

Department of Psychology

Introduction

GCU has the unique distinction of having started Masters classes in Psychology in 1926, making it the second institute, after the University of Calcutta, to launch a Postgraduate Programme at that time. The MA Psychology Programme was launched jointly with the Department of Psychology of Forman Christian College (FCC) Lahore.

For a long period of time, the discipline of Psychology remained a part of Philosophy and classes were held jointly till 1961. In 1962, the Department of Psychology was established as an independent Department under the Chairmanship of Prof. Dr. Muhammad Ajmal, a renowned Psychologist, teacher, scholar and mentor.

Mission Statement

To produce knowledgeable, self-aware, thoughtful and confident individuals, having professional skills to meet international standards, ready to take initiatives with responsibility and adjust in a diverse global world.

Academic Programmes

At present, the department offers:

1. BSc(Hons)
2. MSc Psychology evening programme
3. MPhil
4. MS Industrial/Organizational Psychology
5. PhD in Psychology
6. MS Clinical Psychology
7. MS Top-up Clinical Psychology
8. MS Child Guidance and Educational Counselling
9. Post grad Diploma in Child and Adult Psychotherapy
10. 3-Month Certificate Course in NLP, Hypnosis in Psychotherapy
11. PhD Clinical Psychology

Facilities

To make education more interactive and to increase the conceptual clarity of the students, formal teaching is supplemented with scientifically designed classroom activities, workshops, seminars, extension lectures, and the use of audio-visual aids. The Department has academic links with numerous organizations including hospitals and Institutes of Special Education for internships and research collaboration.

Departmental Library

The Seminar Library of the Department has the latest books on all important fields of study. The departmental library is equipped with national and international research journals, more than 4,000 books and about 3,000 research articles compiled by the department. Soft copies of BSc (Hons.) MPhil dissertations are also available.

Online access to full-text articles of the American Psychological Association (APA)

On - line access to the APA Database "PsycARTICLE 2007" is available and based on APA's full-text journal articles database. Researchers can search thousands of articles from hundreds of peer-reviewed journals since 1894. Access to the materials of more than 100 tests relevant to the fields of Clinical, Social, Developmental, Counselling and Cognitive Psychology are available. The testing room is a comfortable place for studying and administering tests to clients properly.

Conducting research offers the exciting opportunity of working in one's area of interest under the supervision of relevant faculty member for a period of two semesters.

The objectives are to ensure regular guidance, thorough support and ensure a timetable with realistic but strictly followed deadlines, specified for the completion of students' empirical work. Our aim is to equip students with knowledge and research skills necessary to address wider intellectual problems faced by the community in academic and professional settings. To achieve this, we continue to develop a number of strategies and facilities. Dissertations are put to plagiarism check before submission.

Research Groups

Following research groups have been constituted in the department

- Forensic Psychology
- Religion & Psychology
- Educational Psychology
- Developmental Psychology
- Sufism
- Industrial/Organizational Psychology
- Clinical Psychology
- Drug Addition
- Psychological Testing/Assessment
- Interpersonal Acceptance & Rejection

Departmental Publications Research Journal

The Department of Psychology is publishing an HEC recognized research journal namely "Pakistan Journal of Social and Clinical Psychology" (PJSCP) which provides a forum for dissemination of findings related to social and clinical areas of psychology. In addition to other fields, the journal aims to enhance the understanding of social, environmental and cultural factors in the etiology and outcomes of mental health problems as they affect individuals and society. This is quarterly publication which is also indexed in the American Psychological Association's database PsycINFO.

GCU Psyc ABSTRACT

GCU PsycABSTRACT is another publication of Department of Psychology. Its purpose is to provide abstracts of research theses undertaken and completed at the department, articles by faculty and students published in professional journals, articles presented in conferences/ seminars and brief reviews of books authored/ edited by faculty at the department.

