



Dr. Rabia Iftikhar

Incharge/Assistant Professor

Clinical Psychology Unit
Department of Psychology
Government College University Lahore
Consultant Clinical Psychologist (PATS)
MSc (Psy), MS (Clin. Psy), PhD (Psy) GCUL

Experience

2017–Present

Assistant Professor (BPS-19, Regular) • Clinical Psychology Unit,
Department of Psychology • GCUL

2012–2017

Lecturer (BPS-18, Regular) • Clinical Psychology Unit, Department of
Psychology • GCUL

2012–Present

Clinical Psychologist • PATS (Psychological Assessment & Therapeutic
Services) • GCUL

2011–2012

Lecturer (Regular) • Department of Psychology • University Of
management & Technology (UMT)

2010–2011

Editorial Assistant • Pakistan Journal of Social and Clinical Psychology
(PJSCP) • GCUL.

2008–2010

Senior Research Associate • HEC funded project “ socio-economic
impacts and behavioral responses of the communities towards the
environmental degradation in Rechna-Doab watershed” • **GCUL**

2007–2008

Internship • USAID project • Provincial Assembly of the Punjab (PAP).



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[http://www.gcu.edu.pk/
ClinicalPsyc.htm](http://www.gcu.edu.pk/ClinicalPsyc.htm)



Education

2008-2016: PhD psychology (GPA: 3.12)

Dept. of Psychology, GCU, Lahore.

Description of the course:

- ✓ Advanced research methodologies
- ✓ Advanced statistical methods
- ✓ Advanced SPSS analyses
- ✓ Teaching methodology
- ✓ Assessment and testing

2005-2007: M.S. Clinical Psychology (GPA: 3.41)

Dept. of Clinical Psychology, GCU, Lahore.

Description of the course:

- ✓ Psychological assessment and management of children with psychiatric and developmental problems.
- ✓ Psychological assessment and therapy of adults having neurotic or psychotic disturbances.
- ✓ Assessment and management of children in the mainstream schools. (School psychology)
- ✓ Forensic psychology as an optional paper.
- ✓ Research Project on “**Evaluating a cognitive behavioral group intervention program with aggressive children**”.

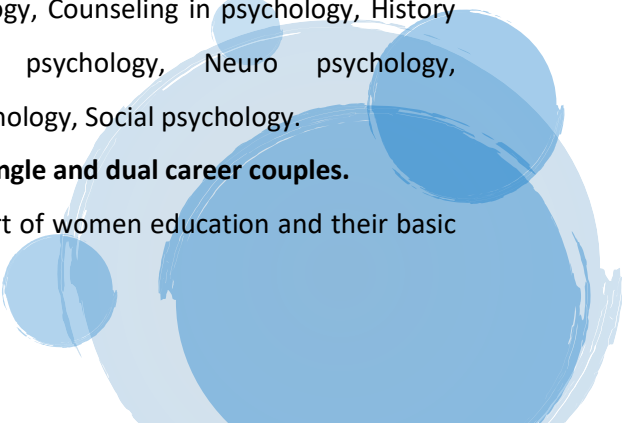
2003-2005: M.Sc. Psychology (GPA: 3.43; 3rd position)

Dept. of Psychology, GCU, Lahore

Subjects: Clinical psychology, Abnormal psychology, Experimental psychology, Research in psychology, Psychological testing, Statistics in psychology, Counseling in psychology, History and systems in psychology, Neuro psychology, Developmental psychology, Social psychology.

Thesis: Marital coping among single and dual career couples.

Social Practicum: Neglect on part of women education and their basic





needs.

2001-2003: *Bachelors Degree (612/900; 1st Div.)*
Lahore College for women university Lahore

Subjects: Psychology, Education, and Persian.

1999-2001: *Intermediate (681/1100; 1st Div.)*
Lahore College for women university Lahore

Subjects: Psychology, Education and Physical Education.

1997-1999: *Matriculation (616/850; 1st Div.)*
The Cathedral High School, Hall Road Lahore

Subjects: Biology, Physics and Chemistry.

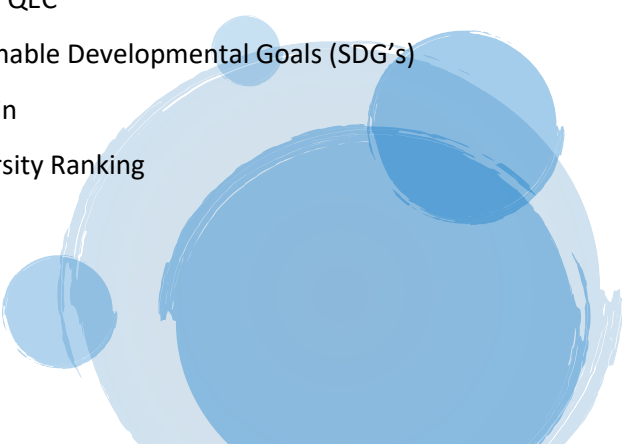
Teaching & Research

PhD/MPhil/MS: Teaching and Research Supervision

PhD: Introduction to Clinical Research, Research Methods in Clinical Research, writing up, presenting and publishing papers, Core Areas of psychology.

MS Clinical: Psychodiagnostic I & II (child & Adult), Abuse and trauma Management, Assessment of School Children, Research Methods, Forensic Psychology, Gerontology, Ethics in Clinical psychology.

Administrative Responsibilities

- Incharge of Clinical Psychology Unit
 - Appointed as Member of Board of Parole and Probation Department, Government Punjab Prisons
 - Working as a Focal person of QEC
 - Unit's Focal person of Sustainable Developmental Goals (SDG's)
 - Unit's Focal person of Turnitin
 - Unit's Focal person of University Ranking
 - Coordinator of PhD Program
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- Member discipline committee

Consulting Editor

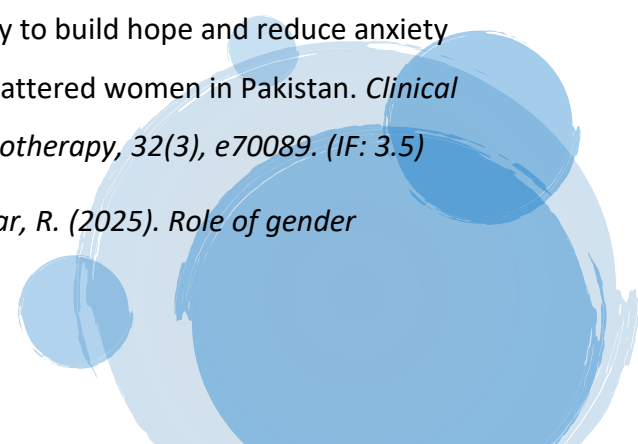
National Journals

- Pakistan Journal of Social & Clinical Psychology
- Journal of Behavioral Sciences (JBS), PU, Lahore
- Pakistan Journal of Professional Psychology: Research & Practice
- Rawal Medical Journal
- Foundation Journal of Psychology

