

Curriculum Vitae	
Name	Prof. Dr. Syeda Salma Hasan
Father's Name	Mr. Sarfraz Hasan.
Address	Department of Psychology GC University, Lahore Home Address 90-91 A I Phase I Johar Town Lahore
Qualification	PhD in Applied Psychology
	chairperson.psy@gcu.edu.pk hassandrsalma@gmail.com dr.salmahassan@gcu.edu.pk
Professional Experience	
	Joined as Chairperson Department of Psychology on 24-04-2020 till todate.
	Joined as Professor Department of Psychology on 8-12-2018.
	Joined as Associate Professor Department of Psychology on 26-5-2016.
	In charge of the Department of Psychology from 9-1-2014 to 13-7-2016.
	Joined as Assistant Professor in. Psychology G.C. University Lahore on 9-10-2004
	Joined Government College University Service as Lecturer on 9-10-2000
	Joined Government college as Lecturer on 19-6-1997
	Joined Punjab Education Department as Lecturer on Adhoc basis 17-2-1996 and posted at Government College For Women Mianwali
Teaching Experience	28 years
Research Experience	26 Years
Honors and Awards	
1.	K.B.Nanak.Buksh Silver Medal for standing first in Punjab University in M.Sc Psychology Part I&II.
2.	Roll of Honor in Psychology in M.Sc Psychology from Government College Lahore
3.	Certificate of Merit in M.Sc Psychology from Government College Lahore

4.	Certificate of Merit in M.Sc Psychology from University of the Punjab.
5.	Secured highest marks in PhD course work from Punjab University Lahore
6.	Passed all the examinations in First Division
7.	Educational visit for 15 days to Birmingham University UK under the Academic link between Birmingham University and G.C University Lahore June 24 th -6 th July, 2006.
8.	Nominated for HEC Best Teacher Award , 2011 by the Chairperson Department of Psychology GC University, Lahore.
9.	Applied for HEC Best Teacher Award , 2015 and 2016.
10.	Received “A” grade evaluations by the students since 1997.
11.	Member HEC BS Hons Curriculum Review Committee 2013
12.	Pride of the Nation Award by the Young Psychologists Association for rendering services as Chairperson of the Department during Covid -19.
13.	Nominated for the Civil Award by the Honorable Vice Chancellor GC University Lahore in 2020.
14.	University Best Teacher Award in the category of the Faculty of Chemistry and Life Sciences and overall Award (2022).
15.	HEC Best University Teacher Award 2022 in the Category of the Humanities and Social Sciences
16.	Member of the Disciplinary committee since GC University, Lahore 2024
17.	Member of the Steering Committee of Punjab Probation and Parole Department since 2022.
18.	Member of Expert team of Teaching Excellence Framework Pak-UK Education Gate Way Project of Higher Education Commission in Collaboration of British Council.
19.	Resource Person of National Academic Higher Education (NAHE) committee.
20.	Nominated by the competent authority of the High Court and conducted Psychological Assessment of Civil Judge –cum Magistrate.
21.	Selected by the HEC as a member PAK-UK Education Gate way to receive training at five UK Prestigious Universities –Aston University, Wolver

	Hampton University, University of Birmingham , University of Warwick and King's College London from 15 th to 21 st June 2025.
22.	Key note Speaker at the closing ceremony of the International Conference organized by the Pakistan Psychological Association on 25 th January , 2025. Delivered a Key note address on “Academic Pursuits and Career Development”.
Memberships and Positions Held	<p>Memberships</p> <p>Life Member Pakistan Psychological Association</p> <p>Life Member Punjab Public Library</p> <p>Member Society for Advancement of Muslim Psychology</p> <p>Member Advisory Committee Ravian Psychologists Alumni.</p> <p>Editor /Consulting Editor /Reviewers</p> <p>Chief Editor Pakistan Journal of Social and Clinical Psychology</p> <p>Editor Pakistan Journal of Social and Clinical Psychology till 2023.</p> <p>FWU Journal of Social Sciences 2014</p> <p>Journal of Behavioral Sciences</p> <p>Journal of Research and Reflections in Education</p> <p>Journal of Professional Psychology</p> <p>Journal of Counseling and Clinical Psychology</p> <p>Pakistan Journal of Psychological Research</p> <p>Journal of Applied Psychology Review</p> <p>International Journal of Archives of Psychology and Religion</p> <p>Member of the Departmental Board of Studies at other Universities</p> <p>Member Board of Studies of the Psychology Department at Beacon House National University</p> <p>Member Board of Studies of the Institute of Clinical Psychology at University of Management and Technology Lahore</p> <p>Member Board of Studies of Department of Psychology at University of Management and Technology Lahore</p> <p>Member Board of Studies of the Psychology Department at Lahore College For Women University till 2021.</p>

	<p>Member Board of Studies of the Gender Studies Department at Lahore College For Women University</p> <p>Member Board of Studies Department of Psychology at GC University Jhang.</p> <p>External Member of Evaluation Committees</p> <p>External Member of PhD Evaluation Committee at Lahore College For Women University</p> <p>External member of Quality of Enhancement Committee of Department of Psychology King Edward Medical University in 2016</p> <p>External Member of Plagiarism Committee at Lahore College University 2017.</p>
Supervision of Post graduate and undergraduate Students	
Supervision Ph D Theses	Title
1.Rabia Farooqi	Deconstructing Fear : Analysis of Fear and Related Emotional States (Completed)
2.Amina Tarar	Faith Development In Muslims: Stages and Contexts (Completed)
3.Nasreen Akhter	Conflict Management Styles among University Teachers (Completed)
4.Ghina Saleem	Epistemological Development among Adolescents, Young and Middle aged Adults (Completed)
5.Maryam Akram	Professional Development and Reflection on Teaching as Career among University Teachers (Completed)
6. Ayesha Khalid	Partner Selection Choices and Marriage Decision among Three Generations in Pakistan: Transition from Collectivism to Individualism (Completed)
7. Maria Fatima	Psychosocial Stress and Quality of life among Caregivers and Patients with Renal Dysfunction (Completed)
8. Nafja Anjum	Personality Traits , Resilience , Stress , Religious Schemas and Quality of life among Police officers of Punjab (Completed)

9. Saniya Kokab	Development and Validation of Professional Integrity Scale for University Teachers : A Mixed Method Approach(Completed)
10. Nafees Akhtar	Parental Attachment , Morality , Personality Traits and Psychological Well being among Young Adults : A Cross Cultural Study(Completed).
11. Sumaira Malik	Impact of Dietary Patterns on Psychological Distress and Executive Functioning among Young Adults (Completed).
12.Saira Maqsood	Risk and Protective Factors of Academic Vitality among University Teachers.
13. Naila Jamil	Psychosocial Correlates of Estranged Sibling Relationships and Quality of Life among Middle Aged Adults .
14.Mamoon Khan	Psychosocial Correlates of Career Decision Making , Mental Health and Quality of Life among University Students
15. Imran Mahmood	Deconstructing Pleasure : Dopaminergic Tendencies as Precursor to Hyper-Consumption and Psychosocial Cognitive Processes across Two Generational Cohorts.
M.Phil/MS Theses	Supervision of M.Phil /MS Thesis
2024-2026	Titles
1.Zunaira Hashmi	Moral Disengagement, Guilt and Shame: The Mediating Effect of Psychopathic Tendencies among Young Adults
2.Sadia Ahsan	Exploring the Precipitating Factors of Intimate Partner Violence against Young Women
3.Sehar Farooq	Childhood Trauma, Personality Traits and Psychopathic Tendencies among Probationers and Prisoners
4.Abdullah Javid	Development and Validation of Multidimensional Adolescent Needs Scale (MANS)
2022-2024	
5.Tayyaba Sheikh	Social Axioms as Predictors of Quality of Life : The Mediating Role of Culture
6. Mehreen Raza	Excessive working hours , Emotional Ambivalence, Marital Conflict, Work Performance and Job Satisfaction among Male Managers : A Mixed Method

	Study
7. Zubia Asim	Dark tetrad Personality Traits and Sexism as Predictors of Feministic Attitudes
2021-2023	
8.Huma Naqvi	Fear of Missing out, Social Self-Efficacy and Quality of life among Adolescents and Young Adults
9.Nimra Saif	Impact of Social Capital and Media Consumption on Fear of Crime among Young Adults
10.Ruqia Arif	Perceived Psychosocial Causes and Vulnerability towards Drug Addiction in University Students
11.Shakeel Ahmad	Perceived Organizational Justice, Work Place Incivility and Organizational Citizenship Behavior among Employees of Public and Private Organizations
2020-2022	
12.Faiz Younus	Identity Formation and Development in Minority Men
13.Nimra Munawar	Cyber Obsessional Pursuits, Personality Traits and Mental Health among Social Media Users
14.Muhammad Afzal	Impact of Quality Sleep on the Mental Health and Academic Performance of University Students
15.Ayesha Zulfiqar	Work Place Spirituality, Job Engagement and Job Commitment among University Students
16. Fatima Saleh	Role of Life Orientation and Strengths in the Mental Well-being and Life Satisfaction of University Students.
17.Khadeja Khan	Impact of Part Time Job on Self Esteem and Academic Achievement among University Students: A Mixed Method Study
18.Ali Haider Chattha	Workplace Bullying in Relation to Occupational Stress, Organizational Commitment and Job Performance among Police Personnel: A Mixed Method Study
19.Samra Kousar	Moral Judgment and Personality Traits among University and Madrasah Students