Seminars/Workshops/Conferences

The department offers its students ample opportunities to interact with the international scientific community. The students and faculty members are encouraged to participate and attend the seminars/workshops and listen to the guest speakers (national and international) for meaningful exposure. The department organizes national and international conferences every year.

Academic/ Professional Links

The PhD and MPhil faculty of the department has international exposures, diverse specializations and research interests. The department has links with numerous hospitals and organizations for academic and research purposes. Apart from that, two

international links with the University of Birmingham and University of Warwick had been established for capacity building and research development along with many research links with University of Vienna, University of Connecticut and University of ULM Germany.

MSc Psychology (Evening Programme)

MSc Psychology program is designed to cater students who have done BA/BSc (two-year degree). The program will be equivalent to the BSc (Hons) program at GCU. The program intends to provide a through study of all major offshoots of Psychology with a special emphasis on developing research skills in students. In year 2 the students will be required to produce an original research dissertation in any area of Psychology. The overall objective of the Program is a rich exposure to all areas and topics in Psychology so as to increase of recruitment in diverse professional settings.

MS Clinical Psychology

The Clinical Psychology unit was established in 2005 in order to develop a comprehensive professional development training program in Clinical Psychology. The unit aims at producing reflective clinical practitioners fully equipped with diverse techniques. In addition to offering MS and PhD degrees in Clinical Psychology, the unit is serving trauma counseling, campus counseling and psychological assessment and theory services.

MS in Industrial / Organizational Psychology Program

The department has started MS in Industrial/ Organizational Psychology in 2012 with a view to train professional psychologists for industrial and other organizational settings. The purpose of the program is to fully equip the students in managerial and other organizational skills and provide them enough exposure to various organizational contexts in Pakistan in order to link theoretical concepts of the field with indigenous requirements. The program has a diverse range of subjects which focus on areas a consumer behavior, organizational management, conflict resolution, group dynamics, work motivation, to name a few.

Future Prospects

Students who graduate with BSc (Hons) and MSc Psychology have a number of job options. Their absorption in different fields is very quick. They can work at hospitals as clinical psychologists and educational institutes as teachers. They are also hired by the Armed Forces of Pakistan, the Federal and the Punjab Public Service Commissions. Psychologists are also in demand at human rights' organizations and NGOs.

Clinical Psychology Unit

The Clinical Psychology Unit, Government College University Lahore was set up in 2005 in order to develop a comprehensive training program for professional Clinical Psychologists in Pakistan and expand the role of Clinical Psychology to deal with a wide range of problems of the individual as well as the community at large. Presently Clinical Psychology Unit is working under the umbrella of Department of Psychology.

The Clinical Psychology Unit endeavours to raise the standard of training of Clinical Psychologists in Pakistan to international levels, enhance the standing of Clinical Psychology as an independent professional discipline, to meet the growing needs and changing demands of the community at large, and direct

research towards developing an empirical knowledge base of indigenous Clinical Psychology in Pakistan.

Training Philosophy

The training philosophy of the department posits that the Clinical Psychologist is a scientist, and reflective practitioner who explores critically each perspective and uses the most pertinent approach in a creative way to understand and solve human problems. The theoretical approach of the department is integrative and not biased towards any particular orientation. The trainees are viewed as adult learners and are encouraged to set their own learning goals, objectives and specialized skills.

Clinical case studies are the integral part of all programmes, comprising at least 50% of the training. This ensures applied knowledge: P skills and training for all through professionally supervised experience

Objectives of the Programmes

The main objective of the course is to train clinical psychologists to:

- Help them acquire scientific knowledge and professional expertise in dealing with a full
- range of psychological problems and psychiatric disorders commonly found in children, adults, special groups as well as those normally living in the community.
- Take on, manage and help individual and group cases and provide appropriate clinical assessment and therapy.
- Be able to undertake a research project in the clinical area that would add to our knowledge of clinical psychology as applied to our culture.
- Develop and maintain a professional attitude towards colleagues, students and staff with dignity, loyalty, commitment and subscribe to professional code of ethics.
- Raise the standard of training to international levels.