International Journals

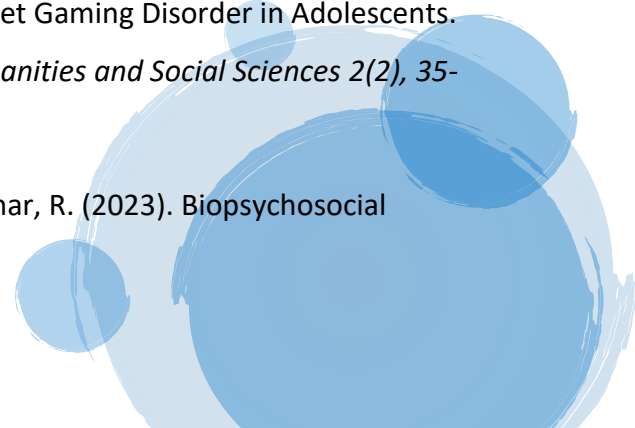
- Journal of Aggression, Conflict and Peace Research
- Journal of Experimental Child Psychology

Research Publications

1. Shaheen, T., & Iftikhar, R. (2025). Psychosocial Determinants of Celebrity Workshop Syndrome in Adolescents. *Journal of Research and Reviews in Social Sciences Pakistan*, 8(1), 2889-2907.
 2. Tahir, K., Iftikhar, M., & Iftikhar, R. (2025). *Repressive/Defensive coping identity confusion and social stress in non-suicidal self-injury among psychiatric patients. Foundation University Journal of Psychology*, 9(1), 11-20.
 3. Nisar, S., Yu, L., Iftikhar, R., & Enright, R. (2025). Forgiveness Therapy to build hope and reduce anxiety and depression in battered women in Pakistan. *Clinical Psychology & Psychotherapy*, 32(3), e70089. (IF: 3.5)
 4. Hashmi, F., & Iftikhar, R. (2025). *Role of gender*
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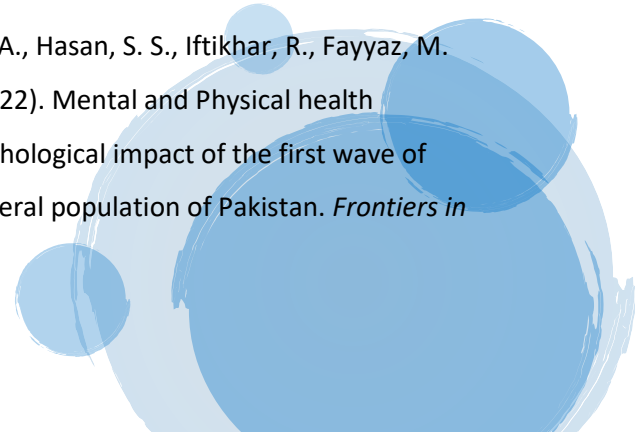
- differences in Prosocial behavior and friendship quality in school children, 6(3), 193-404.*
5. Ali, S. M., Iftikhar, R. (2024). Cross cutting symptoms, liver function and perceived immune status as predictors of quality of life in patients with hepatitis B and C: the mediating role of social support and resilience. *Current Psychology, 43(38)*, 29954-29963. (IF 2.6)
 6. Iftikhar, K., & Iftikhar, R. (2024). Dark Triad Personality Traits impulsivity and aggression in adolescents. *Foundation University Journal of Psychology, 8(2)*, 11-20.
 7. Ranjha, N, S., & Iftikhar, R. (2024). Prevalence of Thanophobia in general population of Punjab during Covid-19 pandemic, *Foundation University Journal of Psychology, 8(2)*, 89-100.
 8. Kausar, R., & Iftikhar, R. (2024). Construction of Self report Indigenous Measure: The Pedophilic Interest Scale for child sexual abuse perpetrators in Pakistan. *Pakistan Journal of Criminology, 16(4)*, 547-563.
 9. Batool, W., & Iftikhar. R. (2024). Examining the Impact of Childhood Experiences, Perceived Stress, and Coping Strategies on Internet Gaming Disorder in Adolescents. *UCP Journal of Humanities and Social Sciences 2(2)*, 35-54.
 10. Ali, S. M., Iftikhar, R. (2023). Biopsychosocial





Determinants of Quality of Life in Patients with Hepatitis B and C. *Pakistan Journal of Health Sciences*, 85-92.

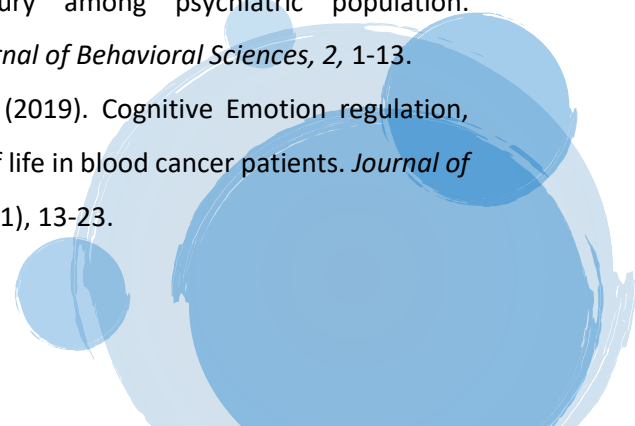
11. Ali, S. M., Tarar, A., Nasir, A., & Iftikhar, R. (2023). Victim blaming, prior history to sexual victimization, support for sexually assaulted friends, and rape myths acceptance as predictors of attitudes towards rape victims in general population of Pakistan. *Egyptian Journal of Forensic Sciences*, 13(1), 1-20.
12. Ali, S. M., Iftikhar, R., & Fayyaz, M. U. (2023). "It is all her fault": Psychosocial correlates of the negative attitudes towards rape victims among the general population of Pakistan. *Egyptian Journal of Forensic Sciences*, 13(2), 1-10.
13. Tasleem, S., Ijaz, T., & Iftikhar, R. (2022). Pubertal changes and Mental Health: The Mediating role of body image dissatisfaction in adolescent girls. *Pakistan Journal of Professional Psychology Research and practice*, 13(2), 1-12.
14. Saleem, A, R., Iftikhar, R., Ali, S. M., & Majeed, A. (2022). Effects of caffeine on Mood, Memory and Attention. *Pakistan Journal of Medical & Health Sciences*, 16(10), 541-545.
15. Akram, F., & Iftikhar, R. (2022). Preliminary Psychometric properties of Relational Betrayal Trauma Scale. *Pakistan Journal of Social Research*, 4(3).
16. Ali, M., Lewis, CA., Hasan, S. S., Iftikhar, R., Fayyaz, M. U., & Anjum, F, A. (2022). Mental and Physical health correlates of the psychological impact of the first wave of COVID-19 among general population of Pakistan. *Frontiers in*