20.Zainab Munir	Development Psychosocial Impact of Unemployment Scale for Young Adults.
21.Hudaibia Saleem	Development of Conflict Management Styles Scale for University Teachers
2018-2020	
22.Faqiha Anjum	Ostracism,Job Stress and Psychological well being in College Teachers.
23.Zainab	Gratitude, Religiosity and Psychological Wellbeing in Early,Middle and Late Adulthood.
24.Masira Mehmood	Meaning in Life , Personal Growth initiative and Psychological Wellbeing among Young, Middle and Old Adults.
25.Amna Mehtab	Death Anxiety, Overgeneralized Memory and Subjective Wellbeing among Earth quake Survivors.
26.Hamid Hasan	Impact of Education on Creativity
27.YumnaAli	Work Place Spirituality, Ethical Behaviour and Ethical Climate in Nursing Profession.
28.Aneeqa	Impact of Emotional Exhaustion on Career Engagement and Job Hopping among Young Adults.
2017-2019	
29.Muhammad Inam Ul Haq	Determinants of Popularity of Political Parties : An Exploratory Analysis
30.Nimra Iqbal	Impact of Cyberbullying on selfesteem and Emotional wellbeing among Young adults.
31.Ummal Baneen	Sexual Harrassment, Resilience and Subjective wellbeing among Transgenders.
32.Ayesha Pervaiz	Impact of Media Violence on Aggressive and Deviant Behavior Among Young Adults.
33.Kiran Shahid	Marital Adjustment, Attachment Styles and Depression Among Married Women.
34.Yusra Amir	Career Choices, Personality Traits and Career Satisfaction Among University Teachers
35.Naeha Sajid	Impact of emotional Labor on Emotional Exhaustion and Job satisfaction

	among Private sector employees.
36.Erica Salina	Psychological Capital, Work Engagement and Organizational Commitment among the Employees of Banking Sector
2016-2018	
37.Anum Tahir	Dark Triad and Job Satisfaction Among Employees of Private Sector
38.Sana Saleem	Religiosity, Social Support and Post Traumatic Growth among Acid Burn Victims
39.Walzuha Fiaz	Work place Bullying , Psychological Distress and Job Satisfaction In Newly Hired Employees
40.Rabia Zaheer	Work Stress , Organizational Commitment and Organizational Citizen ship behavior Among Employees of Telecommunication Sector
41.Iqra Saeed	Development and Validation of a Jealousy Scale
42.Noor ul Ain	Development and Validation of a Materialism Scale
43.Aleena Ajmal	Psychopathic tendencies and Deviant Behavior in Young Adults
44.Satwat Bokhari	Machiavellianism, Narcissism, Psychopathy and Relationship Satisfaction Among Intimate Partners
45.Ainul Badra	Hoarding and Vulnerability Towards Personality Disorders among Young ,Middle Aged and Elderly Adults.
2015-2017	
46.MehrunNisa	Development of a Self Fulfilling Prophecy Scale for School Students
47.Zuha Hassan	Impact of Friendship Jealousy and Relational Aggression on the Loneliness and Self Esteem of Young Adolescents.
48.HijabSyed	Belief in Just World, Self perception and Quality of Life among Destitute and Non Destitute Women
49.Abrar Riaz	Insights into the Experiences of Murderers: An Exploration through Interpretative Phenomenological Analysis and Thematic Apperception Test
50.Maham Mubarak	Efficacy of Cognitive Behaviour therapy in Reduction of Academic Stress among University Students.
51.Amina Syed	Impact of Resilience, Religiosity, Spirituality on Stress Management among Patients of Cardiovascular Disease.

52.Affaf Amjad	Effects of Advertisements on Eating Habits of Children
53.Kashif Faheem	Impact of Change Management Strategies on Organizational Culture, Commitment and Performance : A Case Study of Merged Companies
54.Shehar Bano	Impact of Perceived Gender Discrimination on Work Motivation and Organizational Commitment of Female Employees in Private Organizations
55.Muhammad Ibrahim	Perceived Managerial Leadership Styles, Work Engagement ,Organizational Commitment and Employee Performance in Information Technology Sector
Session 2014-2106	
56.Zirwa Khalid	Intimate Partner Violence and Subjective Wellbeing among Adolescents, Young and Middle Aged Victims.
57.Wali Khan	Impact of Terrorism on the Subjective Wellbeing of Pakistani and American Young Adults
58.Messum Ali	I cannot remember exactly : The Impact of Major Depression Acute Stress Disorder and Post Traumatic Stress Disorder on the Retrieval of Autobiographical Memories
59.Awais Khan	Development of a Deviant Scale for Youth.
60.Amina Batool	Perceived Personality, Career Adaptability and Affective Organizational Commitment in Entry Level Professional Corporate
61.Madiha Ashfaq	Paranormal Beliefs, Superstitions and Thinking Styles Among Young and Middle aged Adults.
62.Tayabba Maqbool	Impact of Sexual Harassment on Subjective wellbeing of University Teachers
63.Hamid Bilal	Work Place Stress and Burnout on Professional Quality of life : A Cross Cultural Study of Chinese and Pakistani Experienced and Less Experienced Employees
64.Farah Tauqeer	Attachment Styles as Predictors of Personality Traits.
65.Azka Safdar	Job Stress and Professional Quality of Life among Main Stream and Special School Teachers.
66.Tassawar Iqbal	Vigilantism: Delayed Justice is No Justice
Session 2013-2015	
67.Sana Aslam	Quality of life of Retired Individuals

68.Asma Jabeen	Perfectionism, Achievement Goal Orientation and Academic Achievement in Undergraduate Students.
69. Afsheen kanwal	Body Image, Quality of Life and Social Support among Middle Aged Breast Cancer Patients
70.Anum Anwer	Nature and Modus operandi of crime
Session 2012-2014	
71.Ammara Nauman	Test anxiety, Study habits and Academic Achievement of Undergraduate Students
72.Zohrain Bhaur	Effect of Teacher's Feedback on Student's Selfesteem and Academic Performance of Undergraduate Students
73.Mughera Suhail	Social Anxiety and Self efficacy Among Undergraduate Students
74.Rehana Mushtaq	Religious Locus of Control, Spirituality and Psychological Well being Among Young and Middle aged adults.
75.Nadia Fatima	Academic locus of control ,Self-esteem and Academic Achievement of Undergraduate students
76.Aliya Bibi	Content of Delusions in Paranoid Schizophrenics: A Qualitative study of Caregivers and Clinicians
77.Ayesha Mansoor	Empty Nest Syndrome and Psychological Wellbeing of Middle aged Adults
Session 2011-2013	
78.Anum Rabbani	Infertility: A Stigma
79.Shaheena Bashir	Coping strategies and Psychological well being of Burn Victims
80.Kiran Saleem	Academic Procrastination and Academic Performance of Undergraduate students
81.Mehwish Riaz	The impact of Qawalli on the wellbeing of adults
82.Amina Mehmood	Academic Attribution Styles of Undergraduate Students
83.Ruhi Yousaf	Psychological well being and Coping Strategies of Parents of Hearing Impaired children
84.Quratulain Ahsan	Extraversion and Emotional Intelligence
85.Quratulain Zahoor	Friendship breakup and its Effect on Interpersonal Relationship
86.Quratulain	Test anxiety and Achievement Learning Goal Orientation of Undergraduate

	Students
87.Tayabba Afzal	Well being of Mental Health Professionals
88.Uzma Rani	Obsessive Compulsive Disorder in Females
89.Hasan Jabeer	Psychosocial Factors involved in Voting Decision
90.Nazia Qayum	Evaluation of Different Intervention Strategy of Autistic Children
Session 2009-2011	
91.Tayabba Saleem	Altruism and Subjective Well being of Young and Middle aged Men and Women
Supervised BS Hons Theses Session 2021-2025	Titles
1. Faiq Ahmad	Unveiling the Psychosocial Challenges of First-Generation Students in Higher Education
2. Tunde-Kasali Omowunmi	Impact of Childhood Abuse on Psychosocial Functioning, Antisocial and Psychopathic Tendencies in Young Adults
3. Meraj Shakoor	Psychosocial Impacts of Incarceration
4. Faqiha ishaq	Living the Burden of False Allegations: Victim's Perspective
5. Main Muhammad Sohaib Sami Muhammad Umar Fawaz Aslam Inshal Imar	Psychological Trauma and Social Stigma of Unjust Detentions in Pakistan: A Human Rights Perspective and Comparative Legal Analysis
6. Aimen Saeed Laraib Kamran	Impact of Domestic Violence on Self-Esteem,Mental Health and Quality of Life of Middle-AgedFemale Victims
7. Zona Rasheed Amna Tahir Asmah Jamil	Perception of Police Officials toward Rape
8. Mahnoor	Impact of Cyber bullying/Victimization on MentalHealth and Quality of Life of Young Adults

Laiba Kazam	
9. Shafia Illyas Ayesha Mukhtar	Impact of Perceived Infidelity on Marital Satisfaction and Quality of Life among Middle Aged Married Couples
10. Hafiza Fatima Sheeza Rehman	Personality Traits, Social Connectedness and Intrapersonal Difficulties among University Students
Session 2020-2024	
11. Ayesha Faisal Ebadat Noor Malik	Internet Addiction, Self Objectification, Cyber Victimization and Self esteem among University Students
12. Ayesha Gulraiz Minahil Tahir	Role of Dark tetrad and Mental Health of Young Adults
13. Ifra Azam Masood ur Rehman	Role of Rape Victim Empathy and Belief in a Just world in shaping the Attitudes towards Rape Victims
14. Hazeera Munawar, Hanana Mughal, Haleema Sadia	Impact of Childhood Trauma and resilience on Quality of Life among Young Adults
15. Tehreem Kamran Bisma Malik	Psychological Underpinnings of the Emotional and Cognitive Experience of Retired Judges during High Stake Trials
16. Kinaat Rafique Noor Javaid	Lived Experiences of Juvenile Delinquents
17. Zetol Ansar Suhaima Shafique	Mental Health Problems , Academic Achievement and Quality of Life University Students
18. Aaiza Nasir Fatima Ali	In the Shadow of Technology : Un Raveling Youth's Apprehensions about Artificial Intelligence and Future Considerations
19. Aamna Ahmad Maham Nofal	Para Social relationships , Attachment styles, Mental wellbeing and Selfesteem among University Students
20. Middhat Khalid	Navigating Life with Bleeding disorders, Understanding the Lived Psychological Experiences of Youth

Session 2019-2023	
21..Malik Muhammad Omer Zia Ul Abideen Zaidi	Music Representation and Induction of Emotion
22.Hamayal Ghaffar Mahnoor Azeemi Amna Anjum	Regret, Belief in a Just World , Quality of Life and Mental Health Problems among Female Prisoners
23.Areesha Ehsan Adina Tayab	Lives after Death: The Lived Experiences of the Victims of the Intentional Homicides
24.Aleshba Maqsood Nouman Hashir Jaral	Lived Experiences of Male and Female Beggars
25. Sameen Khalid Areeba Farooq Farheen Abid	Sleep Quality and Night Eating Syndrome among University Students.
26.Aymen Naseer Khokar Maaz Haider Tarar	Social Support,Coping Strategies and Quality of Life among Young Infertile Women with primary and Secondary Infertility
2018-2022	
27.Wajeeha Batool Muhammad Munib-ur-Rehman Ayesha Noor	Psychopathy and Narcissistic Tendencies among Young Adults of Authoritarian Mothers
28. Khubaib Nawaz Mubeen Anwar Adeel Ahmad Sandeel Akhtar	Development of Shah Wali Ullah's Personality Inventory