MS in Clinical Psychology

This programme is the flagship of the unit and GCU pioneered in introducing it in 2005. It is a two years full time programme at MS level. It aims to train Clinical Psychologists for acquiring professional skills like assessment, therapeutic interventions and clinical research. The trainees are required to develop these skills in working with children to deal with their learning and emotional difficulties, adult psychiatric patients, school children and undertaking a research project. In the final Semester the trainees are given opportunities to work in one of the following areas like Forensic Psychology, Health Psychology, Sports Psychology, Speech Therapy, Community Psychology and Neuropsychological Assessment. This Clinical Training course is more skill based and emphasizes on developing an empirically derived indigenous knowledge base. The programme comprises of four semester, each of 4 months. The timings are from 8:00 am to 4:00 pm, Monday to Friday. First three semesters include not only in-depth teaching but also P experience for which trainees are sent on placements to different hospitals, clinics and schools under the supervision of experienced Clinical Psychologists.

In each semester they have to complete 5 in-depth case studies in each of the 3 mandatory placements and maintain a portfolio that details the range of their experiences in each placement.

The focus of the final semester is on conducting a research project on clinical topic and a special area of training for which option will be given during the course of time. On average, each

year the unit produces 25 research projects and nearly 200 case studies.

Evaluation is multidimensional which includes written exams, classroom and placement evaluation. Special focus is also given to the personal and professional development of trainees and for that small group tutorials are a part of the regular programme. Trainees are also expected to participate in all departmental activities.

MS Top Up Programme

There are many Clinical Psychologists holding Diploma in Clinical Psychology for many years and there was no mechanism that they could further their studies to post master or doctorate level. This programme was introduced in 2006 to meet the needs of many diploma holder Clinical Psychologists. The ground rules of the regular MS Programme are strictly followed. Those with a diploma in Clinical Psychology and two years experience as a Clinical Psychologist are required to complete two semesters which are not covered in their previous training (e.g. School Psychology and Research), thus equating their training and knowledge with the regular MS programme.

Eligibility Criteria

The basic academic qualification to enter the MS TOP UP programme is as follows:

MSc (Psychology) with 1st division and One Year Diploma in Clinical Psychology from HEC recognized university with two years work experience in clinical setting.

- The candidate must have passed NTS Graduate Assessment Test (GAT-General) at the time of admission.
- The candidate is selected on the basis of GCU Admission Test and Interview.

MS in Child Guidance & Educational Counseling

Clinical Psychology Unit has pioneered in introducing the field of school psychology in Pakistan by making it a part of MS in Clinical Psychology. Once again Clinical Psychology Unit is taking lead in introducing school psychology as an independent discipline by initiating MS in child Guidance and educational counseling. This program is one step further of Diploma in Child guidance and educational counseling that is already being offered in Clinical Psychology Unit. Uptill now, two badges have been passed out and they have been recruited by school authorities in different schools. Now as the time is passing, more schools are realizing the need of schools counselors and the demand is increasing. This course is also suitable for the students who have diploma in child guidance and want to upgrade their education to MS level.

Eligibility Criteria

The basic academic qualification to enter the Diploma Course is as follows:

- School teachers (BEd and Med)

OR

- MSc Psychology with one year's experience
- The candidate is selected on the basis of GCU Interview.

PhD Programme

In an attempt to further raise the standard and expertise of Clinical Psychologists in the country, the unit has started PhD. In

Clinical Psychology. Currently two PhD Scholars are enrolled in the programme.

Eligibility Criteria

The basic academic qualification to enter the MS TOP UP programme is as follows:

MSc (Psychology) with 1st division and One Year Diploma in Clinical Psychology from HEC recognized university with two years work experience in clinical setting.