Psychology, 13:942108 (**Impact Factor 4.23**)

17. Ali, M., Hasan, S. S., & Iftikhar, R. (2021). Acute stress disorder and over general Autobiographical memory: An experimental Approach. *Webology*, 18(2), 1960-1967.
18. Kanwal, M., & Iftikhar, R. (2021). Manifestation of Spermatorrhoea (Male Hysteria) in adulthood – A Grounded Approach. *Pakistan Journal of Clinical Psychology*, 20(1), 1-12.
19. Iftikhar, R., & Malik, F. (2021). Psychometric Testing and Semantic Validation of Child Abuse Screening Tool in Urdu Language. *Pakistan Journal of Education* 38(2), 92-131, 2021.
20. Haroon, z., Iftikhar, R., Kim, J. J., Volk, F. & Enright, E. (2021). A randomized controlled trial of a forgiveness intervention program with female acid attack survivors in Pakistan. *Clinical Psychology & Psychotherapy*, 28(4), 917-928. (**Impact Factor 3.198**)
21. Ashraf, A. & Iftikhar, R. (2021). Emotional response bias, autistic traits and Paranormal beliefs in patients with OCD. *Journal of Pakistan Medical Association*, 71(6) 1597-1600. (**Impact Factor: 0.781**)
22. Tasleem, S., Ijaz, T., & Iftikhar, R. (2020). Development of self-report measure on pubertal changes for school going adolescent. *Rawal Medical Journal*, 45(1), 158-162.
23. Iftikhar, M., Iftikhar, R. (2019). Characteristics and features of non- suicidal self-injury among psychiatric population. *Electronic Research Journal of Behavioral Sciences*, 2, 1-13.
24. Kanwal, S., Iftikhar, R. (2019). Cognitive Emotion regulation, optimism and Quality of life in blood cancer patients. *Journal of Behavioral Sciences*, 29(1), 13-23.

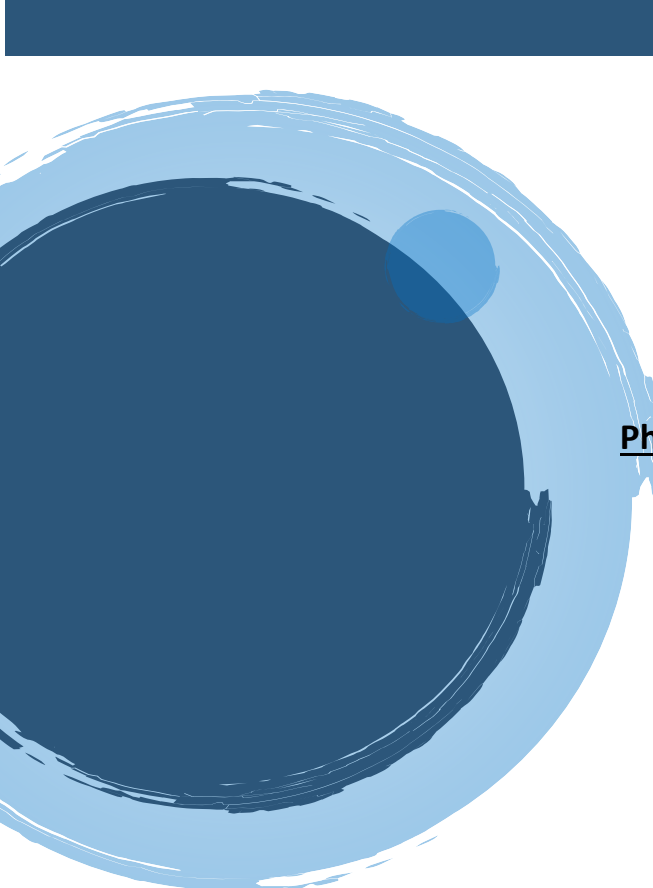




25. Rahman, A., Iftikhar, R., Kim, J., & Enright, R. D. (2018). Pilot Study: Evaluating the effectiveness of forgiveness therapy with abused early adolescent females in Pakistan. *Spirituality in Clinical Practice*, 2326-4500. **(Impact Factor 1.107)**
26. Rauf, M., Iftikhar, R., & Raza, A. (2018). Psychological distress, spirituality and quality of life in cardiac patients. *Rawal Medical Journal*, Vol 43(4), 729-732.
27. Mujtaba, A., Malik, F., Iftikhar, R. (2015). Anger, depression and locus of control among heavy smokers, cannabis users and heroin addicts. *International Journal of Indian Psychology*, 3(1) 50-66.
28. Iftikhar, R., & Malik, F. (2014). Translation and adaptation of aggression questionnaire on Pakistani cohort. *Pakistan Journal of Social and Clinical Psychology*, 12(1), 38-44.
29. Sabah, S, S., Gilani, N., & Iftikhar, R. (2012). Ravens progressive matrices: Psychometric evidence, gender and social class differences in middle childhood. *Journal of Behavioral Sciences*, 22(3),
30. Khan, N, Y., Ghafoor, N., Iftikhar, R., & Malik, M. (2011). Urban annoyances and mental health in the city of Lahore, Pakistan. *Journal of urban Affairs*, 1-19.
31. Iftikhar, R. (2010). An antisocial personality: case of a never-Incarcerated man. *Pakistan Journal of Social and Clinical Psychology*, 8(1), 66-72.
32. Malik, F., Khawar, R., Iftikhar, R., & Saeed, S. (2010). Impact of terrorism on people of Pakistan: Construction of an indigenous scale. *Pakistan Journal of Social and Clinical Psychology*, 8(2), 91-118.

Book Publication



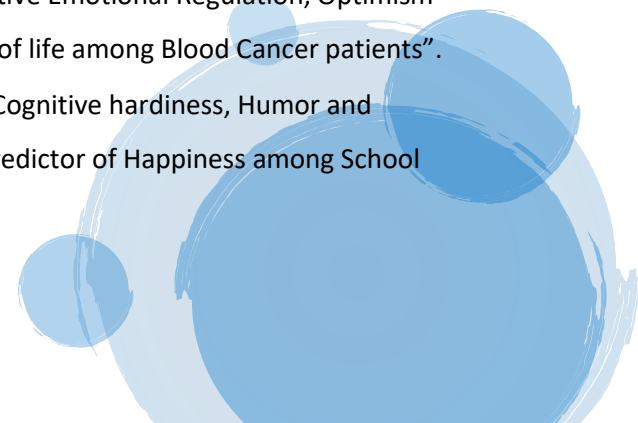
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- ✓ Iftikhar, R. (2012). *Anger Management group with aggressive Children*. Germany: LAP Academic Publishing GmbH & Co.KG

