, social competence and psychological distress among the adolescent children of working women.” in a Three-Day international Conference on Gender, Religion and Culture in Psychology: Issues, Challenges and Prospects” December 17-19, 2018 organized by the Department of Psychology, GC University, Lahore
78. Paper titled “Religiosity and Stress as Correlates of Severity of OCD and Marital Adjustment among OCD and Non-OCD individuals” in International Conference of Applied Psychology: Practices and Intervention” 6th-8th February, 2019 organized by Institute of Applied Psychology, University of the Punjab, Lahore, Pakistan.
79. Paper titled “Living with HIV: Physical Suffering and Emotional Distress” in International Conference of Applied Psychology: Practices and Intervention” 6th-8th February, 2019 organized by Institute of Applied Psychology, University of the Punjab, Lahore, Pakistan
80. Paper titled “Death Anxiety among Theists and Atheists” in International Conference of Applied Psychology: Practices and Intervention” 6th-8th February, 2019 organized by Institute of Applied Psychology, University of the Punjab, Lahore, Pakistan
81. E-poster on “In search of a safe Haven: Perspective of Eunuch on their Concerns and insecurities” in International Conference of Applied Psychology: Practices and Intervention” 6th-8th February, 2019 organized by Institute of Applied Psychology, University of the Punjab, Lahore, Pakistan.
82. Paper titled “Translation, Cross Language Validation and Construct Validation of Self-report Psychopathy Scale for Forensic and Non-Forensic Samples” in International Conference on Recent Trends & Intervention in Clinical Psychology 20-22 March, 2019 organized by Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan.
83. Paper titled “Construction and Validation of Emotional and Social Distress Scale (ESDS) for Infertile Men and Women in International Conference on Recent Trends & Intervention in

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

Clinical Psychology 20-22 March, 2019 organized by Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan.

84. Paper titled “Construction and Validation of Social Rank Scale for Women with Infertility” in International Conference on Recent Trends & Intervention in Clinical Psychology 20-22 March, 2019 organized by Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan.
85. Paper titled “Burden of Caring Patients with Dementia and the Role of Health Psychologists” in International Psychiatric Conference ‘Prescription for Wellness: Working Across Boundaries’ 2nd-3rd August, 2019
86. Paper titled “Do women’s own attributes affect Antenatal care, postnatal care and place of delivery (PoD)? A case of Pakistan” in International Conference on Innovation, Creativity & Sustainability” 30th November-1st December, 2019 organized by the Superior College, Lahore, Pakistan
87. Paper titled “Preferential Treatment, organizational Trust and Organizational Commitment among Bank Employees” in 5th Asia International Conference (AIC-2019) on 6th-8th December, 2019, held at KL Convention Centre (KLCC) Kuala Lumpur, organized by Connecting Asia, Malaysia
88. Paper titled “Do familial factors matter in bringing women’ familial empowerment? A Logistic Model” 6th-8th December, 2019 in 5th Asia International Conference (AIC-2019) held at KL Convention Centre (KLCC) Kuala Lumpur, organized by Connecting Asia, Malaysia
89. Paper titled “Do Government Expenditures on Education and Health Lead towards Economic Growth? Evidence from Pakistan” in 1st International Conference ‘Recent Advances and Challenges in Basic & Social Sciences in Contemporary Research’ February 12-13, 2020 organized by Government Post-graduate College (W) Cooper Road, Lahore
90. Paper titled “Living with Good Cancer: An Interpretative Phenomenological Analysis of Female Patients with Thyroid Cancer” in NCQP: National Conference on Qualitative Psychology March

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

5th, 2020 organized by the Department of Behavioural Sciences (DBS), School of Social Sciences & Humanities (S3H) NUST, Islamabad, Pakistan.