Muhammad Iqbal	
29. Arooba Habib Farhat Raza Altaf Fareeha	Cognitive Dissonance And Decision Making Among Entrepreneurs during Covid-19
30. Mohammad Meharyar Haider Saba Khalid Asad Ali Qadri	Impact of Cyber bullying Victimization on Subjective Well-being and Coping Strategies among University Students
31. Sada Nafees, Sidra Sohail and Maha Amir	Street Harassment and Subjective Wellbeing among the Female University Students.
32. Muhammad Aleem Ullah, Wasim Afzal, Noman Gulfam	Exploring the Factors of Transition of Women into Killers in Context of Punjabi Culture
Session 2016-2020	
33. Awisra Fatima , Saba Tauseef and Iteqa Ehsan	Impact of Bullying on the Self-esteem and Emotional Well being among Adolescents
34. Aiman Aslam And Yashfa Tuqeer	Perceived Health Stressors and Psychological Well Being among Young adults
35. Shahab Khan, , Rameen Arif and Zainab Usman	Psychological Well Being , Quality of Life among Young adults.
Session 2015-2019	
36. Mian Muhammad Mohsin Sattar	Lived Experiences of the Juvenile Delinquents
37. Hudaibia Saleem and Arsbha Riffat	Academic Dishonesty and Academic Achievement among the Undergraduate Students
38. Sheher Bano	Spirituality and Psychological Wellbeing among the Undergraduate Students
39. Ishtiaq Ali	Learning Strategies and Achievement Goal Orientation among the

	Undergraduate students.
40. Zainab Munir	Development of a Hypocrisy Scale
Session 2016-2020	
41. Momina Siddique	Impact of Peer Bullying on Self-esteem and Social Isolation Among Adolescents
42. Irum Raheel	Narcissism and Self-esteem Among Young Adults
43. Saeed Ahmad	Social Construction of Honor Killing Among the Natives of Sindh
44. Fariha Arshad	Academic Procrastination , Academic Self efficacy Among High and Low Academic Achievers
45. Rabia Noor Khan	Child hood Trauma, Irrational Beliefs and Self esteem Among Patients with Conversion Disorder
46. Laraib Saeed	Religious Fanaticism and Personality Traits in Youth
47. Ahamd Ali Suhail	Effect of Reconstruction Memory and Retroactive Inhibition on the Memory of the Witness
48. Hafiza Asma Javed	Separation Anxiety and Fear of School Among School Children
49. Shazma Tehreem	Post Rehabilitation Experiences of Drug Addicts
50. Hamid Hassan	Factors of Achievement Motivation Among Primary School Children
Session 2015-2020	
51. Farah Waseem	Cultural orientation, Locus of control and Self-esteem among Young adults.
52. Kiran Iftikhar	Intimate Partner Violence, Learned Helplessness and Self-esteem among Women.
53. Masood Khan	Impact of Terrorism on the Resilience of the Punjab and Pakhtun khawa Young Adults
54. Atiqa Zahid	Mono Phobia among Young Adults
55. Memoona Rehman	Self Compassion and Psychological Wellbeing among Young Adults
56. Mishal Ali	Classroom environment, Achievement learning goal orientation and Academic Performance in School Students.
57. Sehar Rafique	Body Image and Self-esteem among Obese and Non Obese Female Adolescents.
58. Maryam Ayub	Deconstructing Atheism

59. Jazib Khan	Aggression and Interpersonal Relationships Among Young Adults
Session 2014-2018	
60. Nimra Iqbal	Impact of Stalking on Young Adults.
61. Mariam Mukhtar	Impact of Significant Other's Feedback on Self-esteem and Academic Achievement of 9 th and 10 th Class Students.
62. Mohsin Ali	Internalizing and Externalizing Problems of Juvenile Delinquents
63. Noor Fatima	Ego identity Status and Self-esteem Among Adolescents.
64. Rabiyya Haroon	Perceived Inter Parental Conflicts, Sibling Relationships and Self Concept of Adolescents.
Session 2010-2014	
65. Sabaneyyah Saleem	Defense Mechanisms Among Young Adults
66. Maham Iqbal	Attitude towards Academic Cheating
67. Anisa Akram	Parenting styles of the Juvenile Delinquents
Session 2009-2013	
68. Arooj Nazir	Humor in Social Context Among Young Adults.
69. Zunaira Ishfaq	Academic Cheating : An Indigenous Perspective
Session 2008-2012	
70. Saba Walyat	Why do Women Kill : A Psychosocial Perspective
71. Iqra Tariq	Cognitive Schemas of an Ideal Spouse Among the Young Adults
72. Iram Yar Allah	Spirituality and Subjective well being of Middle Aged People
73. Hafsa Riaz	Experiencing MidLife Crisis
74. Saba Sajjad	Effect of Significant Others' Feedback on the Academic Competence and Academic achievement.
Session 2007-2011	
75. Amina Arshad	Trauma's Relationship with Teachers and their Academic Performance
76. Attiqah Nasir	Social Support and Coping Strategies of Middle aged Mastectomy Breast Cancer Patients
77. Amina Tariq	Body image and Quality of life of Breast Cancer patients

78. Zara Ashraf	Content Analysis of the Paranoid Schizophrenic Patients
79. Sumaira Nawaz	Experience of falling in Romantic love
Session 2006-2010	
80. Anum Rabbani	Internalizing and Externalizing Problems of Orphan and Non Orphan Adolescents
81. Zobha Aslam	Learning Strategies and Academic performance of Undergraduate students
82. Tayabba Saleem	Academic Competence of children of Working and non Working Mothers
83. Rahila Riaz	Psychosocial Problems of Elderly People Living in Old Homes.
84. Sajjada Tabussum	Social Support and Wellbeing of Mothers of Mentally Retarded Children.
Session 2005-2009	
85. Noor-ul-ain	Gender differences in the Salient identities of Adolescents
86. Fatima Goraya	Achievement learning Goal orientation and Academic Performance of Undergraduate students
87. Ayesha Khalid	Altruism and Subjective well being of Young Adults.
88. Maryam Rana	Effect of Humor on the Psychological Well being of Young Adults.
Session 2004-2008	
89. Shazia Gulzar	Understanding of Regret and Counterfactual Emotions in young children
Session 2004-2006	
90. Syeda Hira Jaffery	Effect of Parenting styles on the Self-esteem, Achievement Motivation and Academic Achievement of Adolescents
91. Fiaz Ahmad	Psychosocial Causes of Juvenile Delinquency
Session 2003- 2005	
92. Amna Sarood	Altruism as a function of Empathy, Religiosity and Gender
93. Hafiz Waqar	Subjective well being of Domestic Child workers.
Session 2002-2004	
94. Ayesha Majeed	Self-image and Depression in Adolescents
Session 2001-2003	
95. Salman Haider	Occupational stress in Factory Workers
Session 2000- 2002	

96. Arjumand Siddique	A Study Indicating Death Anxiety in Middle Aged People
Session 1999-2001	
97. Uzma Hyat	Study Indicating Level of well being and psychological stress in Breast cancer patients.
98. Samra Tanveer	Attitude of Cancer Patients Towards Life
Session 1998-2000	
99. Shaista Hameed	Marital Stress in Males and Females
Service Activity	University and Public Service
	Chairperson Department of Psychology GC University Since April, 2020
	Member of the Advanced Research and Studies Board since 2023
	Member of the Admission Committee May.2024
	Member of the co-curricular admission committee since May, 2024
	Member of the Disciplinary Committee March,2024
	Member of the Cultural Events of the SOCH Society May,2024
	Focal Person of the Parole and Probation Service Home Department from GC University Lahore
	Incharge / Advisor Dr. Muhammad Ajmal Psychological Society since 1997.
	Member of the Panel of Quality of Education GC University, Lahore ,April,2020
	Member Board of Faculty of Life Sciences GC University, Lahore
	Member Academic Council GC University, Lahore since 2018
	Member co-curricular based Admission committee since 2020
	Member co-curricular Awards committee since 2020 todate
	Member Ehsas scholarship committee 2020
	Member of the anti-harassment probe committee 2022
	Paper setter of the Psychology M.phil Admission Test GC university, Lahore
	Convener BS Hons, MSc, MSI/O , M.phil and PhD admission Committee

	since 2020.
	Coordinator of the workshop on Psychosocial toxicity .2021
	Member of the Panel Committee of the First All Pakistan Student Summit 2021 organized by the GC University Lahore.
	In charge Department of Psychology from 9 th January, 2014 to 13 th July,2016.
	Convener Departmental Board of Studies from 9-1-2014 to 12-7-2016. From April 2020 to date.
	Member Departmental Board of Studies since 13 th July,2016.
	Editor Pakistan Journal of Social and Clinical Psychology from 2012to 2016. 2020 to 2023.
	Chief Editor Pakistan Journal of Social and Clinical Psychology 2024.
	Co-opted member of affiliation committee of the G.C University, Lahore,2014
	Member of the University Work load Committee 2015.
	Editor of the proceedings of Two-day International conference on Social Psychology May, 2014.
	Associate Editor of the proceedings of an International conference on Developmental Psychology, 2013.
	Chief organizer of the International Conference on Social Psychology,2014
	Co-Chief organizer of Two Days Mental Health Conference in Collaboration of Advancement of Muslim Psychology Society and the Department of Psychology GC University Lahore in 2022
	Organizer of the Conference “ Mental Health is a Universal Human Right” in collaboration with Humanity Alliance Society October 2023
	PhD coordinator 2013---12 th July 2016. 2020 to date.
	Associate Editor Pakistan Journal of Social and Clinical Psychology.2016 - 2019.
	Tutorial Duty 1997-2004
	Class checking committee 1999-2011.
	B.Sc Coordinator May-Dec, 2011

	M.Phil coordinator 2010 –2013anfrom 2016-2020
	Member of the Departmental Academic Committee since 2010
Research Interests	
	Psychosocial Determinants of Academic achievement, Identity in Adolescence, Achievement Learning Goal orientation.
Areas of Interest	Educational Psychology, Developmental Psychology, Research Methods in Psychology, Social and Forensic Psychology.
Research Publications	
1.	Omer, M.M. Zaidi ,Z & Hasan, S.S. (2025).Exploring emotional resonance : listener perspectives on music that evokes positive and negative emotions .Vol.3. (2). <i>Contemporary Journal of Social Science Review (CJSSR)</i> doi: https://doi.org/10.63878/cjssr.v3i2.71
2.	Iftikhar, Hasan, S.S Hasan.,& Kazmi, M.S. (2025). Learned helplessness and self-esteem among young female victims of intimate partner violence . <i>International Journal of Social Sciences Bulletin</i> ,3, (7) 269-279
3.	Muhammad Hassan, J. & Hasan, S. S. (2024). Impact of voter gender, background and exposure on voting behavior of Pakistani citizen <i>The Mind Journal of Psychology</i> 3, (1) 59-66.
4.	Anjum, F. & Hasan , S.S. (2024).Ostracism, job stress and psychological wellbeing in college and university teachers. <i>Pakistan Journal of Psychological Research</i> .39, (3), 491-506 https://doi.org/10.33824/PJPR.2024.39.3.27
5.	Saleh, F. Chattha, A. H., & Hasan, S. S. (2024). Mental well-being and life satisfaction as the outcomes of life orientation and resilience among university students. <i>UCP Journal of Humanities & Social Sciences (HEC Recognized-Y Category)</i> , 3(1), 71–91. Retrieved from https://jbr.ucp.edu.pk/index.php/jhss/article/view/94 .
6.	Akhter, N., Francis , L.E., Sailer,A.B.,Mckenna, U& Hasan, S.S. (2024)Questioning the use in a muslim society of an IPIP measure of the Big