- The candidate must have a first division (60% Marks) in MSc/BS (Hons) in Psychology or 2.5/4.00 CGPA from HEC recognize university.
- The candidate must pass a University entry test and qualify in interview conducted by experts in the department.
- The candidates with M.Ed. with first division (60% Marks) will also be eligible to apply for this MS

Postgraduate Diploma in Child and Adult Psychotherapy (Morning/Evening Program)

Clinical Psychology Unit is now launching one year (Evening/Morning) Post Graduate Diploma in Child and Adult Psychotherapy (PGDP). The aim of this program is to divide the courses into two distinct paradigms that is Semester I is purely focusing on Child Psychopathology, Psychodiagnostics and Child Focus d Interventions, while Semester II is purely focusing on Adult Psychopathology, Psychodiagnostics and Adult Focused Interventions along with some additional courses like Professional Ethics and Neuro psychology, Abuse and Trauma Management. The major focus of the diploma is to fully equip clinical psychologists to deal with children and adults in their professional practice later on.

Eligibility Criteria for PGDP & Certificate Courses

Msc. / BS (Hons.) in Psychology or Applied Psychology with (Clinical Psychology Major) at least 60 % marks in annual examination or 2.5/4.00 CGPA from HEC Recognized Institution.

1. Special Features Research

Research is an integral part of our training programme. To date approximately 91 projects have been completed on Clinical issues of children, adults and the elderly as well as in School Psychology. A series of cognitive and achievement tests for school children, checklists to asses behavioural and emotional problems have been developed. These tools are used regularly in our clinical work. GCU funded project on the development of Students' Problem Checklist has been standardized and it is being used in setting up the Campus Counselling Service and in other researches pertaining to Student Mental Health.

A three-year HEC funded project on the Parent Child Relationship has been completed. New projects are being planned.

Clinical Psychology Test Resource Center (CPTRC)

In keeping with our aim of developing indigenous clinical psychology we have catalogued all the indigenously developed tests in this center and this knowledge base is available to students, clinical psychologists and researchers for future use. (Some conditions apply)

2. Services Offered

- Psychological Assessment and Therapy Services (PATS)
- Trauma Counselling Service
- Campus Counselling Service
- Consultancy and Training

i) Psychological Assessment and Therapy Services (PATS)

The Department of Clinical Psychology Unit offers a regular consultancy service by professionally trained and experienced Clinical Psychologists. This service is offered free to the University staff and also open to public on nominal rates. Under this service, in-depth assessment and therapeutic guidance is provided by trained and experienced Clinical Psychologists.

ii) Trauma Counselling Service

The service was set up in December 2005 following the earthquake, offering free service to victims and their relatives. Now a standby service is available to all trauma sufferers free of charge. We also offer counselling service to the members of I122 rescue service.

iii) Campus Counselling Service

The department also offers a comprehensive consultancy service to all students of GC University. A full-time qualified and experienced Clinical Psychologist is available to help the university students with all kind of emotional and psychological problems in a totally confidential way. Individual and group counselling is available on demand. The mode of counselling is short term, focal and problem solving.

Preventative groups are also held for common problems like exams anxiety, class room presentations and fostering other academic, personal and special skills.

The unit provides a full back up service to the Campus Counsellor as and when required.

iv) Consultancy and Training

The unit has also offered consultancy and training services to outside agencies.

We had three groups of Pakistan Air Force comprising Pilots, Trainers and Psychologists. In 2011 the unit completed a One Year Modular course on Counselling Techniques for the 10 PAF Psychologists. In 2011 one week workshop was conducted on Introduction to Counselling with PAF Officers and Trainers.

We are also engaged in developing personality profiles of the NGO's and their response to training.

We are a signatory of an MOU with the I122 Emergency Service. We have on-going joint research projects with I122, we are helping the service in improving their selection procedures as well as offering counselling service and assistance in training.

Extra Clinical Services

Some faculty members, qualified Clinical Psychologists, provide volunteer input into a local psychiatric half way house and outpatient outlet and NGO's.