91. Paper titled “Experiences and Practices of Contemporary Sufis in Pakistan” in NCQP: National Conference on Qualitative Psychology March 5th, 2020 organized by the Department of Behavioural Sciences (DBS), School of Social Sciences & Humanities (S3H) NUST, Islamabad, Pakistan.
92. Presented paper “A systematic Review of Corona virus pandemic situation (COVID-19) and mental health issues in Pakistan” at international E- conference on ‘psychological Wellness and rehabilitation: Challenges for practitioners during pandemic’ organized by Centre for Clinical Psychology, the University of Punjab, Lahore on 2-3 December, 2020
93. Presented paper on Work-Life Balance, Occupational Stress and Job Satisfaction among Police Officers: Mediating Role of Burnout in 6th ASIA International Conference organized by Connecting Asia and University of Technology, Malaysia on 18-19 December, 2020
94. Presented paper on ‘Women’s Empowerment as Nexus of Child Health Care Utilization Services: A Logistic Model’ in 6th ASIA International Conference organized by Connecting Asia and University of Technology, Malaysia on 18-19 December, 2020.
95. Presented paper titled “Urdu translation and cross language validation of defense style Questionnaire-40 for parents of children with ASD.” in 2nd international conference 2021 understanding hidden disabilities: creating a resilient and inclusive world, December 3rd, 2021, organized by foundation university, Islamabad.
96. Presented paper titled “The development and initial validation of perceived autism related stigma by association scale” in 2nd international conference 2021 understanding Hidden Disabilities: Creating a Resilient and Inclusive World, December 3rd, 2021, organized by foundation university, Islamabad.

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

97. Presented paper titled “Risk and protective factors of Marital quality among parents of children with ASD.” In 1st International Conference on Sustainable Development Goals (localizing SDGs through academia) (29-31 March)2022 organized by Lahore College for Women University, Lahore
98. Presented paper titled “Adaptation, Urdu Translation and Validation of stigma Conscious Questionnaire for Women Undergoing Assisted Reproductive Technology Treatment” in 1st International Conference on Sustainable Development Goals (29-31 March)2022 organized by Lahore College for Women University, Lahore
99. Presented paper titled “Mediational Role of Marital Commitment in Marital forgiveness, Attributions and Marital Burnout” 1st International Conference on Sustainable Development Goals (29-31 March)2022 organized by Lahore College for Women University, Lahore
100. Presented paper titled “Urdu Translation and Validation of Social Well-Being Scale on University Students” 1st International Conference on Sustainable Development Goals (29-31 March)2022 organized by Lahore College for Women University, Lahore
101. Presented paper titled “Adaptation, Urdu Translation and Validation of Husband Support Scale for Women Undergoing ART treatment” in 1st International Conference on Educational, Clinical and Social Psychology: An Indigenous Perspective on Challenges and Opportunities (5th-7th) October, 2022 organized by the Department of Applied Psychology, the Women University, Multan.
102. Presented paper titled “Adaptation, Urdu Translation and Validation of Husband Support Scale for Women Undergoing ART treatment” in 1st International Conference on Educational, Clinical and Social Psychology: An Indigenous Perspective on Challenges and Opportunities (5th-7th) October, 2022 organized by the Department of Applied Psychology, the Women University, Multan.

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD

Department of Psychology, GC University, Lahore

103. Presented paper titled “Stigma by Association among Parents of Children with ASD: A Qualitative Study” in 1st International Conference on Educational, Clinical and Social Psychology: An Indigenous Perspective on Challenges and Opportunities (5th-7th) October, 2022 organized by the Department of Applied Psychology, the Women University, Multan.
104. Presented paper titled “Urdu Translation and Validation of Communication Pattern Questionnaire-Short Form (CPQ-SF)” in 1st International Conference on Educational, Clinical and Social Psychology: An Indigenous Perspective on Challenges and Opportunities (5th-7th) October, 2022 organized by the Department of Applied Psychology, the Women University, Multan.
105. Presented paper titled “” in International Conference on Contemporary Issues in Sociology and Public Health (iccisph-2022) organized by the Department of Sociology, Burhanuddin Zakariya University Multan.
106. Paper presented titled “Does Gender Matter in Forgiveness, Attributions and Commitment in Marriages? at 2nd international conference on gender studies held on 15th to 16th December, 2022.
107. Paper presented titled “Risk Factors of Marital Quality among Parents of Children with ASD: Does Gender Matter? at 2nd international conference on gender studies held on 15th to 16th December, 2022.
108. Presented paper titled “Perceived Social Support and Psychological Distress among Drug Abusers: The Moderating Role of Need to Belong” in Two Days International Conference on *“Prevention, Treatment and Rehabilitation for Substance Use Disorder: Issues & Challenges”* (28th & 29th December 2022) organized by the Department of Applied Psychology NUML Rawalpindi