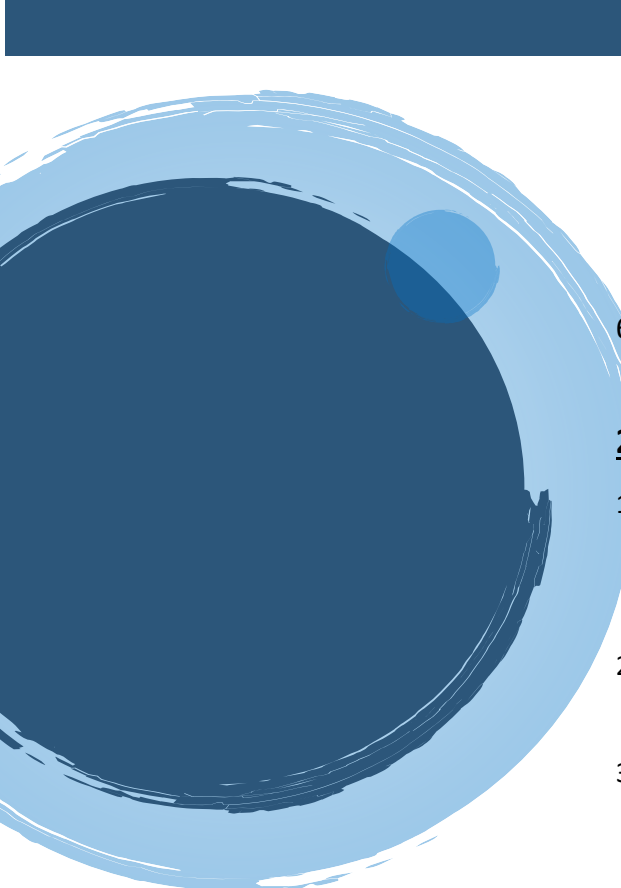
PhD Dissertation Supervised and Completed

- Supervision of Ms. Rukhsana Kausar (2025) PhD Dissertation title “Preying on Children; Development and Validation of Pedophilia Assessment Scale and Predictors of Pedophilia”
- Supervision of Ms. Fouzia Akram (2024) PhD Dissertation title “Predictors and Outcomes of Relational Betrayal Trauma in Clinical and Non Clinical Samples”.
- Supervision of Syed Messum Ali (2024) PhD Dissertation titled “Biopsychosocial Determinants of Quality of Life of Patients of Hepatitis B and C”.
- Co-Supervision of Ms. Shumaila Tasleem (2021) PhD Dissertation titled “Pubertal changes and Mental Health problems: The role of Life orientation in adolescents girls”.

MS Theses Supervised and Completed

2013-2014

1. Thaseen Yazdani (2104) “Sense of Coherence, Interpersonal Needs and Codependency among Caregivers of Bipolar Patients”.
 2. Affaf Rahman (2014) “Evaluating the Effectiveness of Forgiveness Therapy on Abused Children”.
 3. Hina Ayesha (2014) “Rejection sensitivity, Cognitive Emotion Regulation and Internalizing and externalizing Psychopathology in Destitute Children”.
 4. Sadia Kanwal (2014) “Cognitive Emotional Regulation, Optimism and Health Related Quality of life among Blood Cancer patients”.
 5. Samina Mahmood (2013) “Cognitive hardiness, Humor and Emotional Intelligence as predictor of Happiness among School Children”.
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6. Sadia Khan (2013) "Borderline personality, alexithymia, impulsiveness and personality traits among University students."

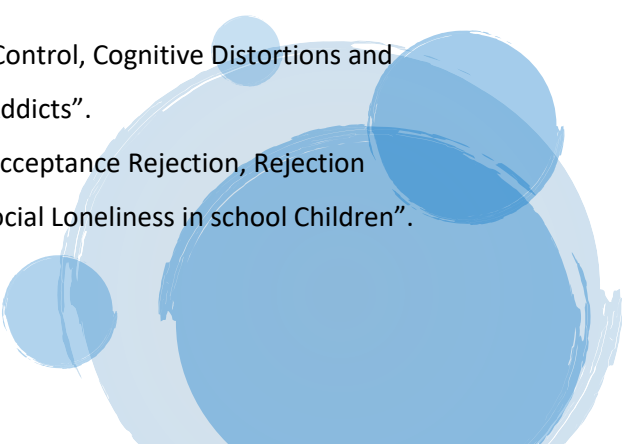
2015

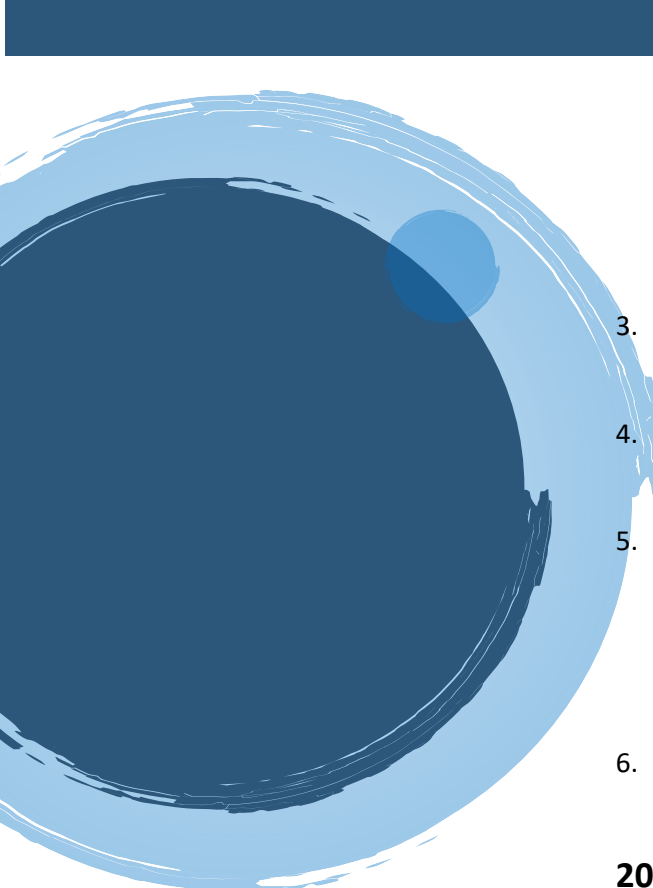
1. Ansa Naveed (2015) "Spirituality, Introversion/Extroversion and Life Orientation in the Academic Achievement of University Student".
2. Haleema Abdul Hayee (2015) "Perceived Parenting, Frustration Intolerance, Resilience and Impulsivity Among Drug Addicts".
3. Maryam Iftikhar (2015) "Repressive/Defensive Coping, Identity Confusion and Social Stress in Non-Suicidal Self Injury among Psychiatric Patients".
4. Saba Sattar (2015) "Intrinsic/Extrinsic Aspirations, Perceived Stress and Life Satisfaction among University Students".
5. Sana Mubeen (2015) "Development and Validation of Indigenous Ambiversion Scale and its Relationship with Academic Performance".
6. Aneela Ihsan (2015) "The Incidence of Study Anxiety and Conversion Symptoms in School Children".