Extra Curricular Activities

1. The Alumni Society

2. The Clinical Psychologist

The Alumni society of the Clinical Psychologists trained in this Department was formed in 2009. One of the main objectives

was to develop a culture of Continuing Education for Clinical Psychologists. So far the Alumni met once and held a meeting on counselling the Abused Children, Childhood Disorders, Developmental Disorders, assessment and management of trauma to name a few.

The Clinical Psychologist is a biannual bulletin published by the unit giving the members an opportunity to publicise their news, views, and articles of general and professional interest.

Future Plans

We are hoping to increase the faculty strength and offer more part-time professional and specialist training courses to other professionals in the allied fields to help develop and enhance their skills. We are preparing a new Curriculum for PhD in Clinical Psychology (D. Clin Psyche).

BSc (Hons)		
Year-I		
Semester-I		
Course Code	Course Title	Credit Hours
PSY-1101	Introduction to Psychology (F)	3
Semester-II		
Course Code	Course Title	Credit Hours
PS-1201	Theories of Personality (F)	3
Year-2		
Semester-III		
Course Code	Course Title	Credit Hours
PSY-2102	Principles of Learning (F)	3
Semester IV		
Course Code	Course Title	Credit Hours
PSY-2203	Sensation and Perception: Introduction (F)	3
PSY-3101	Neuroscience & Behavior (F)	3
Year-3		
Semester-V		
Course Code	Course Title	Credit Hours
PSY-2201	Cognitive Psychology (M)	3
PSY-2202	Social Psychology (F)	3
PSY-3102	Statistics in Psychology (M)	3
PSY-3102P	Statistics in Psychology (SPSS) (M)	1
PSY-3103	Research Methods (F)	3
PSY-3105	Psychological Assessment (M)	3
PSY-3105P	Psychological Assessment (M)	1
Semester-VI		
Course Code	Course Title	Credit Hours
PSY-3104	Abnormal Psychology (M)	3
PSY-3104P	Abnormal Psychology (M)	1
PSY-4202	Positive Psychology (M)	3
PSY-3203	Developmental Psychology (M)	3
PSY-3203P	Developmental Psychology (M)	1
PSY-4106	Organizational Behavior (M)	3
PSY-4201	Neuroscience and Psychopathology (M)	3

Year-4		
Semester-VII		
Course Code	Course Title	Credit Hours
PSY-3204	Clinical Psychology (M)	3
PSY-4109	Culture and Gender Studies (M)	3
	Elective-I	3
	Elective-II	3
PSY-4299	Research Project (M)	3
Semester-VIII		
Course Code	Course Title	Credit Hours
PSY-4206	Educational Psychology in Practice (M)	3
PSY-4103	Counseling Psychology (M)	3
	Elective-III	3
	Elective-IV	3
PSY-4299	Research Project (M)	3
* 4 Credit Hours must include Lab Work/Practical		
* Total No. of Credit Hours (For Major) = 79		
* Total No. of Courses (Form Major) = 24		
* In Year I&II the courses will only be of 3 Credit Hours but it be divided as 2+ 1 if the course requires Lab Work/Practical		
Elective Courses		
Semester-VII		
Module A for Elective-I & II		
Course Code	Course Title	Credit Hours
PSY-4105	Forensic Psychology	3
PSY-4104	Psycholinguistics	3
PSY-4107	Health Psychology	3
PSY-4108	Qualitative research	3
PSY-4110	Sports Psychology	3
PSY-4207	Human Resource Management	3
Semester-VIII		
Module B for Elective-III & IV		
Course Code	Course Title	Credit Hours
PSY-3201	Experimental Design and Data Analysis	3
PSY-4203	Music Psychology	3
PSY-4204	Indigenous Perspectives in Psychology	3
PSY-4205	Innovation & Entrepreneurship in Psychology	3
PSY-4208	School Psychology	3
<ul style="list-style-type: none"> In each of the Semester VII & VIII, two elective courses will have to be opted. Student will have to choose 4 total courses (two in Semester VII & two in Semester VIII) out of the 11 given above such that two courses are selected from each Module 		
Allied Courses		
Year- I		
Semester-I		
Course Code	Course Title	Credit Hours
PSY-1101	Introduction to Psychology (F)	3
Semester-II		
Course Code	Course Title	Credit Hours
PSY-1201	Theories of Personality (F)	3