g. Professional Development

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

a) Courses Attended

1. Attended courses on Health Psychology at Medical School, University of Sussex, UK During September to March, 2012-2013.
2. Completed a three months course on “Structural Equation Modelling” advanced statistical analysis through AMOS from the School of Psychology University of Sussex (UK) from January 24 to March 28, 2013
3. Eight Week workshop on “Quantitative Technique Analysis: Hands on Experience through SPSS from UMT, Lahore from March 7-to April 26, 2008.
4. Course on Administrative Training and Financial Management from August 4-12, 2008 organized by In-service Training College for the Teachers of Disabled Children, Lahore
5. 16th Provincial Basic Training Course for Senior Guide Leaders from February 16-24, 1999 organized by Guide House 5- Habib Ullah Road Lahore

b) Resource Person of Workshops/Trainings and invited Lectures

1. Conducted one day workshop at GC University on “Exploratory Factor Analysis” on 19-05-2011
2. Conducted one day workshop at GC University on “Structural Equation Modelling” on 20-11-2013
3. Conducted one day workshop at GC University on “Interpretative Phenomenological Analysis” on 21-11-2013
4. Conducted one day workshop at Beacon house National University, Lahore on “Interpretative Phenomenological Analysis” on 24 October, 2013
5. Conducted workshop at GC University, Lahore on “Qualitative Analysis” November, 2013
6. Conducted workshop at Beaconhouse National University, Lahore on “Interpretative Phenomenological Analysis” October 23, 2014
7. Conducted one day workshop on “Interpretative Phenomenological Analysis (IPA)” at NIP, Quaid – e- Azam University, Islamabad on November 11, 2014.

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

8. Conducted one day workshop on “Interpretative Phenomenological Analysis” (IPA) at GC University, Lahore on May19, 2015
9. Conducted one day workshop on “Interpretative Phenomenological Analysis” (IPA) at Kinnaird College for Women Lahore on October 2, 2015
10. Lecture on “Role of Emotional Intelligence in classroom setting” May 28, 2015, Indigenous on Campus Training Program under University Governance Programmed” organized by QEC GC university Lahore
11. Delivered lecture titled ““Low Emotional Intelligence: A Risk Factor for Depression”” in Clinical & Developmental Research Progress Interest Group (CDRIP) at University of Sussex (UK).
12. Conducted two-day workshop on “Test Construction, Standardization and Commercialization in Psychology” at University of Gujrat (26-27 July, 2017)
13. Delivered lecture “Emotional Intelligence and Adult Learning” on October 17, 2018 in Cascading 5-Day Workshop for Faculty of GCU” organized by QEC GC university Lahore
14. Conducted a workshop on IPA at Institute of Clinical Psychology, Beaconhouse National University, Lahore (14 November, 2018, 31st January, 2019, and 15 November, 2019)
15. Conducted a workshop on Qualitative Psychology at Post Graduate Islamiyah College Cooper Road, Lahore (November, 22nd, 2018)
16. Conducted Two Day Workshop on “Tool Development: EFA & CFA’ In Center for Clinical Psychology University of The Punjab Lahore (8th & 9th March, 2019)
17. Conducted Two Day Workshop on “Scale Development for Research in Social Sciences” at Department of Applied Psychology, GC University, Faisalabad (25th & 26th February, 2020)
18. Conducted One Day Workshop on “Scale Development for Research in Psychology’ at Foundation University, Islamabad (March 11, 2020)