• MS Child Guidance and Educational Counselling

7. Aqsa Ashfaq (2015) "The Effect of Cyber Bullying and School Bullying on the Psychological Distress of High School Adolescents".
8. Subreen Amjad (2015) "Emotional Intelligence, Social Skills and Quality of friendships on Academic Performance of School Children".

2016

1. Jaweria Nazeer (2016) "Self-Control, Cognitive Distortions and Psychopathic Traits in Drug Addicts".
 2. Ifrah Syed (2016) "Parental Acceptance Rejection, Rejection Sensitivity, Aggression and social Loneliness in school Children".
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3. Ayesha Ashraf (2016) "Autistic Traits, Paranormal Beliefs and Emotional Response Bias in OCD Patients".
 4. Zaineb Humayun (2016) "Effectiveness of Forgiveness Therapy in dealing with anger and hope of Females Acid Burn Victims".
 5. Masooma Rasheed (2016) "Theory of Mind, Emotion Recognition and Processing and Attributional basis: The Role of Social Cognition in Schizophrenia".

MS TopUp Clinical Psychology

6. Kiran Javed (2016) "Development of an Indigenous Scale on the Cognitive Errors in Children".

2017

MS TopUp Clinical Psychology

Yousaf Raza (2017) "Loneliness, Emotional Regulation and Life Satisfaction among the Empty Nest Elderly of Punjab".

MS Child Guidance and Educational Counselling

1. Afifa Ikram (2017) "Psychological Distress, Psychological Adjustment and psychopathic Traits in Day Scholars and children in Boarding Schools"

2019

1. Maria Rashid (2019) "Psychological Symptoms of Nomophobia, Psychological Wellbeing and Academic Achievement of University Students"
 2. Abdul Raffay Saleem (2019) "The Effects of Caffeine and Caffeine Withdrawal on Mood, Memory and Mindful attention awareness of University Students"
 3. Kiran Iftikhar (2019) "The Dark Triad, Impulsivity and Aggression in School Children".
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4. Saniya Habib (2019) "School Based REBT Intervention Program for Internalizing Problems in Adolescents"
5. Maria Kanwal (2019) "Manifestation of Spermatorrhoea (male-hysteria) in Early Adulthood: A Grounded Approach".

MS Child Guidance & Educational Counseling

6. Rida Mohsin (2019) "Fluid Intelligence, Creativity and Emotional Intelligence in Early Adolescents".
7. Rabia Idress (2019) "Parental Differential Treatment, Emotional Behavior Problems and Sibling Relationships in school children"
8. Qudsia Noor (2019) "Peer victimization, frustration tolerance and disruptive behavior among young adolescence".

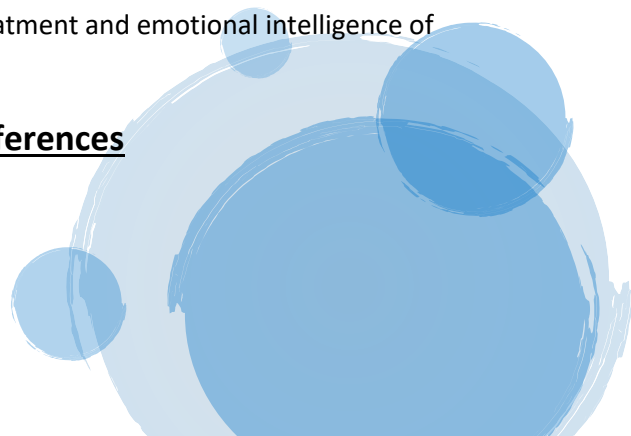
2020

1. Zunaira Shabbir (2020) "Development and Validation of Psychological Binge Watching scale".
2. Tahira Shaheen (2020) "Psychological predictors of celebrity worship syndrome in adolescent".
3. Juveriya Hassan (2020) "Emotional Intelligence, Impulsivity, mental health and quality of life in police officers".
4. Aqsa Chaman (2020) "Effect on Lexical Decision and working memory in school children"

MS Child Guidance & Educational Counseling

5. Khadija Saeed (2020) "Factorial structure and measurement of revised cognitive error scale for school children"
6. Farwa Yousaf (2020) "Parental discord, physical abuse, parental differential treatment and emotional intelligence of bullies in schools".

Papers presented in Conferences





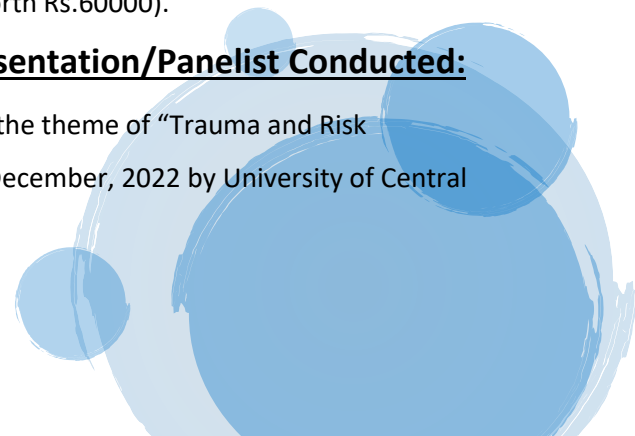
- ✓ Kanwal, S. & Iftikhar, R. (2017). Cognitive Emotional Regulation, Optimism and health related quality of life among blood cancer patients”. Presented at the International conference on Health Psychology on April 2017.
- ✓ Iftikhar, R. & Ajmal, A. (2010). Evaluating a cognitive behavioral group intervention program with aggressive children. Proceedings of the 1st International Conference on Forensic Psychology, GC University Lahore.
- ✓ Iftikhar, R. & Ajmal, A. (2010). Anger Management Group: A Qualitative Study. Proceedings of the 1st International Conference on War on Terror, University of Peshawar, Baragali Campus.
- ✓ Iftikhar, R. & Sarwar, A. (2010). Marital coping among single and dual career couples. Proceedings of the Conference on Women education, Empowerment and Social change, Islamic International University.

Research Grants & Contracts

- ✓ ORIC GCU Funded project worth 200k.
- ✓ Seed Grant Winner “Idea Design Competition by Shahoor Foundation worth 100k
- ✓ "Lived experiences of substance abusers: A Qualitative study funded by Chughtai Labs of worth Rs. 125,000
- ✓ Psychological and sociological conditions of street children by UNICEF in 2011 (Supervising & completed three mini projects under this project of worth Rs.60000).