Year-2		
Semester-III		
Course Code	Course Title	Credit Hours
PSY-2102	Principles of Learning (F)	3
Semester-IV		
Course Code	Course Title	Credit Hours
PSY-2203	Sensation and Perception: Introduction (F)	3
MSc in Psychology (Evening Program)		
MSc in Psychology program is designed to cater students who have done BA/BSc (two-year degree). The program intends to provide a thorough study of all major offshoots of Psychology with a special emphasis on developing research skills in students. In year II the students will be required to produce an original research dissertation in any area of psychology. The overall objective of the Program is a rich exposure to all areas and topics in Psychology so as to increase their chances of recruitment in diverse professional settings.		
Year-I (Semester-I)		
Course Code	Course Title	Credit Hours
PSY-301	Positive Psychology	3
PSY-302	Theories of Personality	3
PSY-303	Abnormal Psychology	3
PSY-303P	Abnormal Psychology Lab	1
PSY-304	Cognitive Psychology	3
PSY-305	Social Psychology	3
PSY-305P	Experimentation in Social Psychology	1
Semester-II		
Course Code	Course Title	Credit Hours
PSY-351	Quantitative Research Methods	3
PSY-352	Statistics In Psychology	3
PSY-353	Developmental Psychology	3
PSY-353P	Developmental Psychology	1
PSY-354	Neuropsychology	3
PSY-355	Health Psychology	3
Year-2		
Semester-III		
Course Code	Course Title	Credit Hours
PSY-401	Qualitative Research Methods	3
PSY-402	Statistical Analysis on Computer	3
PSY-403	Psychological Testing	3
PSY-403	Psychological Testing	1
PSY-404	Psychology of Gender, Culture and Religion	3
PSY-405	Clinical Psychology	3
PSY-499	*Thesis	3
* Students will start the thesis in Semester III and it will be continued through Semester IV		



Semester-IV		
Course Code	Course Title	Credit Hours
PSY-451	Positive Psychology	3
PSY-452	Educational Psychology	3
PSY-499	Thesis	3
Optional Courses: Any one Course		
Course Code	Course Title	Credit Hours
PSY-453	Experimental Designs and Data Analysis	3
PSY-454	Counseling Psychology	3
PSY-455	Organizational Psychology	3
PSY-456	Islamic Perspective in Psychology	3
PSY-457	Military Psychology	3
PSY-458	Forensic Psychology	3
PSY-469	Special Education	3
PSY-460	Human Resource	3
PSY-461	Management	3
PSY-462	Practicum reports / Internships	3

Note: Students will be required to do practicum/internship in two elective courses and will submit a written report which will be assessed through viva voce examination.

MS Industrial/Organizational Psychology		
Year-1		
Semester-I		
Course Code	Course Title	Credit Hours
IOPSY-7101	Introduction to Industrial/Organizational Behavior	3
IOPSY-7102	Organizational Culture & Development	3
IOPSY-7103	Consumer Behavior & Marketing	3
IOPSY-7104	Psychological Assessment in Organizations	3
Semester-II		
Course Code	Course Title	Credit Hours
IOPSY-7202	Leadership	3
IOPSY-7203	Human Resource Management	3
IOPSY-7204	Research Methods and Data Analysis	3
IOPSY-7205	Statistics & Data Analysis	3
Year-2		
Semester-III & IV		
Course Code	Course Title	Credit Hours
IOPSY-7301	Organizational Conflicts & Management	3
IOPSY-7302	Seminars in I/O Psychology	Non Credit
IOPSY-7498	Internship	3
IOPSY-7499	Research Dissertation	6

Note: 40% marks will be dedicated to the P work in each course. Internship work is based on hands-on experience in industry under supervision. It is non-credited but internship report will be evaluated for 3 credits. The external supervisor's feedback will be essential component for evaluation.