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

19. Conducted a workshop on IPA at Institute of Clinical Psychology, Beaconhouse National University, Lahore (24 December, 2020).
20. Conducted one day workshop on “Challenges and Problems Faced by Students 2021 in Research Projects” organized by Young Psychologists Association (YPA)
21. Resource person of Seminar titled “wellbeing and Mental Health of Caregivers” organized by The Erudite Collective on May 30th, 2021.
22. Resource person in a seminar on “Accept, Aware and Treat” organized by Say Global foundation on May 25, 2021.
23. Conducted a workshop on IPA at Institute of Clinical Psychology, Beaconhouse National University, Lahore (16 December, 2020).
24. Conducted a workshop on “Construction of Research Instrument in Clinical Psychology” at Center for Clinical Psychology, University the Punjab, Lahore (17 November, 2021).
25. Conducted a workshop on Epistemology and Application of IPA at Center for Clinical Psychology, University the Punjab, Lahore (15 December, 2021).
26. Conducted One Day Workshop on “Scale Development with Reference to Drug Addiction at University of Central Punjab, Lahore (March 7, 2022)
27. Conducted workshop on “Conducting Data Analysis in Psychology by using Interpretative Phenomenological Analysis on 06-10-2022 in 1st International Conference on Educational, Clinical and Indigenous Perspective on Challenges and Opportunities (5th-7th) October, 2022 organized by the Department of Applied Psychology, the Women University, Multan.
28. Conducted One Day Workshop on “Qualitative Research Design” at FCCU, Lahore (November 18, 2022)

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

29. Imparted Training in “Faculty Induction Training (17 July to 1st August, 2023) on 1) Students’ Developmental Needs; 2) Building Rapport and Establishing Trust; 3) Students Success and wellbeing; and 4) Academic Planning and Goal Setting
30. Conducted Promotion Linked Training (BS-19-BS-20) for college teachers on ‘Beautification of College Campus’, organized by Punjab Higher Education Department
31. Conducted Promotion Linked Training (BS-18-BS-19) for college teachers on ‘Substance Use/Drug Addiction among Youth-Dealing with Behavioral Addiction’, organized by Punjab Higher Education Department
32. Conducted One Day Workshop on “Qualitative Research Design” at FCCU, Lahore (October 24, 2024)
33. Conducted One Day Workshop on “IPA” at Department of Psychology, Beaconhouse National University Lahore (December 6, 2024)
34. Conducted Pre- Conference Workshop on “IPA” at Center for Clinical Psychology, University of the Punjab Lahore (December 12, 2024)
35. Conducted Two Day Workshop on “Qualitative Research in Psychology” in collaboration of Pakistan Institute of Living and Learning, Lahore Center on 12-13 February, 20225 for their researchers in Lahore
36. Conducted Two Day Workshop on “Qualitative Research in Psychology” in collaboration of Pakistan Institute of Living and Learning, Lahore Center on 24-25 April, 20225 for their researchers in Multan
37. Conducted Two Day Workshop on “Qualitative Research in Psychology” in collaboration of Pakistan Institute of Living and Learning, Lahore Center from 12-13 February, 20225

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD

Department of Psychology, GC University, Lahore

38. A resource person for a seminar on “ Role of Sports in the Development of Gratitude, Grit and Growth” Organized by the Department of Sports Sciences, Bahauddin Zakariya University, Multan on 20-05-25.

Trainings workshops as a HEC-NAHE Trainer

39. Conducted Two Day Workshop on “Qualitative Research in Psychology” in collaboration of Pakistan Institute of Living and Learning, Lahore Center from 12-13 February, 2022
40. Conducted a training workshop organized by **HEC-NAHE** (Higher Education Commission of Pakistan and National Academy of Higher Education) on four modules of “Psychological Wellbeing of Teachers and Learners” for the first cohort of the participants selected under the Interim Placement of Fresh PhDs (IPFP) at University of Veterinary Sciences Lahore on 16-12-2024
41. Conducted a training workshop organized by **HEC-NAHE** (Higher Education Commission of Pakistan and National Academy of Higher Education) on four modules of “Psychological Wellbeing of Teachers and Learners” under National Faculty Development Program for the teachers of University of Okara on 10-01-25
42. Conducted a training workshop on organized by **HEC-NAHE** (Higher Education Commission of Pakistan and National Academy of Higher Education) four modules of “Psychological Wellbeing of Teachers and Learners” for the second cohort of the participants selected under the Interim Placement of Fresh PhDs (IPFP) at regional office of HEC Lahore on 15-02-25
43. Conducted a training workshop organized by **HEC-NAHE** (Higher Education Commission of Pakistan and National Academy of Higher Education) on four modules of “Psychological Wellbeing of Teachers and Learners” under National Faculty Development Program for the teachers of University of Sahiwal on 18-05-25