	<p>five factors: a problem with reverse-coded items? <i>Mental Health, Religion and Culture</i>. 1-14</p> <p>https://doi.org/10.1080/13674676.2024.2369849https://doi.org/10.1080/13674676.2024.2369849 impact factor 1.79 W category</p>
7.	<p>Akhter, N., Francis , L.E., Mckenna, U& Hasan, S.S. (2023).Introducing shorter dark tetrad for muslim societies (SD4-MS): a study among young adults in Pakistan. <i>Mental Health, Religion and Culture</i> (26),6 539-549</p> <p>http://doi.org/10.1080/13674676.2022.2029380 impact factor 1.79 w category</p>
8.	<p>Mushtaq, R. Hasan, S.S. & Khadim, R. (2023). Lived experiences of adults about religious orientation and spirituality. <i>Journal of Professional and Applied Psychology</i>. 4, (2), 266-280 Y category</p>
10.	<p>Akhtar, N., Francis, L. E, Sailer, A. B. Hasan, S. S. &McKenna , U.(2023): Introducing the psychological wellbeing scale for muslim societies (PWS-MS): a study among young adults in Pakistan, <i>Mental Health, Religion & Culture</i> doi:10.1080/13674676.2022.2139364 impact factor 1.79 W Category</p>
11.	<p>Akhtar, N., Francis, L. E, Sailer, A. B., McKenna , U.& Hasan, S. S (2023): Introducing the parental attachment scale for muslim societies(PAQ-MS): a study among young adults in Pakistan, <i>Mental Health, Religion & Culture</i>, https://doi.org/10.1080/13674676.2022.2162030impact factor 1.79 Wcategory</p>
12.	<p>Akhtar, N., Francis, L. E, Sailer, A. B., McKenna , U.& Hasan, S. S (2023): Testing the moral foundations questionnaire within a muslim society: astudy among among young adults in Pakistan. <i>Journal of Religious Education</i> (71),1-18 X category impact factor 0.8</p>
13.	<p>Kazmi,M.S., Hasan, S.S. , Murtaza, F. Arshad,S.,& Chattha , A. H . (2023). Psycho pathy and Proclivity to accept rape myths as predictors of negative attitudes to wards victims of rape : the moderating role of narcissism.</p>

	<i>Egyptian Journal of Forensic Sciences</i> 13, 42, 1-12 impact factor 1.83 W category
14.	Kokab, S. & Hasan, S. S. (2023). Perspective of professional integrity in university teachers: A qualitative study . <i>Foundation University Journal of Psychology</i> .vol.7 (1)1- 9 doi https://doi.org/10.33897/fujp.v7i1.601 Ycategory
15.	Kazmi ,A,M. Hasan,S.S.Rasheed,M&Nasir ,A.(2022).Post –traumatic stress disorder and over general autobiographical memory: An experimental approach <i>Pakistan Journal of Clinical Psychology</i> Vol. 21 (1) 13-14 Ycategory
16.	Younas, F., Hasan, S. S. ., & Qayyum, S. (2022). Exploring psychosocial factors of delinquency in juveniles: A survey investigation. <i>Human Nature Journal of Social Sciences</i> , 3(3), 276–292. Retrieved from http://hnpublisher.com/ojs/index.php/HNJSS/article/view/124 Ycategory
17.	Malik, S. & Hasan, S. S. (2022). Socio demographic variables as predictors of the dietary patterns of young adults . <i>Pakistan Journal of Social Research</i> , Vol.4, (4)638-691 Ycategory
18.	Fatima, M.& Hasan, S. S. (2022). Quality of life of patients at various stages of CKD. <i>Pakistan Journal of Social Research</i> , Vol.4, (4) 641-648 Ycategory
19.	Ali, M. Lewis, C. L., Hasan, S.S. Iftikhar, R., Fayazz.M.U,Anjum,F.A.(2022) Mental and physical health correlates of the psychological impact of the first wave of covid 19among general population of Pakistan. <i>Frontiers in Psychology</i> .Doi : 10.3389/psyg2022-942108 impact factor 4.23 Wcategory
20.	Fatima, N, & Hasan,S.S. (2022). Personality traits and stress among four forces of Punjab Police . <i>Pakistan Journal of Social Research</i> .4, 190-199Ycategory
21.	Kazmi, S. M., Rasheed, M., Butt, M. G., Batool, I., & Hassan, S. S. (2022) Psychosocial determinants of life Satisfaction in Patients with hepatitis B And

	<p><i>C. Journal of Peace, Development and Communication</i>, vol. 06, no. 02, pp. 305-320. https://doi.org/https://doi.org/10.36968/JPDC-V06-102-21</p> <p>Impact factor 0.99</p>
22.	<p>Hasan,S.S. Nauman,A.& Tarar, A. H. (2021). Experiences of test anxious undergraduate students. An interpretative phenomenological study. <i>Research Journal of Social Sciences and Economics Review</i> (2). 18-27 Ycategory</p>
23.	<p>Tarar, A. & Hasan, S.S. & Keller,B (2021).Faith styles and perceptions of other faiths among muslims. <i>Archive for the Psychology of Religion</i>.1-24</p> <p>Impact factor .047 W category</p>
24.	<p>Ali,Y.& Hasan,S.S. (2021).Work place spirituality, ethical behavior and ethical climate in nursing profession. <i>Pakistan Journal of Medical and Health Sciences</i>.15,(2) 299-304 Ycategory</p>
25.	<p>Akhter.N. & Hasan, S. S. (2021). Conflict management styles as predictors of organizational commitment in university teachers. <i>Journal of Behavioral Science</i>,31(1) 98-123 X category</p>
26.	<p>Saeed,B.Hasan,S.S.,& Ajmal,A. (2021). Impact of sufism on pakistani society in the 21st century: A grounded theory . <i>Journal of Humanities,Social and Management Sciences(JHSMS)</i>,2 (1),38-49. Ycategory</p>
27.	<p>Tarar, A. & Hasan, S.S.(2020). Islamic concept of faith and human development. . <i>Islamic Studies</i>, 59(3) 377-396 Ycategory</p>
28.	<p>Saleem,G.& Hasan,S.S. (2020).A phenomenological exploration of <i>Constructivist</i> epistemological development through socio-psychological decision making. <i>Journal of constructivist Psychology</i>(33),1-18. Impact factor 0.909 Y Category</p>
29.	<p>Noor,R.& Hasan,S.S. (2020). Childhood trauma, irrational beliefs and selfesteem among adult individuals with conversion disorder. <i>Pakistan</i></p>

	<i>Journal of Professional Psychology Research</i> .10 (1)41-52 ,41-52.Ycategory
30.	Khalid,A.&Hasan,S.S.(2019).Intergenerational differences in intimate partner selection among women in Pakistan. <i>Pakistan Journal of Women Studies</i> 26 (2)127-14.Ycategory
31.	Masood ,A.& Hasan,S.S. (2019). Empty nest syndrome in middle aged parents. <i>Pakistan Journal of Social and Clinical Psychology</i> ,17(1) 55-60.Ycategory
32.	Arshad, A. & Hasan, S.S. (2019)Trauncy among undergraduate students <i>Journal of Clinical and Counseling psychology Review</i> 1.(1)35-47Ycategory
33.	Tarar, A. & Hasan,S.S. (2019). Muslim Fundamentalism psychological orientations and counter narratives . <i>Psychology Researcher</i> (9) 12 465-496.
34.	Ali, M. & Hasan, S. S. (2018). Depression and overgeneral auto biographical memories : A Randomized Trial Control. <i>Pakistan Journal of Psychiatric Society</i> 15(4) 8-12 Ycategory
35.	Akram, M. & Hasan,S.S. (2018). Reflective view on teaching as a career: A case study. <i>Pakistan Journal of Social and Clinical Psychology</i> ,16(1) ,27-38.Ycategory
36.	Nauman, A. & Hasan, S.S. (2017) Test anxiety provoking stimuli among under graduate students. <i>Journal of Behavioral Sciences</i> ,27(1) 1-17. X category
37.	Nauman, A. & Hasan, S.S. (2017) Effect of study habits on test anxiety and academic achievement. <i>Journal of Research and Reflections in Education</i> 11(1) 1-14.Ycategory
38.	Tarar, A. & Hasan, S.S., Keller, B (2017) Muslim faith in Pakistan: A faith-development view on fundamentalist to mature Orientations. <i>Archives for Psychology of Religion</i> .39(1) 27-60. impact factor 0.47 W category
39.	Saleem, G, & Hasan, S.S., Fayyaz, W. (2107)Relationship of epistemological development with wisdom, age ,gender and education. <i>Pakistan Journal of</i>

	<i>Social and Clinical Psychology. 15 (1)36-41. Xcategory</i>
40.	Hassan, J. M. & Hasan, S. S. (2016).Decision to vote scale. <i>Pakistan Journal of Social and Clinical Psychology 14(2)10-14.Ycategory</i>
41.	Tariq, A. & Hasan, S.S. (2015). Body image and quality of life of young and middle aged married pakistani mastectomy breast cancer patients. <i>Frontier Women University Journal of Social Sciences. 9(2) 32-39.Xcategory</i>
42.	Qayyum, N. & Hasan, S.S. (2015). Evaluation of different intervention strategies for children with autism spectrum disorder. <i>Pakistan Journal of Psychiatry .12 (4)29-33.Ycategory</i>
43.	Tarar, A. & Hasan, S.S. (2015). Faith Development Theory and Theological Faith. <i>Pakistan Journal of Social and Clinical Psychology .14(2), 37-4.Ycategory</i>
44.	Hasan, S.S. & Khalid, R. (2014). Academic locus of control of high and low achievers. <i>Journal of Research &Reflections in Education. 8 ,(1),22-33.Ycategory</i>
45.	Farooqi, R. Ajmal, A.M & Hasan ,S .S. (2014). Development of fear scale. <i>Pakistan Journal of Social and Clinical Psychology. , 12 (1) 17-25.Ycategory</i>
46.	Noor-ul-Ain, & Hasan, S.S. (2014). Gender differences in the salient identities of the adolescents. <i>Journal of Gender and Social Issues. 13 (1) 57-70.Ycategory</i>
47.	Akhtar, N. & Hasan, S.S. (2014). Experiencing task and personal conflict: A case study of university faculty member. <i>Pakistan Journal of Social and Clinical Psychology.11,(2) 21-26.Ycategory</i>
48.	Walyat, S., Hasan, S.S. & Ajmal,A. (2013). Why do women kill? <i>Pakistan Journal of Social and Clinical Psychology. 11, (1),22-28.Ycategory</i>
49.	Tariq, I., Hasan,S.S.,& Ajmal,A.(2013).Cognitive schemas of an ideal spouse among young adults . <i>Pakistan Journal of Social and Clinical Psychology 11(2).14-21.Ycategory</i>
50.	Walyat, S., Hasan, S.S. & Ajmal, A. (2013). Perceptions of middle aged men and women. <i>Pakistan Journal of Criminology, 5 (2) 235-250.Ycategory</i>