MPhil		
Year-I		
Semester-I		
Course Code	Course Title	Credit Hours
PSY-7101	Research Methods	3
PSY-7102	Seminar-I (Seminar in Qualitative Research)	3
PSY-7108	Perspectives in Psychology	3
Optional Courses: The students will Select one from the following four options		
Course Code	Course Title	Credit Hours
PSY-7104	Industrial / Organizational Psychology I : Organizational Behavior	3
PSY-7105	Educational Psychology I	3
PSY-7106	Clinical Psychology I: Psychology and Assessment	3
PSY-7107	Counseling Psychology I	3
PSY-7109	Forensic Psychology	3
PSY-7110	Social Psychology	3

Semester-II		
Course Code	Course Title	Credit Hours
PSY-7201	Psychological Assessment	3
PSY-7203P	Seminar-II (Statistical Analysis on Computer)	3
PSY-7208	Statistics in Psychology	3
Optional Courses: The students will study paper II of the area selected in Semester I		
Course Code	Course Title	Credit Hours
PSY-7204	Industrial/ Organizational Psychology II: Human Resource Management	3
PSY-7205	Educational Psychology II	3
PSY-7206	Clinical Psychology II: Therapeutic Interventions	3
PSY-7207	Counseling Psychology II	3

Year-2		
Semester-III & IV		
Course Code	Course Title	Credit Hours
PSY-7499	Thesis	12

* Optional Courses (Subject to the availability of the faculty)

PhD		
Semester-I		
Course Code	Course Title	Credit Hours
PSY-8101	Research Foundation Course	3
PSY-8102	Seminar on Core Areas of Psychology	3
PSY-8103	Seminar on Research Methods	3
Semester-II		
Course Code	Course Title	Credit Hours
PSY-8201	Teaching in Psychology	3
PSY-8202	Research Instrument Development	3
PSY-8203	Advanced Statistics on Computer	3
PSY-8204	Qualitative Research	3
PSY-8205	Psychological Testing	3

MS Clinical Psychology		
Year-I		
Semester-I		
Course Code	Course Title	Credit Hours
CPSY-7101	Developmental Psychopathology	3
CPSY-7107	Therapeutic Approaches with Children	3
CPSY-7108	Child Psychodiagnostic Assessment	2
CPSY-7106P	*Placement-I (Clinical Case Reports)	4
Semester-II		
Course Code	Course Title	Credit Hours
CPSY-7201	Adulthood Psychopathology	3
CPSY-7206	Therapeutic Approaches with Adults	3
CPSY-7207	Adult Psychodiagnostic Assessment	3
CPSY-7204	Neuropsychology & Psychopharmacology	2
CPSY-7205P	*Placement-II (Clinical Case Reports)	4
Year-2		
Semester-III		
Course Code	Course Title	Credit Hours
CPSY-7301	Research Methods & Data Analysis	2
CPSY-7302	School Psychology	2
CPSY-7303P	* Placement-III (Clinical Case Reports)	3
CPSY-7499	Research Thesis	6
Semester-IV		
Course Code	Course Title	Credit Hours
CPSY-7405	*Optional Professional and Ethical Issues	2
CPSY-7401P	* Placement-IV (Clinical Case Reports)	3
CPSY-7499	Research Thesis	6

* Optional course being offered:
 i. CPSY-7402 Health Psychology
 ii. CPSY-7403 Sport Psychology
 iii. CPSY-7404 Guidance and Counseling
 iv. CPSY-7405 NeuroPsychology
 v. CPSY-7406 Speech Therapy
 vi. CPSY-7407 Forensic Psychology

**Clinical Reports will be evaluated by External Examiner at the end of Semesters I through 3; however for the optional subject clinical case reports will be evaluated internally at the end of Semester-IV.