Seminar/workshop /Presentation/Panelist Conducted:

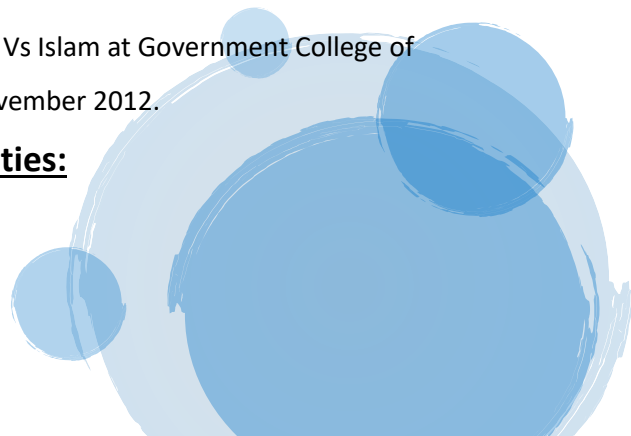
- ✓ Invited as a Panelist on the theme of “Trauma and Risk Management” on 20th December, 2022 by University of Central Punjab Lahore.

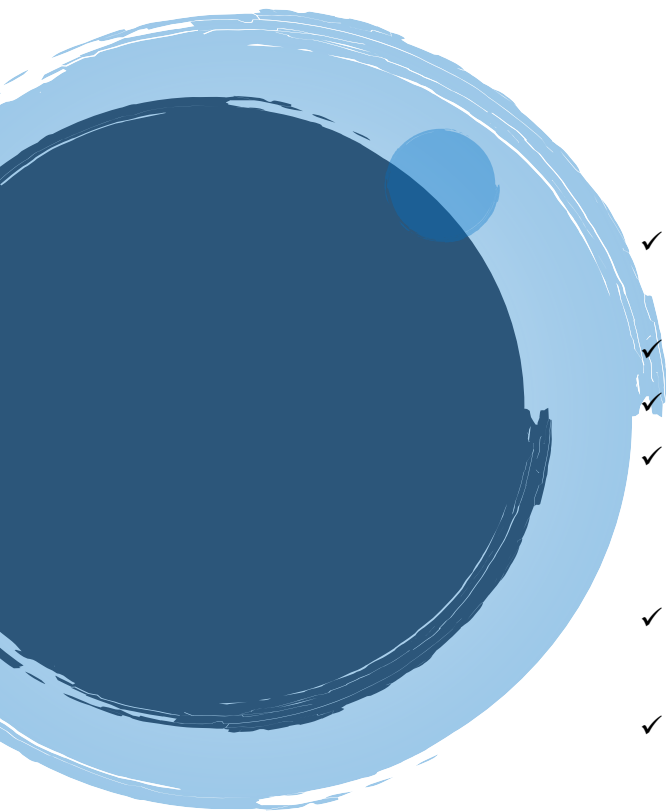




- ✓ Conducted workshop on “Assertive Training: learn to say no to violence” on 29th November, 2022 as a part of 16 days of activism on violence against women at Women Development Centre, GC University Lahore.
- ✓ Invited as a Panelist on the theme of “Make mental health and well-being for all a global priority” on 28th October, 2022 by Bahria University Lahore.
- ✓ Conducted workshop on “Anger Management of University Student” on 23 June, 2022 at GCUL in collaboration with Women Development Center.
- ✓ Attended a seminar on “Faiz, love and hazards of love” by World Psychiatric Association Continuing Professional Development on March, 2022.
- ✓ Panelist on Young Psychological Association Forum on child abuse and Neglect on October, 2020
- ✓ Police Psychology: Issues and research on December 2019.
- ✓ Anger management with police personnel on March, 2019.
- ✓ Qualitative Research Designs at UCP on July 2019.
- ✓ Role of forensic Psychology in clinical settings at UCP on March, 2018.
- ✓ Dealing with emotional Behavioral problems in school children at The Punjab Schools on July 2017
- ✓ How to manage anxiety at Beaconhouse School System on November 2017.
- ✓ Emotion Regulation of destitute women on Women’s Day, 2017
- ✓ Jado ki Haqiqat: Science Vs Islam at Government College of Home Economics on November 2012.

Profession Related Activities:

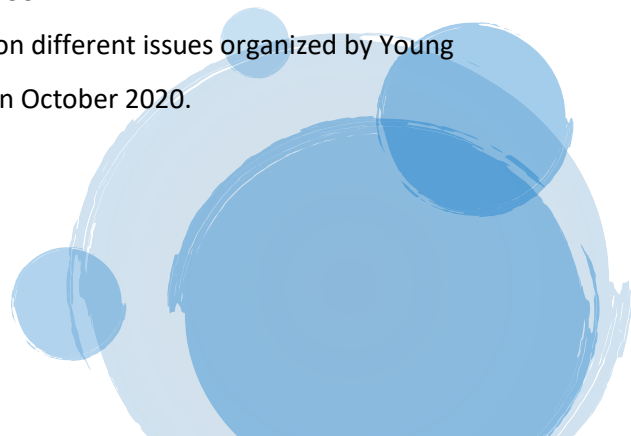


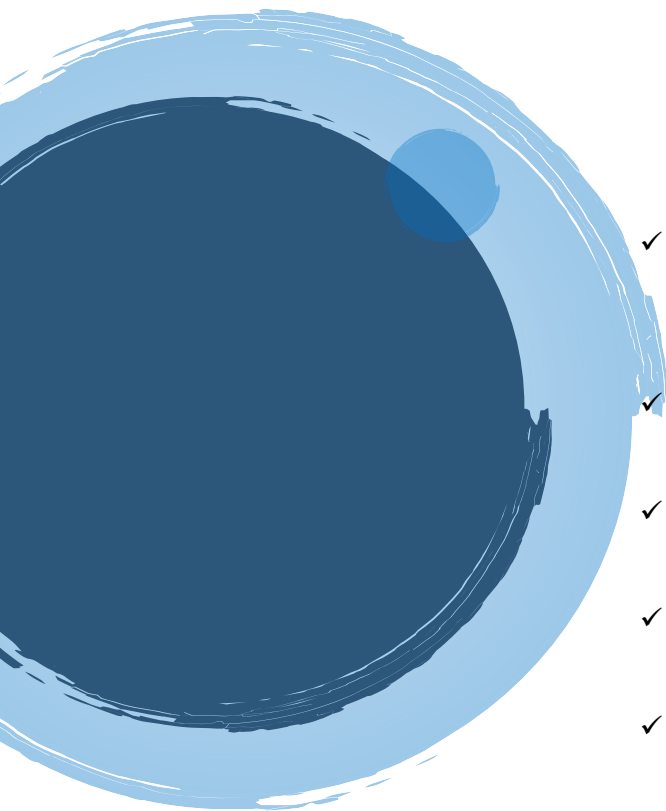


- ✓ I am Member of International Prevention of Child Abuse & Neglect (ISPCAN)
- ✓ I am Member of Theory of Mind research group UK
- ✓ I am executive member of Learning Style Group NY: USA.
- ✓ I worked as a volunteer in organizing the Pakistan Association of Clinical Psychologist (PACP) conference on Depression and Earthquake (2006).
- ✓ I worked as a workshop assistant with Bushra Rani in her workshop on "HIV/AIDS prevention". (7th July, 2006)
- ✓ I participated in organizing Mental Health Symposium in G.C. University, Lahore. (2003 & 2004).
- ✓ I participated in intercollegiate poster competition on domestic violence and child abuse and won first prize.
- ✓ I am an active member of Pakistan Association of Clinical Psychologists (PACP).