51.	Hasan, S.S. & Khalid., R. (2012). Differences in achievement motivation and its salient components among high and low achieving students <i>Pakistan Journal of Psychology</i> .43 (1) 27-40.Ycategory
52.	Goraya, F., & Hasan, S.S. (2012). Achievement goal orientation and academic performance in undergraduate Students. <i>Pakistan Journal of Social and Clinical Psychology</i> 10,(2) 27-31.Ycategory
53.	Suhail, K., Malik, F., Mir, I.A., Hasan, S. S. , Sarwar, A. ,Tanveer, S. (2009). Psychological health of earthquake survivors in Pakistan. <i>Psychology and Developing Societies</i> ,21(2) 183-207.
54.	Khalid, R. & Hasan, S. S. (2009). Test anxiety in high and low achievers. <i>Pakistan Journal of Psychological Research</i> , 24(3-4), 97-114X category
55.	Hasan, S.S., & Hyat, U. (2003).Study of well being of young and middle aged breast cancer patients. <i>Pakistan Journal of Social and Clinical Psychology</i> ,1, 58-62 Ycategory.
Papers Published in the Proceedings of the conference	
1.	Rani,U. & Hasan,S.S. (2017).Obsessive –Compulsive Disorder in Pakistan I Females: A Psychosocial Perspective (Cultural manifestation,Symptomology,Understanding andTreatment. <i>Proceedings of the 119th the IIERinternational conference ,Putrajaya, Malaysia ,4th-9th September,2017.p26-30</i>
2.	Sajjad, S. & Hasan,S.S (2014).Role of Significant others in Academic achievement and Academic competence. Paper published in the <i>proceedings of the International Conference on Educational Psychology</i> .13 th November, 2014 organized by National Institute of Psychology. Quaid-e-Azam University, Islamabad
3.	Hasan,S.S.,Ahmad,A.,&Ajmal,A. (2012). Preoperational and Concrete

	Operational Stages in Pakistani Children: A Confirmation and Critique of Piaget's Stage Theory of Cognitive Development. <i>Proceedings of the First International Conference on Developmental Psychology</i> .66-76
4.	Rabbani,A. & Hasan,S.S. (2012). Internalizing and externalizing problems of orpahn and non orphan adolescents. <i>Proceedings of the First International Conference on Developmental Psychology</i> .98-107
5.	Malik, F., Hasan, S. S., & Perveen, A. (2010). Suicide attacks and mental health of youth. <i>Proceedings of first international conference Forensic Psychology: Issues3-14</i> .
6.	Hasan, S.,S. (2010). Psychological problems of women and their solution In Safdar Ed.). <i>Maqalat- e-Seminar: Ahad-e-hazar ma muslim khwateen ki Zamadariya.p,1-11</i> .
Book Chapter	Chapter on "Self in a Social World" submitted for publication in the text book of Social Psychology by Allama Iqbal Open University. Islamabad.
Monograph	Experimentation in Developmental Psychology is in progress.
Psychological Essays Published	
1.	Can offending behavior be morally justified published in Scientific Ravi 2018
2.	Jean Piaget's portrayal of younger children's cognitive world published in Scientific Ravi,2011
3.	Determinants of students' self-esteem" published in Scientific Ravi, 2007
4.	Friendship Published in Scientific Ravi 2005
5.	Altruism published in magazine Iqbal.2004
6.	Pretend play in younger children published in Scientific Ravi.2004
Papers Presented at Conferences	
1.	Conflict Management strategies among university teachers. Paper presented at 3 rd international conference on Contemporary Issues in Management and Administrative Sciences held on 3 rd -4 th December 2024.

2.	Impact of Cyberbullying Victimization on Subjective Well-being and Coping Strategies among University Students presented at an International E Conference on Media and Psychology Organized by the Department of Applied Psychology University of Management and Technology on 25 th November, 2021.
3.	Impact of Bulling on the Self-esteem and Emotional Well-being among Adolescents Presented at an International E Conference on Mental Health and Productivity : The challenges For Youth Organized by the National Institute of Psychology Quaid –e-Azam University. Islamabad on 21 st and 22 nd October,2021.
4.	Perceived Health Stressors and Psychological Well Being among Young adults Presented at an International E Conference on Mental Health and Productivity : The challenges For Youth Organized by the National Institute of Psychology Quaid –e-Azam University. Islamabad on 21 st and 22 nd October,2021.
5.	Psychological Well Being, Quality of Life among Young adults Presented at an International E Conference on Mental Health and Productivity : The challenges For Youth Organized by the National Institute of Psychology Quaid –e-Azam University. Islamabad on 21 st and 22 nd October,2021.
6.	Ostracism,Job Stress and Psychological well being in College Teachers Presented at an International E Conference on Mental Health and Productivity : The challenges For Youth Organized by the National Institute of Psychology Quaid –e-Azam University. Islamabad(Poster presentation) on 21 st and 22 nd October,2021..
7.	Meaning in Life , Personal Growth initiative and Psychological Wellbeing among Young, Middle and Old Adults. Presented at an International E Conference on Mental Health and Productivity : The challenges For Youth Organized by the National Institute of Psychology Quaid –e-Azam University. Islamabad(Poster presentation) on 21 st and 22 nd October,2021..
8.	Death Anxiety, Overgeneralized Memory and Subjective Wellbeing among

	Earth quake Survivors Presented at an International E Conference on Mental Health and Productivity : The challenges For Youth Organized by the National Institute of Psychology Quaid –e-Azam University. Islamabad (Poster presentation) on 21 st and 22 nd October,2021..
9.	Impact of Media Violence on Aggressive and Deviant Behavior Among Young Adults paper Presented at Recent Advances and Challenges in Basic & Social Sciences in Contemporary Research Ist International Conference Organized by the govt.Post graduate Islamia College (Women) Cooper Road, Lahore ,Feburary 12-13,2020
10.	Deviant Behaviour Scale paper presented at Three Day International Conference of Applied Psychology: Practices & Interventions 6 th -8 th Feburary ,2019.organized by the Department of Applied Psychology University of the Punjab
11.	Social Construction of Homour Killing among the natives of the Sindh paper presented at Three Day International Conference of Applied Psychology: Practices & Interventions 6 th -8 th Feburary ,2019.organized by the Department of Applied Psychology University of the Punjab.
12.	Narcissim and Selfesteem among Young adults paper presented at 3-Day International Conference on Gender,religion and Culture Organized by the Department of Psychology GC University, Lahore 17 th -19 th December,2018
13.	Religious fanaticism and Personality Traits paper presented at 3-Day International Conference on Gender,religion and Culture Organized by the Department of Psychology GC University, Lahore 17 th -19 th December,2018
14.	Gender Discrimination at Work Place paper presented at 3-Day International Conference on Gender,religion and Culture Organized by the Department of Psychology GC University, Lahore 17 th -19 th December,2018
15.	Impact of Stalking on Young Adults paper presented at 3-Day International Conference on Gender,religion and Culture Organized by the Department of Psychology GC University, Lahore 17 th -19 th December,2018
16.	I cannot Remember Exactly: The Impact of Major Depression Acute Stress

	Disorder and Post Traumatic Stress Disorder on the Retrieval of Autobiographical Memories Presented at an International Conference on Health Psychology (2017) Organized by the Department of Psychology GC University, Lahore
17.	Adult Attachment Styles as a Predictor of Personality traits and Personality Disorders Presented at an International Conference on Health Psychology (2017) Organized by the Department of Psychology GC University, Lahore
18.	Work place Stressors and Professional Quality of Life among Experienced and Less Experienced Employees working in Private Sector Organizations
19.	Intimate Partner violence and Subjective wellbeing among Female Victims Presented at an International Conference on Health Psychology (2017) Organized by the Department of Psychology GC University, Lahore
20.	Infertility : A Stigma Poster Presented at an International Conference on Health Psychology (2017) Organized by the Department of Psychology GC University, Lahore
21.	Gender Differences in Fear and Disgust Provoking Objects (2016) Presented at an International Conference on Global Gender Perspective organized by Gender Studies Department Lahore College for Women University.
22.	Is Gender a Predictor of Fear Presented at an International Conference on Psychology of Gender in Perspective: Issues and Challenges (2016) 1-2 December, Organized By National Institute of Psychology Quaid-e-Azam University, Islamabad
23.	Body Image, Social Support and Quality of Life among Middle Aged Breast Cancer Patients Presented at an International Conference (2016) 1-2 December, Organized By National Institute of Psychology Quaid-e-Azam University, Islamabad
24.	Humor in Young Adults Presented at the National Conference on Emerging Trends In Clinical Psychology on 21-22 september, 2016 organized by the

	COMSAT university
25.	Investigating the Identity Development of Azad Jammu K Kashmiri Residents Psychological Analysis ” Presented in the National Conference on Clinical Psychology on 17-18 th December, 2015 organized by the Institute of Clinical Psychology University of Information and Technology , Lahore
26.	Experiences of Destitute Women” Presented in the National conference on Clinical Psychology on 17 th -18 th December, 2015 organized by the Institute of Clinical Psychology University of Information and Technology , Lahore
27.	Behind a Murderer: Investigating Murderer Behavior and Murderer’s Modus Operandi Presented in the National conference on Clinical Psychology on 17 th -18 th December, 2015
28.	Spirituality and Psychological well being among young and middle aged adults presented in 14 th International Conference of Psychology 19 th -21 st march, 2015 organized by Department of Applied Psychology University of the Punjab.
29.	Effect of gender, voter background and voting exposure on vote decision making presented in 14 th International Conference of Psychology 19 th -21 st march, 2015 organized by Department of Applied Psychology University of the Punjab.
30.	Role of Significant others in Academic achievement and Academic competence. Paper presented in the International Conference on Educational Psychology. 13 th November, 2014 organized by National Institute of Psychology. Quaid-e-Azam University, Islamabad.
31.	Experiences of Acid Burn Victims. Paper presented at the Two-Day International Conference on Social Psychology in May 2014 Organized by the Department of Psychology. G.C University , Lahore