MS in Child Guidance & Educational Counseling		
Year-I		
Semester-I		
Course Code	Course Title	Credit Hours
CPSY-7109	School based Mental Health Issues	3
CPSY-7110	Psychological Assessment of School Children	3
CPSY-7111	Abuse and Trauma Management	2
CPSY-7112P	Case Study Reports I- Assessment	2
Semester-II		
Course Code	Course Title	Credit Hours
CPSY-7208	Educational Psychology & Career Counseling	3
CPSY-7209	Guidance and Counseling of School Children	3
CPSY-7210	Student, Teacher, Parent Empowerment Programs	2
CPSY-7211P	Case Study Reports II- Counseling	2
Year-2		
Semester-III		
Course Code	Course Title	Credit Hours
CPSY-7304	Ethical & Professional Issues of Working with School Children	2
CPSY-7305	Research Methods & Designs	2
CPSY-7306	Advanced Assessment and Counseling Techniques	3
CPSY-7499	Research Thesis	6
Semester-IV		
Course Code	Course Title	Credit Hours
CPSY-7402	Research Methods & Analysis	4
CPSY-7499	Research Thesis	6
PhD		
Course Code	Course Title	Credit Hours
MSCP-8101	Introduction to Clinical Research	4
MSCP-8102	Methods of Data Collection	3
MSCP-8103	Research Designs and Related Statistical Analysis	4
MSCP-8104	Area of Specialization	3
MSCP-8105	Developing Research Proposal	2
MSCP-8106	Writing Up, Presenting and Publishing Research	2
MSCP-8107	Technical Consideration in Clinical Psychology	4
MSCP-8108	Ethical and Cultural Consideration in Clinical Research	3
MSCP-8109	Developing Research Methodology	3

Note: Any 6 of the above courses will be offered to PhD Scholars



One Year Diploma in Child Guidance and Educational Counselling		
Course Code	Course Title	Credit Hours
DCP-I 101	Introduction to School Psychology	4
DCP-I 102	Developmental Psychopathology	4
DCP-I 103	Assessment of School Children I	2
DCP-I 104	Assessment of School Children II	2
DCP-I 105	Counseling and Guidance in School	4
DCP-I 106	Skill Building	4
DCP-I 107	Case Studies	4
One Year Diploma in Child Guidance and Educational Counselling		
Semester-I		
Course Code	Course Title	Credit Hours
CPSY-7101	Developmental Psychopathology	3
CPSY-7102	Therapeutic Approaches with Children (Behavioral, Play & Art Therapy etc.)	3
CPSY-7103	Psychodiagnostics-I (Child)	2
CPSY-7106P	*Placement-I (Clinical Case Reports)	4
Semester-II		
Course Code	Course Title	Credit Hours
CPSY-7201	Adulthood Psychopathology	3
CPSY-7202	Therapeutic Approaches with Adults (CBT, Gestalt, Family & Marital Therapy etc.)	3
CPSY-7203	Psychodiagnostics-II (Adult) Neuropsychology &	2
CPSY-7204	Psychopharmacology	2
CPSY-7205P	*Placement-II (Clinical Case Reports)	4

One Year Top Up MS in Clinical Psychology		
Course Code	Course Title	Credit Hours
CPSY-7301	Research Method & Data Analysis	3
CPSY-7302	School Psychology	2
CPSY-7302P	Placement - I (Clinical Case Reports)	2
CPSY-7303	Research Thesis	3
Semester-II		
Course Code	Course Title	Credit Hours
CPSY-7401	Optional	2
CPSY-7401P	Placement-II (Clinical Case Reports)	3
CPSY-7402	Research Thesis	3

Faculty

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Naeema Sarfraz

Zaira Abbas