c) Conferences, Seminars and Workshops Organized and Attended

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

1. Organized (Chief organizer) A 3-Day International Conference on Health Psychology: issues and Challenges at GC University, Lahore 26-28 April, 2017
2. Organized (Chief organizer) A 3-Day International Conference on Gender, Religion, and Culture in Psychology: Issues, Challenges, and Prospects at GC University, Lahore 17-19 December, 2018
3. Attended a two-day workshop on organized by LUMS in FutureED Summit 2024 on 21-22 September
4. Attended Three Seminars, organized by Department of Psychology, GC University Lahore, May 19-20, 2022 by Prof. Dr Aneeq Ahmed on
 - a) Social Breakdown Endangering Human Health & Growth
 - b) Psychology of Gender Differences; Then and Now”
 - c) Spiritualism
5. Attended Two Days workshop on Research Methods, Organized by Department of Psychology, GC University Lahore, May 19- 20, 2022 by Prof. Dr Aneeq Ahmed
6. Attended workshop on Cognitive Behavior Therapy, Organized by Clinical Psychology Unit, GC University Lahore, on 14 June, 2022 by Dr Iram Zehra Bokhari.
7. Attended Two Days workshop on Dialectical Behavior Therapy. Organized by Department of Psychology, GC University Lahore, 6-7 December, 2021
8. Attended a workshop titled “Fundamentals of Hypothesis Testing” by Dr. Muhammad Imran Qureshi (Founding Director Connecting Asia, held on June 5, 2021
9. Attended a workshop titled “How to Undertake Research and Publish in the Social Sciences” by Prof. Dato' Dr. Rajah Rasiah, held on Saturday, December 12, 2020, organized by CONNECTING ASIA in collaborating with EMERALD PUBLISHING

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD

Department of Psychology, GC University, Lahore

10. Attended a workshop titled “PUBLISH IN HIGH IMPACT JOURNALS (ELSEVIER)” Prof. Dr. Jiří Jaromír KLEMEŠ, held on December 12, 2020, organized by CONNECTING ASIA in collaborating with EMERALD PUBLISHING
11. Attended a workshop titled “HOW TO PUBLISH IN HIGH IMPACT JOURNALS” by Prof. Dr. İlhan ÖZTÜRK, held on Wednesday, December 16, 2020, organized by CONNECTING ASIA in collaborating with EMERALD PUBLISHING
12. Attended a workshop titled “PANEL DATA ANALYSIS USING STATA” Dr. Syed Ahmad Gillani, held on December 13, 2020, organized by CONNECTING ASIA in collaborating with EMERALD PUBLISHING
13. Attended a workshop titled “Advances in writing systematic literature reviews and meta-analysis” by Dr. Muhammad Imran Qureshi, held on December 17, 2020, organized by CONNECTING ASIA in collaborating with EMERALD PUBLISHING
14. Attended a two-Day workshop for Editors of HEC Recognized Journals (21-22 March 2018)
15. Organized and attended a workshop on “The Magic of Self-hypnosis: A Truly Powerful Way to Transform Your Life” by Dr Oskan Hassan Mehmedagi CEO Midfield, UK (February 11, 2020)
16. Organized and attended a seminar on Attention and Spirituality by Dr Aneeq Ahmed (January 16, 2020)
17. Organized and attended Seminar on “Healing Power of Sura e Rehman” by MS Sadaf Gillani (January 14, 2020)
18. Organized and attended Memorial lecture: Current Imagery Research and Dr Akhter Ahsan by international and national speakers (December 18, 2019)
19. Organized and attended a two-Day workshop on “Eidetic imagery” by Dr Akhtar Ali Syed, Head of Psychology Department at Brothers of Charity in Waterford, Ireland (17-18 December, 2019)