32.	Experiences of Infertile Men and Women. Paper Presented at the Two-Day International Conference on Social Psychology in May 2014 Organized by the Department of Psychology. G.C University, Lahore.
33.	Acid burn incidents paper presented in the international conference on Forensic Psychology,2014.
34.	Impact of quawali paper presented in the Muslim conference 2014.
35.	Preoperational and Concrete Operational Stages in Pakistani Children: A Confirmation and Critique of Piaget's Stage Theory of Cognitive Development Presented in the conference of Developmental Psychology organized by Department of Psychology G.C University Lahore,March, 2012.
36.	Making of High and Low Achievers. Paper presented in the conference of Emerging trends in Psychology Conference organized by Department of Psychology G.C University Lahore,March, 2011.
37.	Suicide attacks and Mental health of the youth. Paper presented in the Forensic Psychology Conference organized by Department of Psychology G.C University Lahore,March, 2010.
38.	Understanding of Regret and Counterfactual Based emotions in Children presented in the symposium of Developmental Psychology organized by Department of Psychology G.C University Lahore,20 th March, 2009
39.	Significance of Contributory Occupational Stress Factors in High Risk and Low Risk Professions. Abstract Published In the Brochure of 10 th International Conference of Psychology organized by G.C University Lahore. April 5-7 1999. Paper was also presented in the Conference.
CONFERENCES ATTENDED	
2025	Conference on Innovation and Interventions organized by the Pakistan

	Psychological Association
2024	Two Days Conference on Innovation and Interventions : Advancing Mental Health Care through Clinical Psychology Organized by the Department of Psychology GC University in Collaboration of the Pakistan Psychological Association.
2024	One Day Conference on Muslim Conference held at Fountain House on 10 th October , 2024
2024	15 th International Conference “Navigating Applied Fields of Psychology : Research, Practices and Current Developments in Pakistan held on 7 th November organized by the Pakistan Psychological Association.
2024	10 th International Conference “Cyber Psychology and Mental Health : Challenges, Trends and Solutions “ held on 28 th -29 th November ,2024 organized by the National Institute of Psychology Quaid i Azam University Islamabad.
2023	One Day conference on Social Responsibility of psychologists for National Solidarity of Pakistan held on 25 th November, 2023 at Alhamra Hall, Lahore organized by Pakistan Psychological Association.
2023	Conference on Mental Health Is a Universal Human Right in Collaboration with Humanity Alliance Society on 19 th october 2023 organized by the Department of Psychology GC University, Lahore.
2023	International Conference on “ Saving the Mental Health Sufferers” organized by the Fountain House on 31 st January , 2023.
2022	Two Days International Conference on Mental Health for All : A Global Priority held on 18 th and 19 th October 2022 organized by the Department of Psychology GC University in Collaboration with the Society for Advancement in Muslim Psychology .
2022	World Psychiatric Association continuing Professional Development (CPD)certificate for attending WPA Thematic Congress on Public Mental Health 11-13 th March , 2022 Lahore Pakistan
2020	Recent Advances and Challenges in Basic & Social Sciences in Contemporary

	Research Ist International Conference Organized by the Govt..Post graduate Islamia College (Women) Cooper Road, Lahore , Feburary 12-13,2020.
2020	Attended a One Day Mental Health Conference organized by the Young Psychologists Association.
2020	One-day conference on COVID-19 The changing Horizons organized by the Institute of Clinical Psychology University of Management and Technology
2019	Three Day International Conference of Applied Psychology: Practices & Interventions 6 th -8 th Feburary ,2019.organized by the Department of Applied Psychology University of the Punjab.
2019	Islamic Perspectives in Modern Psychology (IMP,2019) Organized by Ripha Institute of Clinical and Professional Psychology Ripah International University,Lahore 24 th -26 th September,2019
2019	2 nd International conference on Preventative Strategies in Clinical Psychology: Premption and Proaction Organized by the Institute of Clinical Psychology University of Management and Technol+ogy March,13-14,2019.
2018	International Conference on Health and Well being organized by the Department of Applied Psychology,Lahore College of Women University, December 11 th -13 ^{tt} 2018
2018	3-Day International Conference on Gender,religion and Culture Organized by the Department of Psychology GC University, Lahore, December,2108.
2017	Three-Day International Conference on Health Psychology Organized by the Department of Psychology GC University, Lahore
2017	Three –Day International Conference on Health and Wellbeing organized By the Department of Applied Psychology Lahore College For Women University, Lahore
2016	6 th International Conference on Psychology of Gender Perspective : Issues and Challenges December,1-2,2016 organized by the Institute of National Psychology Quaid-i-Azam University Islamabad.
2016	One Day conference on Islamic Tradition In Psychology organized by Lahore School of Management Sciences.
2015	13th Muslim Psychology Conference held on 27 th November,2015 organized

	by the Society For Advancement of Muslim Psychology
2015	14 th International Conference of Psychology 19 th -21 st march,2015 organized by Department of Applied Psychology University of the Punjab
2015	14 th International Conference of Psychology 19 th -21 st march,2015 organized by Department of Applied Psychology University of the Punjab
2014	12th Muslim Psychology Conference held in 2014organized by the Society For Advancement of Muslim Psychology
2014	One –day International Conference on Educational Psychology held on 13 th November ,2014Organized by National Institute of Psychology Quaid-i-Azam University Islamabad
2014	Two-days international conference on Social Psychology 2014 Organized by the Department of Psychology GC University,Lahore.
2013	One –Day Muslim Psychology Conference 10 th May,2013
2012	One-Day Muslim Psychology Conference 10 th May ,2012
2012	International conference on Cognitive Behaviour Therapy at GC university Lahore
2012	Conference of Developmental Psychology organized by Department of Psychology GC University Lahore, 27th-28 th March, 2012.
2011	Conference of Emerging Trends in Psychology Conference organized by Department of Psychology GC University Lahore,March, 2011.
2010	Forensic Psychology Conference organized by Department of Psychology GC University Lahore, 1 st april-3 rd April 2010.
2009	12 th Asia –pacific Regional Conference of Alzheimer’s Disease 7 th -10 th November,2009.
2009	Symposium of Developmental Psychology organized by Department of Psychology GC University Lahore,20 th March, 2009
2008	Conference on Psychology and Literature organized by Department of Psychology GC University Lahore
2007	Conference on Cross –cultural Psychology (2007) organized by Department of Psychology GC University Lahore 27thapril,2007

2002	Conference on Positive Psychology organized by Department of Psychology GC University Lahore.
1999	10 th International Conference of Psychology organized by G.C University Lahore. April 5-7 1999
Training/Workshops /Seminars attended	
16 th to 20 th June 2025	Teaching Excellence Training in collaboration with HEC and British Council at Prestigious UK Universities –Aston University, Warwick University, University of Birmingham, Wolver Hampton University and King “s College London.
30 th December, 2024	Brief Solution Focussed Therapy Level by Dr. Asir Ajmal
9 th March ,2024	Workshop on Emotional Resilience through RECBT on 9 th March,2024 Iiby MS. Saima Salman Leading Cognitive Behaviour Therapist –South East Asia Founder CEO, Rational Living Inc Singapore, held at the Department of Psychology GC University, Lahore
3 rd and 4 th March,2024	Two Days Training in Rational Emotive Cognitive Behavior Therapy Basic Level Iiby MS. Saima Salman Leading Cognitive Behaviour Therapist – South East Asia Founder CEO, Rational Living Inc Singapore, held on 3 rd and 4 th March, 2024 at the Department of Psychology GC University, Lahore
22 nd and 23 rd February,2023	Two Days Training in Rational Emotive Cognitive Behavior Therapy Basic Level I by MS. Saima Salman Leading Cognitive Behaviour Therapist –South East Asia Founder CEO, Rational Living Inc Singapore, held on 22 nd and 23 rd February, 2023 at the Department of Psychology GC University, Lahore
24 th February,2023	Building Emotional Muscle Training by MS. Saima Salman held on 24 th February, 2023 at the Department of Psychology GC University, Lahore
March ,2022	Workshop on Faiz, “Love and Hazards of Love’organized by the Department of Psychology GC university in collaboration with World Psychiatric Association continuing Professional Development Credits.
19 th and 20 th May, 2022	Two Days workshop on “ Research Methods” by Dr. Aneeq Ahmad Chair Department of Psychology Henderson State University held on 19 th and 20 th

	May, 2022 organized by the Department of Psychology GC University, Lahore
7 th June, 2022	Seminar on “ Social Break down Endangering Human Health and Growth “on by Dr. Aneeq Ahmad Chair Department of Psychology Henderson State University held on 7 th June, 2022 organized by the Department of Psychology GC University, Lahore
8 th June , 2022	Seminar on “ Psychology of Gender Differences Then and Now by Dr. Aneeq Ahmad Chair Department of Psychology Henderson State University held on 8 th June, 2022 organized by the Department of Psychology GC University, Lahore
9 th June, 2022	Seminar on “ Spiritualism “ Now by Dr. Aneeq Ahmad Chair Department of Psychology Henderson State University held on 8 th June, 2022 organized by the Department of Psychology GC University, Lahore
22 nd August , 2022	Seminar on “ Parenting and Wellbeing “by Dr. Muhammad Zeeshan by Neuro psychiatrist at Rutgers University USA held on 22 nd August, 2022 organized by the Department of Psychology GC University, Lahore
	Seminar on Dengue Prevention” by Ms. Tahira Mariam District Health Education Officer held on 17 th November, 2022 followed by awareness walk organized by the Department of Psychology GC University, Lahore
6 th and 7 th December, 2021	Workshop on Dialectical Behaviour Therapy by a clinician Dr Amina Butt at Beacon House National University organized by the Department of Psychology GC University, Lahore
28 th August, 2020	Workshop on Psychosocial toxicity organized by the GC University Lahore
11 th Feb,2020	Workshop on The Magic of Self Awareness : A Truly Powerful Way to Transform Your Life.By Dr.OSkan Hassan Mehmedagi organized by the Department of Psychology GC University, Lahore
23 rd october,2021	Webinar on Schizophrenia : A Grim but Manageable Disorder on October 23 2021 by Dr Aneeq Ahmad Chair at the Department of Psychology State Hendersen University