Conferences, Workshops, Seminars Attended:

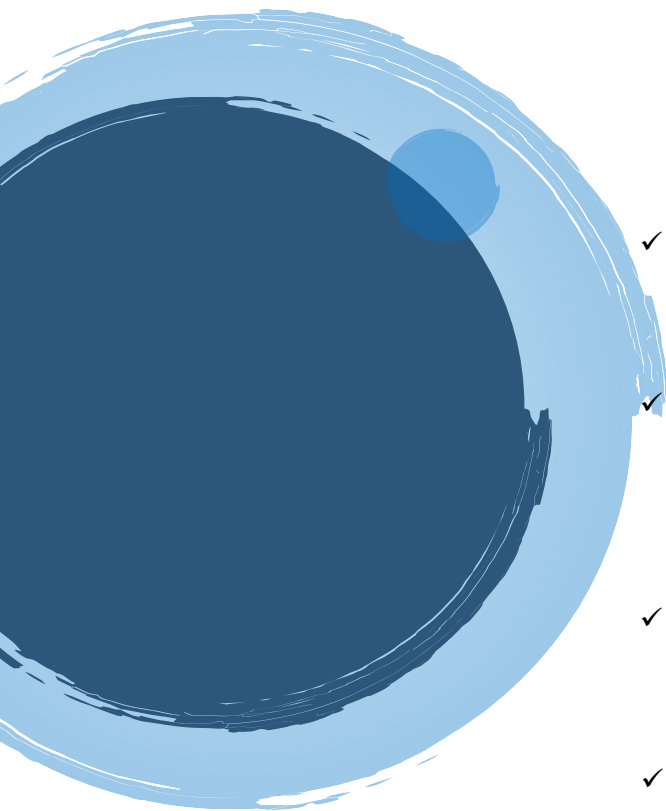
- ✓ One day workshop by Greenstar on Youth Awareness Program "Khud ko Pehchaano" on 21 October, 2022.
- ✓ Attended two days conference "18th Annual Muslim Psychology Conference on "Mental Health and Well-being: A global Priority" on 18-19th October, 2022.
- ✓ One day training workshop for women in learning and leadership under "fostering critical thinking and entrepreneurial skills in young women for gender inclusive socioeconomic development" on 11th October, 2022 at GCUL.
- ✓ One day panel discussion on different issues organized by Young Psychologist Association on October 2020.



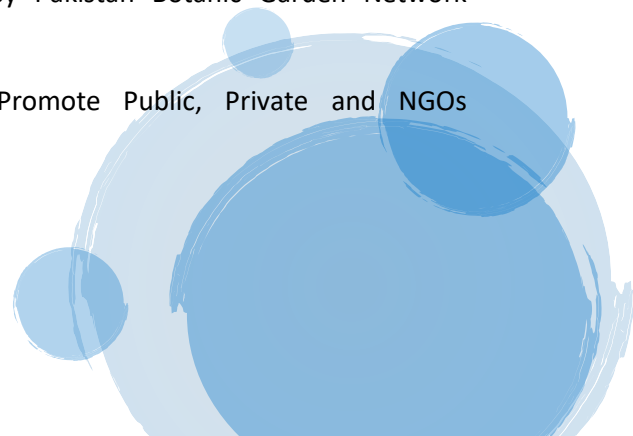


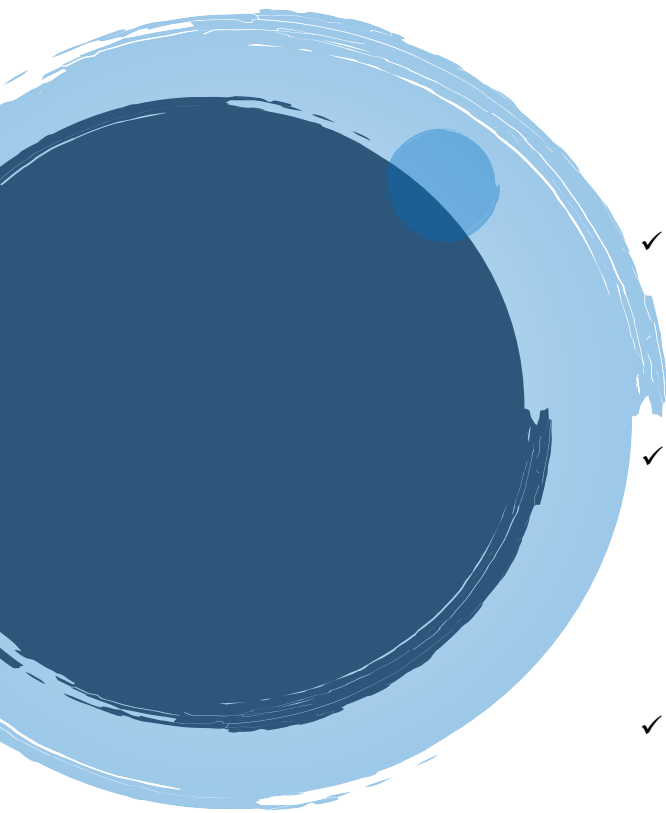
- ✓ 3 day 1st national Conference on Social Psychiatry organized by Psychiatric Welfare Association & Pakistan Association of social Psychiatry on March 2018 at Bhurban Muree.
- ✓ 3 day International conference on Health Psychology: Issues and Challenges” at GCUL on April 2017
- ✓ One day workshop on NLP and Timeline Therapy by Oskan Mehmadi on August 2014.
- ✓ Two days’ workshop on “Transactional Analysis” by Rukhsana Khan on October, 2014.
- ✓ One day workshop on “dealing with juvenile delinquents” by Dr. Farah Malik on March 2013
- ✓ Psychology of Extremism by Dr. Shehzad Shafqat at University of Management & Technology, Lahore on 5th November 2012.
- ✓ Assistive Technology for Persons with Disability by Zakia Shah Nawaz at University of Management & Technology, Lahore on 15th October, 2012.
- ✓ Role of Psychologists in Special Schools by Abdullah Khan Sumbal at University of Management & Technology, Lahore on 2nd October, 2012.
- ✓ MRI: The “SPIN” on SPIN by Dr Muhammad Sabieh Anwar at University of Management & Technology, Lahore on 18 September, 2012.
- ✓ Awareness and Environmental Control of Dengue Epidemic by Rana Mehsood Deputy Speaker, Provincial Assembly of the Punjab at University of Management & Technology, Lahore on 22nd May, 2012.
- ✓ Neurosensory Perception and Reflexes in Human Cognition by Dr Omayr Mehmud at University of Management & Technology, Lahore on 11th May, 2012.