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

20. Organized and attended a workshop on CBT with children by Dr Nigar Gohar Khwaja, Associate professor (Queensland university of Technology, Australia) (November 7, 2019)
21. Organized and attended Building Emotional Muscles for Dealing with Daily Life Hassles by Miss Saima Sulman, Founder and Director of Rational Living Inc. PVT Ltd, Singapore (September 23, 2019)
22. Organized and attended seminar on Systematic review by Muhammad Usman (PILL) (December 5th, 2019)
23. Organized and attended 100-year Legacy of Dr Muhammad Ajmal by National speaker from various institutions (December 23, 2019)
24. Organized and attended a workshop on “Interpretative Phenomenological Analysis” by Dr Saima Ehsan, Assistant Professor, Foundation University, Islamabad (April, 24, 2019)
25. Organized and attended a workshop on ‘Forgiveness Education’ by Dr Iffat Batool, Assistant professor, Department of Psychology, GC University, Lahore (April 26, 2019)
26. Organized and attended a seminar on ‘Muslim Perspective in Psychology’ by Dr Amjad Tufail, President, the Advancement of Muslim Psychology in Pakistan (October 24, 2018)
27. Organized a seminar on Drug Addiction, prevention and rehabilitation’ by Dr Mussafa Butt (13 November, 2018)
28. Organized and attended one day workshop on ‘Grounded Theory’ by Dr Mujeeba Ashraf Assistant prof. IAP, the university of Punjab (19 November, 2018)
29. Organized and attended a workshop on ‘Color Therapy’ by Dr Samina Azeemi, Assistant Prof. Head Physics department, Gulberg college Lahore (November 20, 2018)
30. Organized and attended a workshop on ‘Forgiveness Education’ by Dr Iffat Batool, Assistant professor, Department of Psychology, GC University, Lahore (November 27, 2018)

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD

Department of Psychology, GC University, Lahore

31. Organized and attended a seminar on PhD process and More: Reflections of External Examiners, by Christopher Allen Lewis, Professor at Center for education Studies, the university of Warwick, UK (December 19, 2018)
32. Organized and attended a workshop on 'Why do good people do bad things' by Dr Vincent Egan, Associate professor of Forensic Psychology Practice, University of Nottingham, UK (December 20, 2018)
33. Organized and attended a one-day workshop on 'Quality in Qualitative Data Collection' by Dr Richard de Visser from the University of Sussex, UK at GC University, Lahore on April 25, 2017
34. Organized and attended a one-day workshop on 'Regression Analyses' by Dr Ashiq Ali Shah from the University of Kwantlen, Canada at GC University, Lahore on May 07, 2017.
35. Organized and Attended a Two-Day Workshop on MANOVA from 24-26th May, 2017 by Prof. Dr Aneeq Ahmed of Henderson State University, USA
36. Organized and Attended a Two-Day Workshop on Experimental Designs and Analysis of Variance from 18-19 May, 2017 by Prof. Dr Aneeq Ahmed of Henderson State University, USA
37. Organized and Attended a Two-Day Workshop on Discriminant analysis from 29-30 May, 2017 by Prof. Dr Aneeq Ahmed of Henderson State University, USA
38. Organized and Attended a Two-Day Workshop on Cluster Analysis and Multi-Dimensional Scaling from 5-6th June, 2017 by Prof. Dr Aneeq Ahmed of Henderson State University, USA
39. Organized and Attended a Two-Day Workshop on Exploratory and Confirmatory Factor Analysis from 1-2nd June, 2017 by Prof. Dr Aneeq Ahmed of Henderson State University, USA
40. Organized and attended a two-day workshop on "Cognitive Behavior Therapy for the Patients with Depression and Chronic Illness" from 7-8th March, 2017 by Dr. Syeda Razia Bukhari NIP, Quaid-e Azam University, Islamabad

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD
Department of Psychology, GC University, Lahore

41. Participated in a seminar titled “UN Women’s 2018-2022 Strategic Planning Consultation on 18 May, 2017 at Luxus Grand Hotel organized by UN- Women Pakistan
42. Organized and attended a 3 days’ workshop on Structural Equation Modeling through (SEM) AMOS from 21-23 2016 September at GCU Lahore by Dr. Jamil Malik NIP, Quaid-e Azam University, Islamabad
43. Attended Autism awareness and Management Seminar held on 15 November, 2015 organized by the Department of Psychology in collaboration of ASDRC, Lahore
44. Participated Drug Abuse Awareness among Youth on June 16, 2015 organized by the Department of Psychology in collaboration of Addiction Canada, Lahore
45. Organized and attended a one-day workshop on Grounded Theory on 23rd June, 2014, organized by Women institute of Leadership Learning LCWU by Dr. Aneeq Ahmed
46. Attended seminar titled “Mechanism underlying the effects of delta-9-tetra hydro cannabinol: Modelling a risk factor for Schizophrenia” on 29th June, 2012 organized by Sussex Psychosis Research Interest Group (SPRIG) UK
47. Attended seminar titled “Childhood Maltreatment: Measurement Issues, Specificity and Mechanisms” on 30th December, 2012 organized by Sussex Psychosis Research Interest Group (SPRIG) UK
48. Attended seminar titled “Psychosis Research Seminar” on 28th September, 2012 organized by Sussex Psychosis Research Interest Group (SPRIG) UK
49. Attended seminar titled “Psychosis through my Eyes: A Patient’s Perspective” on 26th October, 2012 organized by Sussex Psychosis Research Interest Group (SPRIG) UK
50. Attended seminar titled “Don’t Worry even if you’re sure they’re out to get...Developments in CBT for Psychosis” on 25th January, 2013 organized by Sussex Psychosis Research Interest Group (SPRIG) UK