21 st December,2020	Dr. Akhter Ahsen Memorial Webinar in Collaboration of Charity Services Waterford Ireland “Edietic Imagery and Intellectual Disability “held on 21 st December 2020
December, 2020	Webinar on “Personal and Professional Development for the undergraduate Students by Dr. Sidra Afzal adjunct faculty at Dhofar University Salah Oman
18 th November,2020	Webinar on “Serotnin and its Behavioural Effects “ by Dr. Aneeq Ahmad D Chair at the Department of Psychology Hendersen State University USA On November , 18, 2020.
September, 2021	Webinar on Forgiveness Education By Professor Dr Enwright International Institute of Wisconsin USA
27 th -28 th Dec,2019	Workshop on Editeic Imagery by Dr Akhtar Naqvi organized by the Department of Psychology GC University, Lahore
24 th April,2019	Workshop on Interpretative Phenomenological Analysis By Dr Saima Ehsan organized by the Department of Psychology GC University, Lahore
26 th April,2019	Workshop on Forgiveness Education conducted by Dr Iffat Batool organized by the Department of Psychology GC University, Lahore
21 st December,2018	Workshop on Cognition, Criminal Cognitions, Moral Disengagement, And How they are relevant to Everyone by Dr.Vincent Egan organized by the Department of Psychology GC University, Lahore
24 th -25 th May,2018	Workshop on Multivariate Analysis of Variance by Dr Aneeq Ahmad organized by the Department of Psychology GC University, Lahore
18 th -19 th May,2018	Workshop on Between Subject ,Within Subject Designs and Analysis of Variance by Dr Aneeq Ahmad organized by the Department of Psychology GC University, Lahore.
9 th May 2017	Workshop on Regression Analysis by Dr Ashiq Ali Shah organized by the Department of Psychology GC University, Lahore.
25 th April,2017	Workshop on quality in qualitative data collection SessionII Designing and conducting mixed method research by Dr.Richard deVisser organized by the Department of Psychology GCUniversity,Lahore.
221-23 rd September,2016	Workshop on Structural Equational Modeling by Dr JamilMalik organized by

	the Department of Psychology GC University, Lahore
17-18thMay,2016	Two-Day Workshop on Self Hypnosis by Oskan Hassan Mehmadaagi at Department of Psychology GC University, Lahore
23 rd June,2016	Workshop on Writing a research paper by Dr Aneeq Ahmad organized by the Department of Psychology GC University, Lahore.
8 th -9thJune, 2016	Workshop on Exploratory Factor Analysis by Dr Aneeq Ahmad organized by the Department of Psychology GC University,Lahore
23rdNovember,2015	Workshop on Conflict Resolution by Oskan Mehmeddaghi organized by the Department of Psychology GC University,Lahore.
19thMay,2015	Workshop on Interpretative phenomenological analysis on 19 th may by Dr.Syeda Shahida Batool organized by the Department of Psychology GC University,Lahore..
23 rd June,2014	Workshop on Grounded Theory by Dr AneeqAhmad Organized by Department of Gender Studies Lahore College For Women University,Lahore
8 th March2013	Dialectical Behaviour Therapy by Dr Kausar Suhail organized by the Department of Psychology Gc University,Lahore.
2012	Plagiarism by Ms.Irum Suhail G.C University ,Lahore
24 th April,2007	Seminar on Research Methods By Dr.Jan oyebode and Dr John Rose University of Birmingham,Uk under HEC-BC Academic Link
25 th April.2007	Seminar on Intervention for Learning Disability and Dementia By Dr.Jan oyebode and Dr John Rose University of Birmingham,Uk under HEC-BC Academic Link
27thjune,2005	Teaching of clinical Psychology as a Professional Discipline By Dr. Zahid Mehmood held at Department of Psychology GC University, Lahore
13-October-2004	Research Methods in psychology organized under HEC-BC academic link programme
19 th jan ,2004	Cognitive Behaviour Therapy by Dr.Farooq Naeem held at Department of Psychology GC University, Lahore
20 th ,jan,2004	Research Methods by Dr.Farooq Naeem held at Department of Psychology GC University, Lahore

26 th March,2004	Developing Counseling package for Victims of Domestic Abuse under the HEC link between University of the Punjab and University College, London
27-28 th September,2004	Two-Day Workshop on Counseling the Victims and Survivors of Domestic Violence under the HEC link between University of the Punjab and University College,London
22ndDecember,2004	Assessment of Emotional and Behavioral Problems Self Awareness for the counselor by Dr. Sadiq clinical psychologist sponsored by the British Council Lahore. .
22 nd Jan,2003	Child Sexual Abuse by Savera Organization held at Applied Psychology Department University of the Punjab ,Lahore
23-25 April,2002	A-3day workshop on Direct observation as Clinical and Research Method by Dr. Zahid Mehmood at the Special Education Department University of the Punjab
13-16 th April,1999	Development of Syllabi by Dr.Zahid Mehmood held at Department of Psychology GC University, Lahore
Trainings Attended	
26-31 st March,2007	Professional Development organized in collaboration with HEC held at GC University, Lahore
24 th June -6 th July2006	Designing experiments , research projects in Developmental Psychology. and Revision of Curriculum at University of Birmingham
27thmay-1stjune 2002	Training course in Psychology organized by University Grants Commission
Dissertation	
PhD	Psychosocial Determinants of High and Low Achievers
M.Sc	Attitude of High and Low risk Professionals towards the Contributory Factors of Occupational Stress.
Research Projects	
Research Project under the HEC-BC academic link	Research project with Dr. Sarah Beck Developmental Psychologist at University of Birmingham On Counterfactual Based Emotions
Department of Psychology GC University, Lahore	Psychological health of earthquake survivors in Pakistan. Principal Investigator : Dr Kausar Suhail

	Co Investigators : Dr Farah Malik, Dr Iftikhar Ahmad, Syeda Salma Hasan, Abida Surwar and Samra Tanveer
Project on Police Profiling	Psychological Profiling of the Police Recruits. Dr Syeda Salma Hasan and Dr Rabia Iftikhar.
Spirituality	Bi-Directional Spirituality : A Cross –Cultural Comparison Principal Investigator: Dr Aneeq Ahmad State Hendersen University, Co-Investigators Dr Paul Williamson State Hendersen University and Dr Syeda Salma Hasan GC University Lahore
Internship	Save our Souls (SoS) Village for three months as a Part of PhD Course Work
Other Research and Creative Accomplishments	
Scientific Sessions Chaired	
	Chaired Scientific Session at National Conference of Islamic Psychology. 2014
	Co-Chair Scientific Session Forensic Psychology at Ist International Conference on Forensic Science and Justice ,2014, Department of Chemistry GC University, Lahore
	Chaired a Scientific Session “ Organizational Behaviour” and Caregiver’s stress and Coping” at International Conference of Applied Psychology, 2015 University of the Punjab on 20th and 21st March.
	Chaired a Scientific Session “on Adolescents ” at National Conference on Indigenizing Clinical Psychology, on 18th December 2015, organized by University of Management & Technology, Lahore
	Chaired scientific session at Muslim Psychology, 2016
	Chaired Scientific Session on Child and Adult Psycho Pathology at the

	Emerging Trends In Clinical Psychology Conference at COMSAT(2016) University by the Department of Psychology and Humanities.
	Chaired a Scientific Session on Gender and Academic achievement at an International Conference on Global Gender Perspective in 2016 organized by the Department of Gender Studies Lahore College For Women University.
	Chaired a Scientific Session on “Life Span Development” at an International Conference on Health and Wellbeing” organized by the Department of Applied Psychology Lahore College For women University November, 2017.
	Co-chair scientific session on “Psychological assessment” at a conference organized by the Department of Psychology on Conflict and Peace COMSAT university held in November, 2017.
	Chaired a Scientific Session on “Parent-Child Relationships” at an National Conference on School Psychology organized by Institute of Clinical Psychology University of Management & Technology, Lahore on 7 th March, 2018.
	Chaired Scientific Session at Three Day International Conference of Applied Psychology: Practices & Interventions 6 th -8 th February ,2019. organized by the Department of Applied Psychology University of the Punjab.
	Chaired Scientific Session at Islamic Perspectives in Modern Psychology (IMP, 2019) Organized by Ripha Institute of Clinical and Professional Psychology Ripah International University, Lahore 24 th -26 th September, 2019
	Chaired Scientific Session at 2 nd International conference on Preventative Strategies in Clinical Psychology: Preemption and Proaction Organized by the Institute of Clinical Psychology University of Management and Technology March, 13-14, 2019.
	Chaired Scientific Session at Recent Advances and Challenges in Basic & Social Sciences in Contemporary Research Ist International Conference Organized by the Govt. Post graduate Islamia College (Women) Cooper Road, Lahore ,February 12-13, 2020.
	Chaired the Scientific session on 25 th November, 2021 having a theme of

	Media and Interpersonal Relationships at International E Conference on Media and Psychology organized by the Applied Psychology Department University of Management and Sciences .
	Chaired the Scientific Session On Day 1 at the 8 th International Conference : Mental Health and Productivity : The challenges for Youth.on 21at October,2021.Theme : Youth and Covid 19 organized by the National Institute of Psychology Quaid-i-Azam University
	Chaired the Scientific Session at International e-conference on Clinical practice and Rehabilitation and the interplay of mind, body and soul held on 8 th and 9 th December organized by the Institute of Clinical Psychology University of the Punjab. The theme of the session chaired Evidence based practice in Clinical Psychology.
	Chaired the Panel Discussion on the First All Pakistan Summit of the Students Societies with the theme “How to attain Mental Health, Patience, Stress Management in Higher Education Institutions by introducing Spiritualism held on 17 th November (2021) organized by the GC university Lahore
	Chaired a Scientific session at virtual International conference on “ Mental Health and Productivity: The Emerging Challenges for Youth held on 21 st October , 2021 organized by the Dr. Muhammad Ajmal National Institute of Psychology Quaid-i- Azam University Islamabad.
	Chaired a Scientific Session on “Internet Addiction” at an International Conference on Substance Use Disorders” organized by the department of Psychology University of Central Punjab on 31stMarch ,2022.
	Chaired a Scientific Session on 17 th May ,2022 the 3 rd International Conference of Humanities and Social Sciences “at Kinnard College For women
	Chaired a scientific Session on Gender Psychology at “Gender ,Social Sciences,Diversity,Challenges and Opportunities”on 16 th March,2022 organized by the Gender Studies Department Lahore College For Women