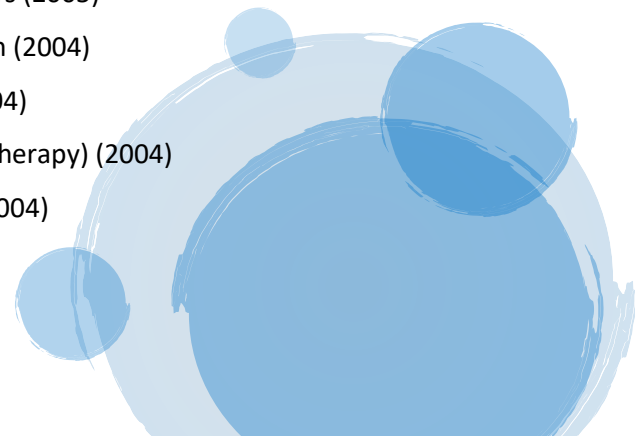


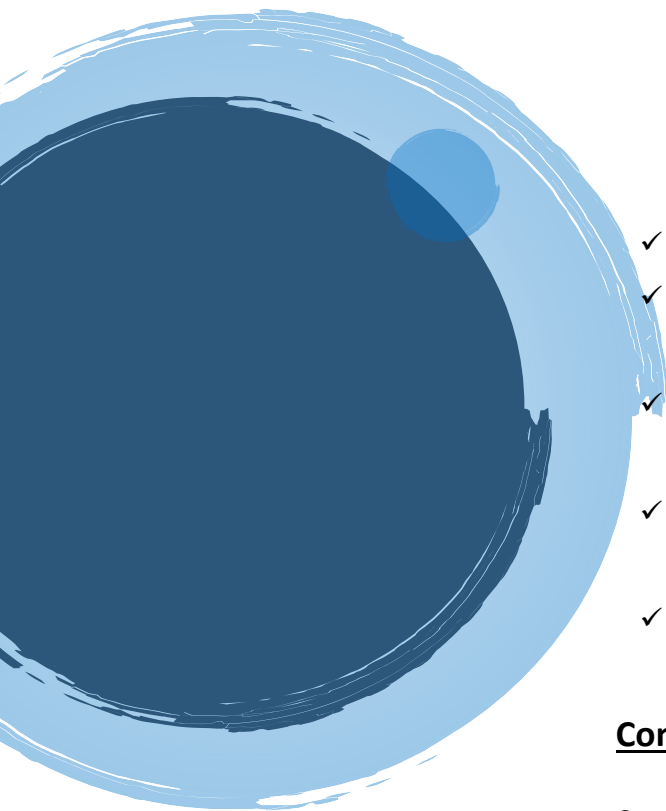
- ✓ Indigenous Models of Inclusive Education by Dr Abdul Tawab at University of Management & Technology, Lahore on 9th May, 2012.
- ✓ Awareness on Drugs by Imtiaz Ali at Awareness and Environmental Control of Dengue Epidemic by Rana Mehsood Deputy Speaker, Provincial Assembly of the Punjab at University of Management & Technology, Lahore on 22nd March, 2012.
- ✓ The Impact of Globalization on Education in Pakistan by Dr. Neil's Petersen at University of Management & Technology, Lahore on December 2011.
- ✓ Training workshop on eidetic model of growth in people with intellectual disability and associated issues by Department of Psychology GC University Lahore in collaboration with Image Analysis Institute New York, USA on 15-17th December 2009.
- ✓ International conference on development psychopathology prevalence management and prevention by Quaid-i-Azam University, Islamabad on 13-15th October 2009.
- ✓ Training in Research methodology, information resourcing and research proposal development for Phil/PhD scholars in psychology by University of Peshawar at summer campus Bara gali on 15-17th June 2008.
- ✓ Lecture attended on "Pani Pakistan" organized by Environmental Protection Society, SDSC, GCU, based on water pollution endangering our water reservoirs, mainly the Indus River by Dr. Yasmin Rashid on 17th Mar, 09.
- ✓ Three day Conference by Pakistan Botanic Garden Network (PBGN) on "Botanic Garden, A Vehicle to Promote Public, Private and NGOs Partnership" in GCU, 2-4th Feb, 2009.





- ✓ Lecture attended on “Environmental Movements and Global Warming, their Impacts on Sustainable Development” by Shafqat Kakakhel, Advisor SDPI (Sustainable Development Policy Institute) on 26th Jan, 2009.
- ✓ Discussion on “Current Food Security Issues in Pakistan” on the Golden Jubilee Celebration of PIDE, with the collaboration of Economics Department of GC University, Planning Commission of Pakistan and Pakistan Institute of Development Economics (PIDE), Islamabad. 20th Dec, 2008.
- ✓ Training in Research Methodology, information resourcing and research proposal development for M.Phil/Ph.D scholars in psychology. (12th Annual Workshop of Psychology at the Summer Campus, Bara Gali 15-17 June 2008).
- ✓ Effectiveness of media for women Parliamentarians, (Ms Moneza Hashmi 2008).
- ✓ Budget orientation session for new Parliamentarians, 2008
- ✓ Orientation sessions for newly elected members, 2008
- ✓ Effectiveness of committee systems in business of the house, 2008
- ✓ Psychology of Terrorism (Ms. Neelam Afridi 2006)
- ✓ PACP Conference on Depression and Earthquake (2006)
- ✓ Hypnotism (Dr. Max Babri; 2006)
- ✓ Drug addiction and HIV (Bushra Rani, Nai Zindagi, 2006)
- ✓ Suicide Prevention (Dr. Safi Ullah; 2006)
- ✓ Gestalt therapy (Dr. Noman Qureshi; 2006)
- ✓ Autism Spectrum Disorders (2005)
- ✓ Mental Health Symposium (2004)
- ✓ Communication skills (2004)
- ✓ CBT (Cognitive Behavior Therapy) (2004)
- ✓ Research methodology (2004)





- ✓ Hypnosis (2003)
- ✓ Stress in students: Possible stressors at university and placement. (Ms. Rosemary; 2006)
- ✓ Stress in Teachers: Research project of Scotland. (Ms. Rosemary; 2006)
- ✓ Guidance of children with cognitive behavioral problems in school by teachers. (Ms. Angela; 2006)
- ✓ Stress in students at placement, different factors influencing stress. (Ms. Rosemary; 2006)

Computer Skills

Command on the use of Microsoft Office i.e. **Microsoft Word, PowerPoint and In Page**. In addition, experience in the use of **“Statistical Package of Social Sciences”, AMOS and E Prime Software for STROOP**.

References

[Available upon request.]

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