CV

Prof. DR. SYEDA SHAHIDA BATOOL, PhD

Department of Psychology, GC University, Lahore

51. Attended a workshop on Doing Discourse Analysis on 28th March, 2011 by Miss Amina Tarar from GC University Lahore
52. Attended a workshop on How to Write a Research Article on 10th June, 2011 by Dr Shamama Tus Saba from GC University Lahore
53. Attended a Two-Day workshop on Regression analysis on 7th to 8th June, 2011 by Dr Shamama Tus Saba from GC University Lahore
54. Attended a workshop on Theory Building on 23rd May, 2011 by Dr Asir Ajmal from GC University Lahore
55. Attended a workshop on Finding Happiness in Life on 20th May, 2011 by Dr Shabbir, A. Rana from GC University Lahore
56. Attended and participated in an interactive workshop on Developing Counselling Package for Victims of Domestic Abuse 26th March, 2004 conducted in collaboration of university of Punjab and University College London under Higher education Commission of Pakistan

h. Services Rendered

a) University Level

1. Chairperson Department of Psychology from June 17 2016 to April 24, 2020
2. Member Academic Council since 2016
3. Member Advanced Studies and Research Board (AS& RB): 1st term from 2013 -2016 and 2nd term from 2019-2022.
4. Focal person/of MoU between GC University Lahore and University Technologie Mara, Malaysia signed on October 06, 2021
5. Warden New Hostel GC Lahore (Jan 11, 2019- March 11, 2020)
6. Member Grievance Redressal Committee for Honhaar Scholarship Program

CV

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7. Appointed as a Member Independent Advisory Committee to Monitor the Working of GCU Hostel Committee (March 12, 2020).
8. Ex-Convener and currently member Board of Studies Department of Psychology, and Clinical Psychology Unit. GC University Lahore
9. Ex-Editor and currently Associate Pakistan Journal of Social and Clinical Psychology, published by the Department of Psychology, GC University Lahore
10. PhD coordinator and Ex- MS (I/O) and MPhil coordinator
11. Ex- Focal person of Department for Quality Enhancement Cell and for external Linkages
12. Member departmental Scientific Committee
13. Ex-Convener Admission Committee Department of Psychology GCU Lahore and A-Levels GCU Lahore
14. Organizer inter universities quiz competition in mental health week organized by the Department of Psychology, GCU Lahore

b) National/International Level Services

1. Member vice chancellor's special project (VCSP 2024) of University of Mara, Malaysia
2. Member Board of Governors (HEC Nominee as a subject expert) of National Institute of Psychology (NIP), Centre of Excellence, Quaid-i-Azam University, Islamabad (from 26-03-2024-26—05-2027)
3. Member Board of Studies (BoS), Department of Humanities, Comsat University Islamabad
4. Member Board of Studies (BoS) Lahore College for Women University Lahore
5. Member Board of Studies (BoS) Center for Clinical Psychology, the University of Punjab (2018-till date)
6. Member Board of Studies/ Board of Faculty (BoS/ BoF) Institute of Psychology, Beacon house National University, Lahore (2018 till date)
7. Member Board of Studies (BoS) Department of Psychology, Lahore Leeds University

CV

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Department of Psychology, GC University, Lahore