	University in Collaboration with Forman Christian College.
	Chaired a Scientific session at virtual International conference on “Trauma, Abuse and Violence : Thriving for a world with out Torture held on 23rd July , 2022 organized by the Dr. Muhammad Ajmal National Institute of Psychology Quaid-i- Azam University Islamabad
	Chaired a Scientific session 2023 the 4th International Conference of Humanities and Social Sciences “at Kinnard College For women
	Chaired a Scientific Session on Cyber Forensic Psychology at Cyber Psychology and Mental Health : Challenges, Trends and Solutions “ held on 28 th -29 th November ,2024 organized by the National Institute of Psychology Quaid i Azam University Islamabad.
Workshops/Seminars/ Conferences/Links with local and International Universities Mental Health week Organized as an Incharge and Chairperson of the Department of Psychology 2014-2016 2020 to date	
Workshops /Seminars	
	Two Days International Conference on Mental Health for All : A Global Priority held on 18 th and 19 th October 2022 organized by the Department of Psychology GCUniversity in Collaboration with the Society for Advancement in Muslim Psychology .
	Series of Seminars on Social Density, Gender Differences : Then and Now, Spirituality, Sufism and Islamic Psychology by by Dr. Aneeq Ahmad Chair

	On 8 th and 10 th June, 2022 at the Department of Psychology Henderson State University USA.
	Seminar on REBT by Saima Salman CEO Institute REBT Singapore held on March 22, 2022 at the Department of Psychology GC University, Lahore
	Two Day workshop on Research Methods held on 19 th and 20 th May, 2022 by Dr. Aneeq Ahmad Chair at the Department of Psychology Henderson State University USA.
	Two Days Workshop on Conversion Disorder by the Former Chief Clinical Psychologists held on 26 th and 27 th November, 2020 at Department of Psychology GC University, Lahore.
	Two Days workshop on Dialectical Behavior Therapy by Dr Amna Butt Assistant Professor at The Beacon House National University on December 6 th and 7 th at Department of Psychology GC University, Lahore.
	Organized Mental Health Day in Collaboration with Food Authority 2021 "Mental health in an Unequal world on 27 th October, 2021.
	Organized a webinar on Schizophrenia : A Grim but Manageable Disorder on October 23 2021 by Dr Aneeq Ahmad Chair at the Department of Psychology State Henderson University
	Organized Dr. Akhter Ahsen Memorial Webinar in Collaboration of Charity Services Waterford Ireland "Edietic Imagery and Intellectual Disability "held on 21 st December 2020
	Organized a webinar on "Personal and Professional Development for the undergraduate Students by Dr. Sidra Afzal adjunct faculty at Dhofar University Salah Oman
	Organized a webinar on "Serotonin and its Behavioural Effects " by Dr. Aneeq Ahmad D Chair at the Department of Psychology Henderson State University USA On November, 18, 2020.
	Two-Day Workshop on Self Hypnosis by Oskan Hassan Mehmadaqi at Department of Psychology GC University, Lahore, May 2016
	Workshop on Writing a research paper by Dr Aneeq Ahmad June, 2016

	Workshop on Exploartory Factor Analysis by Dr Aneeq Ahmad ,June 2016
	One day workshop on Human Resource Management Jan,2015 by Hassan Imam Chartered Human Resource Practitioner.
	Seminar on Autism and Its Awareness by CEOMs. Rukshana Shah and Clinical PsychologistAsma Ahmed ,Autism Spectrum Center.
	Seminar on Awareness regarding Drug Abuse in collaboration with Addiction Canada, Rehabilitation Centre ,June,2015
	Two-Days International Conference on Social Psychology Held on 20 th and 21 st May,2014by the Department of Psychology GC University, Lahore
	Seminar on “Stress & Anxiety” by Dr. Aneeq Ahmed Khan (Professor at Henderson University, USA) June,2014
	Seminar on, “Hypnosis” by Ms. Tahira (clinical psychologist and hypnotist
Linkages	Initiated and designed MOU in Collaboration with Fountain House
	Initiated and designed MOU with Rational Emotive Cognitive Therapy Institute Singa pore
	MOU with GHQ Rawalpindi in Process
Mental Health Weeks Organized	Mental Health Week 2014 on the theme of Social Psychology consisting of Inter Universities Poster, Performing Arts and Quiz Competition
	Mental Health Week 2015 on the theme of Peace Psychology consisting of Inter Universities Poster and Performing Arts Competition
	Mental Health Week 2016 on the theme of Positive Psychology consisting of Inter Universities Poster and Performing Arts Competition.
	Online Mental Health Week 2020 on the theme of Old Age challenges and Management
	Mental Health Week 2021 on the theme of Educational Psychology : Challenges and Opportunities
	Mental Health Week 2022 on the theme of Gender Sensitivity

	Mental Health Week 2024 on the theme Mental Health is a Universal Human Right.
Zero Orientation week 2021	Organized zero orientation week for the Psychology students 2021-2025 ,2022-2026session introduced by the Honourable Vice Chancellor Prof. Dr. Asghar Zaidi
Forgiveness Unit of Education and Practice	Worked as a Facilitator in establishing the Unit of Forgiveness Education and Practice
Forensic Psychology In M.phil	Introduced the course on Forensic Psychology in M.Phil. at the department of Psychology GC University, Lahore in 2014
MS in Child Guidance and Educational Counseling at the Clinical Psychology Unit	Worked as a Facilitator in launching MS in Child Guidance and Educational Counseling at the Clinical Psychology Unit in 2015at GC University, Lahore
Post graduate Diploma in Child and Adult Psychotherapy at the Clinical Psychology Unit GC University, Lahore	As incharge facilitated in introducing the Post graduate Diploma in Child and Adult Psycho therapy at the Clinical Psychology Unit GC University, Lahore
Acted as an External Examiner	
	Experimental Psychology University of the Punjab in 2002
	Social Psychology Lahore College for women University in 2004
	Developmental Psychology University of the Punjab in 2010
	Social Psychology University of the Punjab in 2011
BS Hons External Examiner	External Examiner BS Hons in Psychology thesis at COMSAT University,Lahore
	External Examiner of BS Hons thesis at the Department of Psychology Beacon House National University
M.Phil /Ms External Examiner	

	External Examiner of M.Phil./MS thesis at the Department of Psychology Beacon House National University
	External Examiner of M.Phil./MS thesis at the Department of Psychology University of Management and Technology
	External Examiner of M.Phil./MS thesis at the Department of Applied Psychology Lahore College for women University .
	External Examiner of M.Phil./MS thesis at the Department of Gender Studies Psychology Lahore College for women University
	External Examiner of MS thesis at the Institute of Clinical Psychology University of Management and Technology. Lahore
	External Examiner of MS thesis Clinical Psychology University of Lahore
PhD External Examiner	PhD Examiner of the student of Clinical Institute of Psychology University of Management and Technology.
	PhD Examiner at the Department of Psychology Beacon House National University
	PhD Examiner at the Department of Psychology Lahore College For Women University
	PhD Examiner at the Department of Gender Studies Lahore College For Women University
	PhD Examiner at the Institute of Applied Psychology at the University of the Punjab.
	PhD Examiner at the Department of Psychology University of Sargodha
	PhD Examiner at the Department of Psychology University of Faisalabad
SELECTED PROFESSIONAL PRESENTATIONS	

Seminars Presented at the Department of Psychology /university/other Institutes	
	Self-esteem of Pakistani women at the Department of Psychology GC University, Lahore
	Pretend play in younger children at the Department of Psychology GC University, Lahore
	Altruism at the Department of Psychology GC University, Lahore
	Determinants of Students' Selfesteem at the Department of Psychology GC University, Lahore
	Achievement Motivation at the Department of Psychology GC University, Lahore
	Test Anxiety at the Department of Psychology GC University, Lahore
	Psychoanalytic Perspective of Crime Organized by the Punjab Police Department 2021
	Psycho Social Determinants of High and Low Academic Achievers Organized by the Applied Psychology Beacon House National University 2014
	Imam Ghazali Personality organized by the Society of Muslim Advancement 2019.
	Role of Academia in Curbing Tobacco Use on World's no Tobacco Day June 1,2022 at theHead office Chughtai lab.
	Alzhemier's Disease on the World's Dementia Day Organized by the Gc University in Collaboration of Pakistan Alzheimer Association.
	Career Choices and Mental Health WPA Thematic Congress 2022 On 19 th March at International Conference on Public Mental Health and Associated Opportunities
	Mental Health For All : A Global Priority Seminar presented at Kinnaird College for women University held on 5 th October, 2022.
	Mental Health at workplace : A Muslim Perspective at theNational Muslim Psychology Conference on 10 th October 2024.

	Role of Culture in Gender sensitization Panel discussion at the Conference in the memory of Perveen Shakir organized by Majlis I Iqbal Urdu Department GC University, Lahore
	Academic Pursuits and Career Development at the Department of Psychology GC University Lahore on 22 nd April, 2025
Workshops Conducted as Resource Person	
Zef German University- GCU Summer School Workshop	Interpretative Phenomenological Analysis
	Experimentation in Developmental Psychology
Professional Development of Teachers	Problems of Adolescents
Professional Development of Teachers organized by QEC	Soft Skills
Professional Development of Teachers organized by QEC	Learner's Psychology
Punjab Higher Education Commission	Learning Styles and Learning Strategies
Senior Administrative Staff GC University, Lahore	Emotional Intelligence
Institute of Clinical Psychology University of the Punjab	Criminal Profiling
University Teachers at GC University Lahore	Effective Teaching Strategies : Research Based Teaching Strategies Fostering Critical Thinking and Problem Solving Skills in Students
University Teachers at GC	Learning Styles and Teaching Strategies

University Lahore	
National Institute of Public Administration	Stress Management
Fatima Jinnah Medical University	Psychological Well being of a Teacher, Learner in Higher Education.
Professional Talks and Participation as Panelists	
	Social well being and Mental Health participated as a Panelist at the Mental Health Conference 2023 organized by the Department of Psychology GC university, Lahore
	Fostering Psychological Well being in the community participated as a panelist in a two days conference on Fostering Psychological Well being in the community organized by the Institute of Psychology Beacon House National University, Lahore.
	Body Image and Psychological Well Being of the Breast Cancer Patients organized by the Rashid Latif Medical Complex in 2021
	Depression Organized by the GC University, Lahore in 2021
	Child Abuse and Its Preventive Measures Organized by the Young Psychologists Association in 2020
	Sharing the Advent of New Spectrum of Positivity and Kindness organized by the Institute of Applied Psychology University of the Punjab in 2020
	Teachers and students Temperamental problems and post covid world organized by the young psychologists Association in 2021
	Mental Health in an Unequal world organized by the Department of Psychology GC University, Lahore 2021
	Mental Health For All : A Global Priority organized by the Department of Applied Psychology Lahore College For women University , 2022.
	Role of a Psychologist in the Prevention of the Mental Health Problems of Young Adults at an International Conference on “ Saving the Mental Health

	Sufferers” organized by the Fountain House on 31 st January , 2023.
	Challenges faced by the University Teachers organized by the Department of Psychology University of Central Punjab, 2023.
	Mental Health Challenges Faced by the educationists organized by the Institute of Applied Psychology, Beacon House National University ,2024