8. Member Board of Studies (BoS) Department of Psychology, Virtual University of Pakistan (VU)
9. Member Board of Studies (BoS) Department of Psychology, University of Jhang
10. Member Departmental Tenure Track Review Committee (DTRC) in Department of Psychology, University of Gujrat,
11. Member Departmental Tenure Track Review Committee (DTRC) in Center for Clinical Psychology, University of Punjab
12. Member Departmental Tenure Track Review Committee (DTRC) in Department of Psychology, Lahore College for Women University
13. Member Departmental Tenure Track Review Committee (DTRC) in Department of Applied Psychology, GC University Faisalabad
14. External Associate Editor of NUST Journal of Social Sciences & Humanities (NJSSH), Published by NJSSH, NUST, Islamabad.
15. Member Advisory board” The Journal of Gender and Social Sciences”, Fatima Jinnah Women University
16. Consultant Editor “Journal of Behavioral Sciences” Institute of Applied Psychology, The University of Punjab, Lahore
17. Consultant Editor “Pakistan Journal of Professional Psychology: Research and Practice” Center for Clinical Psychology, The University of Punjab, Lahore
18. Consultant Editor “Journal of Research and Reflections in Education” Education University, Lahore
19. Reviewer/Consultant Editor “Asian Journal of Social Psychology” Impact factor journal Listed in JCR
20. Reviewer/Consultant Editor of journal “Psychology, Health & Medicine” Impact factor journal Listed in JCR
21. Reviewer/Consultant Editor “The Journal General Psychology” Impact factor journal Listed in JCR

CV

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22. Reviewer/Consultant Editor “Current Psychology” Impact factor journal Listed in JCR
23. Reviewer/Consultant Editor “Heliyon” Impact factor journal Listed in JCR
24. Reviewer/Consultant Editor “The Australian Health Review” Impact factor journal Listed in JCR
25. Reviewer/Consultant Editor “International Journal of Environmental Research and Public Health,”
Impact factor= 4.614 journal Listed in JCR
26. Reviewer/Consultant Editor “Pakistan Journal of Medical Research” published by Pakistan Health
Research Council
27. Ex-Member Board of Studies (BoS) Kinnaird College for Women Lahore (2013-2015)
28. External Examiner PhD, MPhil, MS Clinical Psychology, and BSc, Center for clinical psychology,
the University of Punjab, University of Sargodha, Beacon house National University Lahore, Lahore
College for Women University
29. Member of a Committee for admission in PhD or equivalent programs in the Center for Clinical
Psychology, the University of Punjab, Lahore
30. External examiner/paper setter for Punjab Public Service Commission (PPSC).
31. EX Member Technical Review Committee for theses of MS Clinical Psychology University of
Central Punjab (UCP).
32. Co-opt Member Selection Board Queen Merry College, Lahore, GCWU, Sialkot, GCWU,
Faisalabad, GCWU, Multan, University of Home Economics, Lahore College for Women
University, University of Gujrat, GCU Faisal Abad, Bahauddin Zakariya University, Multan, the
Virtual University, Lahore
33. Member Departmental Tenure Track Review Committee (DTRC) in Department of Psychology,
University of Gujrat, Center for Clinical Psychology, University of Punjab, and Lahore College for
Women University

CV

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Department of Psychology, GC University, Lahore

34. Member Scientific Committee of Asia International Conference (AIC-2021) and other international conferences
35. Member Selection Board of University of South Asia Lahore from 31-08-2023 to 31-08-2026
36. Member committee to conduct the test GRE (general and subject) for MS/MPhil. PhD program of Institute of Applied Psychology

i. Research Supervision

BS / MSc research supervision	80 Completed 08 in progress
MPhil, and MS I/O Psychology research supervision	80 Completed 03 in progress
PhD Supervision	16 Completed 05 in progress
Post Doctorate Project Supervised	01 Completed
Total Completed	177

j. Countries Visited

Name of Country	Year	Purpose of Visit
Malaysia	2019	International Conference
Iraq	2019, 2015	to Visit Holy places
Iran	2017, 2015, 2013	Cultural visit, international conference, and to visit Holy places
Turkey	2016	International Conference
Arab Emirates (Dubai, Sharjah, Ajman, Abu Dhabi)	2014	International Trade & Academic Research Conference (ITARC)
Saudi Arabia	2014	Ummrah
United Kingdom	2012	Post doctorate